

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023

Washburn University

Results - Friday

Event 1 Women 60 Meter Dash

Top 8 Times to Final

Indoor Nat.:	N	7.09	2003	Veronica Campbell, Barton CC
Indoor Meet:	M	7.26	2002	Veronica Campbell, Barton County
Facility:	F	7.38	2023	Shalysa Wray, Kansas State
Name			Year School	Prelims H#

Preliminaries

1 Umukoro, Success	SO	South Plains	F 7.35q	3
2 Gaines, Diandrenique	SO	Hinds CC	7.42q	1
3 Thompson, Miracle	SO	Cloud County	7.47q	2 7.466
4 Bollers, Ashantai	SO	New Mexico JC	7.47q	4 7.468
5 Morton, Tijuanique	SO	New Mexico JC	7.51q	3
6 Nembhard, Danae	SO	Barton County	7.53q	4
7 Brewster, Adeyah	SO	Iowa Central CC	7.55q	3
8 Clarke, Breanna	FR	South Plains	7.57q	2
9 Miller, Troynelle	SO	Colby CC	7.58	3 7.574
10 Wallace, Kishawna	SO	New Mexico JC	7.58	4 7.580
11 Brown, Takiria	FR	Coffeyville	7.59	2
12 Hart, Jahzara	FR	Indian Hills CC	7.62	2
13 Bunn, Jalia	FR	Coffeyville	7.64	1
14 Dames, Damazvia	SO	Fort Scott CC	7.66	1
15 Dyett, Alyssa	FR	Monroe College	7.71	3 7.705
16 Clark, Kiersten	SO	Hinds CC	7.71	4 7.706
17 Wilson, Keyann	SO	Fort Scott CC	7.72	1
18 Walsh, Antiana	SO	Barton County	7.73	4 7.726
19 Jones, Soniya	SO	Central Arizona	7.73	1 7.727
20 Hall, Brandy	FR	South Plains	7.76	2 7.756
21 Ailes, Miracle	SO	Iowa Western CC	7.76	1 7.757
22 Jackson, Serenity	FR	Pratt CC	7.80	4 7.793
23 Guthrie, Kayly	SO	Highland CC	7.80	2 7.798
24 Ryan, Zana	SO	Mesa CC	7.81	1
25 Dyett, Abigail	SO	Monroe College	7.92	3
26 Henry, Mikayla	FR	Pratt CC	8.03	4
27 Cole, Nevaeh	SO	Glendale CC	8.13	4
28 Warren, Madison	SO	Pima CC	8.14	1
29 Cole, Keiyah	FR	State Fair CC	8.17	2
30 Firriolo, Kylie	FR	Glendale CC	8.28	2
31 Cardozo, Sofia	FR	Paradise Valley	10.40	3

Event 2 Men 60 Meter Dash

Top 8 Times to Final

Indoor Nat.:	N	6.53	2006	Trell Kimmons, Hinds CC
Indoor Meet:	M	6.53	2006	Trell Krimmons, Hinds CC
Facility:	F	6.59	2021	Benjamin Azamati, West Texas A&M
Name			Year School	Prelims H#

1 Brown, Shawn	SO	Butler CC	6.67q	3
2 John, Nazzio	SO	Butler CC	6.70q	2
3 Makarawu, Tapiwanashe	FR	New Mexico JC	6.71q	1
4 Oyetunji, Ayomide	FR	Iowa Central CC	6.73q	3
5 Dadzie, James	FR	Western Texas	6.75q	1
6 Hogans, Dapriest	SO	Hinds CC	6.76q	2
7 Lee, Ray	SO	Coffeyville	6.78q	5 6.779
8 Salmon, Sanjay	FR	Western Texas	6.78q	4 6.780

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...Event 2 Men 60 Meter Dash

9	Brister, Dominick	FR Glendale CC	6.79	4	6.781
10	Gaines, Keontae	SO South Plains	6.79	5	6.786
11	Folson, Traunard	FR Indian Hills CC	6.80	4	
12	Campbell, Zion	FR Iowa Central CC	6.81	2	6.802
13	Tippett, Tyson	SO Mesa CC	6.81	5	6.805
14	Small, Almond	SO Barton County	6.81	4	6.809
15	Cunningham, Justin	SO Southwestern CC	6.82	3	
16	Charles, Aaron	FR Barton County	6.83	1	6.823
17	Jagne, Ousman	FR Mesa CC	6.83	1	6.828
18	Francis, Tajae	FR South Plains	6.84	3	
19	Farinha, Nathan	FR Essex CC	6.85	1	
20	Grant, Cody	FR South Plains	6.86	5	6.852
21	Buck, Keon	FR Meridian CC	6.86	5	6.858
22	Blackbourne, Emilio	FR Allen CC	6.87	4	6.866
23	Hassan, Khamis	SO Mesa CC	6.87	2	6.867
24	Brown, Brian	SO Fort Scott CC	6.87	2	6.870
25	Michel, Joseph	FR Pratt CC	6.88	2	6.872
26	Smith, D'Eric	SO Indian Hills CC	6.88	1	6.875
27	Rushdan, Devonte'	SO Glendale CC	6.90	2	
28	Hendrix, La'Dainian	SO Butler CC	6.91	3	
29	Hornsby, Khalid	SO Indian Hills CC	6.92	4	6.912
30	Nkopane, Keorapetse	SO Cowley College	6.92	1	6.920
31	Moore, Jaydon	SO NW Kansas	6.94	4	6.933
32	Seamster, Ezekiel	FR Hutchinson CC	6.94	3	6.934
33	Flowers, Jamal	FR Colby CC	6.95	5	6.941
34	Herrig-Brittian, Divante	FR Highland CC	6.95	5	6.942
--	Harbin, Derrick	SO NW Kansas		FS	5
--	Torbert, Dalen	SO Fort Scott CC		DNS	3

Event 3 Women 200 Meter Dash

Top 9 Times to 2 Section Final

Indoor Nat.:	N 22.63	2003	Veronica Campbell, Barton County
Indoor Meet:	M 23.10	2011	Jura Levy, South Plains
Facility:	F 23.61	2022	Paula Garcia, Wichita State

Name	Year	School	Prelims	H#
1	Cooper, Lacarthea	FR New Mexico JC	24.04q	1
2	Bollers, Ashantai	SO New Mexico JC	24.08q	4
3	Dames, Damazvia	SO Fort Scott CC	24.09q	2
4	Morton, Tijuanique	SO New Mexico JC	24.17q	7 24.163 Reread
5	Umukoro, Success	SO South Plains	24.17q	3 24.164 Reread
6	Gaines, Diandrenique	SO Hinds CC	24.22q	6
7	Morgan, Naiya	SO Barton County	24.39q	5
8	Obour, Grace	FR Western Texas	24.43q	6
9	Hart, Jahzara	FR Indian Hills CC	24.79q	5
10	Amissah, Ethel	FR Iowa Western CC	24.82	1 24.813
10	Clark, Kiersten	SO Hinds CC	24.82	3 24.813
12	Walsh, Antiana	SO Barton County	24.82	1 24.814
13	King, Zaniya	FR Indian Hills CC	24.99	4
14	Wilson, Keyann	SO Fort Scott CC	25.10	6
15	Tonge, Chaniqua	FR Fort Scott CC	25.12	6
16	Cox, Shanice	FR Indian Hills CC	25.13	4
17	Jackson, Serenity	FR Pratt CC	25.19	3
18	Jones, Soniya	SO Central Arizona	25.54	2

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...Event 3 Women 200 Meter Dash

19 Lindsey, Taliyah	FR Meridian CC	25.72	5
20 Cardozo, Sofia	FR Paradise Valley	25.73	2
21 Clennon, Swayne	FR Richard Bland	25.98	4
22 Cole, Nevaeh	SO Glendale CC	26.11	2
23 Henry, Mikayla	FR Pratt CC	26.54	7
24 Cole, Keiyah	FR State Fair CC	26.81	5
-- Maisvorewa, Vimbayi	SO Cloud County	DNF	7
-- Guthrie, Kayly	SO Highland CC	DNS	7

Event 4 Men 200 Meter Dash

Top 9 Times to 2 Section Final

Indoor Nat.: N 20.30 2019 Kenny Bednarek, Indian Hills CC

Indoor Meet: M 20.43 2019 Kenny Bednarek, Indian Hills

Facility: F 21.07 2023 Shawn Brown, Butler CC

Name	Year	School	Prelims	H#
1 Makarawu, Tapiwanashe	FR	New Mexico JC	F 20.81q	8
2 Brown, Shawn	SO	Butler CC	F 20.88q	5
3 Hogans, Dapriest	SO	Hinds CC	F 21.07q	2
4 Dadzie, James	FR	Western Texas	21.09q	2 21.086
5 Brister, Dominick	FR	Glendale CC	21.09q	1 21.089
6 Hamm, Tahj	SO	Iowa Western CC	21.12q	3
7 Gaines, Keontae	SO	South Plains	21.22q	4
8 Oyetunji, Ayomide	FR	Iowa Central CC	21.31q	6
9 Small, Almond	SO	Barton County	21.36q	2
10 Brown, Andrew	SO	Iowa Western CC	21.38	1 21.373
11 Turner, Keldrick	SO	Fort Scott CC	21.38	4 21.378
12 Prince, Gregory	FR	South Plains	21.40	7
13 Charles, Aaron	FR	Barton County	21.44	9
14 Buck, Keon	FR	Meridian CC	21.47	3
15 Lawson, Noah	FR	South Plains	21.52	3
16 Tippett, Tyson	SO	Mesa CC	21.59	1
17 Brown, Brian	SO	Fort Scott CC	21.66	7
18 Hornsby, Khalid	SO	Indian Hills CC	21.77	2
19 Mabena, Willy	FR	Iowa Central CC	21.79	5
20 Hendrix, La'Dainian	SO	Butler CC	21.80	8
21 Purcell, Marcus	SO	NW Kansas	21.81	4
22 Smith, Jaysaun	SO	NW Kansas	21.82	5
23 Smith, D'Eric	SO	Indian Hills CC	21.87	3
24 Campbell, Zion	FR	Iowa Central CC	21.95	9
25 Ray, Nehemiah	SO	Indian Hills CC	22.00	6
26 Rushdan, Devonte'	SO	Glendale CC	22.38	4
27 Cunningham, Justin	SO	Southwestern CC	22.42	7
28 Colbert, Elijah	SO	New Mexico JC	22.47	9
-- Farinha, Nathan	FR	Essex CC	DNF	6
-- Farinha, Jonathan	FR	Essex CC	DNF	6
-- Dawson, Khybah	FR	New Mexico JC	DNS	7
-- Crawford, Johnathan	FR	Coffeyville	DNS	8
-- Torbert, Dalen	SO	Fort Scott CC	DNS	9

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Event 5 Women 400 Meter Dash

Top 9 Times to 2 Section Final

Indoor Nat.: N 52.41 2015 Chrisann Gordon, South Plains

Indoor Meet: M 53.38 2021 Nickisha Pryce, Iowa Western

Facility: F 54.29 2022 Na'Asha Robinson, Unattached

Name	Year	School	Prelims	H#
1 Maisvorewa, Vimbayi	SO	Cloud County	54.56q	2
25.743 (25.743)		54.557 (28.814)		
2 Dixon, JodyAnn	SO	Hinds CC	55.01q	5
25.489 (25.489)		55.006 (29.517)		
3 Cooper, Lacarthea	FR	New Mexico JC	55.14q	3
24.967 (24.967)		55.131 (30.164)		
4 Simpson, Dejona	FR	New Mexico JC	55.78q	4
25.404 (25.404)		55.774 (30.370)		
5 Skeete, Deshana	SO	New Mexico JC	56.09q	6
25.291 (25.291)		56.089 (30.798)		
6 Wiley, Dy'Mond	SO	Barton County	56.44q	1
26.029 (26.029)		56.438 (30.409)		
7 Morgan, Naiya	SO	Barton County	56.61q	5
25.649 (25.649)		56.610 (30.961)		
8 Hinds, Safhia	FR	South Plains	56.80q	2
25.977 (25.977)		56.797 (30.820)		
9 Obour, Grace	FR	Western Texas	56.86q	7
25.842 (25.842)		56.859 (31.017)		
10 Kupka, Isabella	FR	Cowley College	57.02	3
26.411 (26.411)		57.012 (30.601)		
11 Charles, Cece	SO	Central Arizona	57.03	5
25.664 (25.664)		57.028 (31.364)		
12 Jackson, Serenity	FR	Pratt CC	57.09	1
26.665 (26.665)		57.082 (30.417)		
13 Mpama, Star	FR	Butler CC	57.28	6
26.629 (26.629)		57.273 (30.644)		
14 Robinson, Adalin	SO	Indian Hills CC	57.51	7
26.919 (26.919)		57.504 (30.585)		
15 Clennon, Swayne	FR	Richard Bland	58.08	4
26.607 (26.607)		58.076 (31.469)		
16 Hamilton, Zaria	SO	Mesa CC	58.51	3
27.829 (27.829)		58.508 (30.679)		
17 Strong, Mikelia	FR	Central Arizona	58.61	1
27.253 (27.253)		58.605 (31.352)		
18 Warner, Trishanie	FR	Butler CC	58.98	7
27.543 (27.543)		58.978 (31.435)		
19 Green, Shackelia	FR	Western Texas	59.10	6
25.969 (25.969)		59.099 (33.130)		
20 Birdine, Nakaila	SO	Fort Scott CC	59.90	4
27.495 (27.495)		59.899 (32.404)		
21 Tucker, Shenell	SO	South Plains	1:00.10	2
27.287 (27.287)		1:00.095 (32.808)		
22 Bethea, Trinity	FR	Pima CC	1:00.80	2
27.769 (27.769)		1:00.796 (33.027)		
23 Jean Baptiste, Vegonia	FR	Monroe College	1:02.95	5
29.773 (29.773)		1:02.949 (33.176)		
-- Amissah, Ethel	FR	Iowa Western CC	DQ	4 7.5.2a
25.351 (25.351)		56.562 (31.211)		

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-- Smith, Kahliyah FR Monroe College DQ 1 7.5.2b
 27.587 (27.587) 1:00.026 (32.439)

Event 6 Men 400 Meter Dash

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Top 9 Times to 2 Section Final
 Indoor Nat.: N 45.59 2017 Sean Bailey, Western Texas
 Indoor Meet: M 45.59 2017 Sean Bailey, Western Texas
 Facility: F 46.93 2023 Michael Joseph, Kansas

Name	Year	School	Prelims	H#
1 Chiyangwa, Donald	FR	New Mexico JC	46.95q	2
21.557 (21.557)		46.950 (25.393)		
2 Mosley, Elijah	SO	Barton County	47.16q	3
21.925 (21.925)		47.158 (25.233)		
3 Boyce, DeSean	FR	Western Texas	47.22q	4
22.547 (22.547)		47.216 (24.669)		
4 Giles, Chris	FR	Indian Hills CC	47.26q	1
22.816 (22.816)		47.253 (24.437)		
5 Chatman, Woyn	SO	Indian Hills CC	47.51q	9
21.961 (21.961)		47.509 (25.548)		
6 El Haddaoui, Aymane	FR	New Mexico JC	47.53q	4
22.639 (22.639)		47.529 (24.890)		
7 Wanga, Emmanuel	SO	Cloud County	47.76q	3
22.873 (22.873)		47.753 (24.880)		
8 Boehm, Joshua	SO	Mesa CC	47.77q	3
22.467 (22.467)		47.769 (25.302)		
9 Castillo, Donovan	SO	Mesa CC	47.91q	5
22.364 (22.364)		47.901 (25.537)		
10 Brown, Andrew	SO	Iowa Western CC	47.95	6
21.628 (21.628)		47.945 (26.317)		
11 Abdul, Razak	SO	Central Arizona	47.97	5
22.673 (22.673)		47.961 (25.288)		
12 Bembridge, Jeremy	SO	South Plains	47.98	6
21.481 (21.481)		47.980 (26.499)		
13 Hamm, Tahj	SO	Iowa Western CC	48.12	7
22.358 (22.358)		48.118 (25.760)		
14 Turner, Keldrick	SO	Fort Scott CC	48.17	8
22.690 (22.690)		48.163 (25.473)		
15 Kamau, Leroy	FR	Cloud County	48.27	8 48.264
22.616 (22.616)		48.264 (25.648)		
16 Thomas, James	FR	Meridian CC	48.27	1 48.266
22.909 (22.909)		48.266 (25.357)		
17 Dixon, Sean	SO	Allen CC	48.35	4
22.703 (22.703)		48.342 (25.639)		
18 Paul, Mario	FR	Fort Scott CC	48.50	2
22.433 (22.433)		48.495 (26.062)		
19 Wheeler, Jah'Vaunni	FR	Hinds CC	48.52	5
21.831 (21.831)		48.513 (26.682)		
20 Chacon, Ryan	FR	Butler CC	48.84	4
23.352 (23.352)		48.838 (25.486)		
21 Kapandura, Dickson	SO	Meridian CC	49.00	2
21.735 (21.735)		48.999 (27.264)		
22 Spalding, Tristan	SO	Pima CC	49.14	7
22.868 (22.868)		49.134 (26.266)		

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Results - Friday

....Event 6 Men 400 Meter Dash

23	Whitehorne, Evaldo	SO South Plains	49.16	9
	22.093 (22.093)	49.153 (27.060)		
24	Houston, Alzavien	FR Colby CC	49.17	7
	22.736 (22.736)	49.167 (26.431)		
25	Sobura-Durma, Jakob	FR Iowa Central CC	49.41	9
	23.026 (23.026)	49.406 (26.380)		
26	Gilbreath, Sebastian	FR Pratt CC	49.49	8
	23.318 (23.318)	49.486 (26.168)		
27	Major, Logan	FR Fort Scott CC	49.76	7
	22.806 (22.806)	49.759 (26.953)		
28	Dotson, Jaheim	SO Monroe College	49.98	9
	23.624 (23.624)	49.974 (26.350)		
29	O'Garro, Kiron	FR Monroe College	50.75	3
	23.284 (23.284)	50.742 (27.458)		
30	Thomas, Michael	FR Butler CC	51.30	1
	23.066 (23.066)	51.297 (28.231)		
--	Thomas, Torin	FR Essex CC	DNF	5
--	Osborn, Blake	SO Hawkeye CC	DNF	6
--	Jordan, Desroy	FR Vincennes	DQ	2 7.5.2a
	22.365 (22.365)	48.107 (25.742)		
--	Johnson, Chris	FR Indian Hills CC	DQ	1 7.5.2b
	23.091 (23.091)	47.784 (24.693)		
--	Plakaris, Jaydin	FR Colby CC	DQ	8 7.5.2b
	23.260 (23.260)	49.630 (26.370)		
--	Pratt, Korey	SO Louisburg	DNS	6

Event 7 Women 600 Meter Run

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Top 9 Times to 2 Section Final

Indoor Nat.: N 1:27.98 2003 Kareen Gayle, Barton County

Indoor Meet: M 1:26.90 2011 Natoya Goule, South Plains

Name	Year	School	Prelims	H#
1 Mpama, Star		FR Butler CC	1:35.80q	3
	28.927 (28.927)	1:01.277 (32.350)	1:35.799 (34.522)	
2 Jacobs, Taylor		FR Mesa CC	1:35.91q	1
	28.322 (28.322)	1:00.406 (32.084)	1:35.902 (35.496)	
3 Taylor, Calisha		SO New Mexico JC	1:35.94q	4
	28.406 (28.406)	1:01.369 (32.963)	1:35.934 (34.565)	
4 Mercera, Vanessa		SO Cloud County	1:36.46q	3
	29.464 (29.464)	1:02.397 (32.933)	1:36.459 (34.062)	
5 Foster, Asia		FR Western Texas	1:36.92q	4
	29.100 (29.100)	1:01.958 (32.858)	1:36.920 (34.962)	
6 Vassell, Michaliliah		SO New Mexico JC	1:37.42q	2
	27.233 (27.233)	59.172 (31.939)	1:37.412 (38.240)	
7 Quingostas, Leticia		FR South Plains	1:37.47q	2
	28.479 (28.479)	1:00.281 (31.802)	1:37.462 (37.181)	
8 Pinnock, Abigail		SO Cowley College	1:39.11q	2
	28.610 (28.610)	1:00.055 (31.445)	1:39.107 (39.052)	
9 Deer, Daniella		SO Iowa Western CC	1:40.16q	1
	28.495 (28.495)	1:02.205 (33.710)	1:40.152 (37.947)	
10 Gray, Silet		SO Central Arizona	1:40.34	3
	29.629 (29.629)	1:03.315 (33.686)	1:40.336 (37.021)	
11 valcent, thomyka		SO Essex CC	1:42.08	3
	29.693 (29.693)	1:03.521 (33.828)	1:42.079 (38.558)	

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Results - Friday

....Event 7 Women 600 Meter Run

12 Martin, Sydney	FR Hawkeye CC	1:45.49	1
31.054 (31.054)	1:06.174 (35.120)	1:45.484 (39.310)	
13 Gordon, Ashanti	FR Essex CC	1:52.55	1
26.778 (26.778)	1:04.527 (37.749)	1:52.546 (48.019)	
-- Hamilton, Amaree	FR Highland CC	DQ	2 7.6.2a 3 Steps insid
31.584 (31.584)	1:06.519 (34.935)	1:44.413 (37.894)	
-- Brown, Britney	SO Iowa Central CC	DNS	4

Event 8 Men 600 Meter Run

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Top 9 Times to 2 Section Final

Indoor Nat.: N 1:16.22 2015 Jaymes Dennison, ASA (N.Y.) Co

Indoor Meet: M 1:16.22 2015 Jaymes Dennison, ASA College

Name	Year School	Prelims	H#
1 Campbell, Fabian	FR Barton County	1:19.03q	3
24.071 (24.071)	50.687 (26.616)	1:19.027 (28.340)	
2 Kidane, Yared	SO Iowa Central CC	1:19.17q	1
25.356 (25.356)	52.554 (27.198)	1:19.167 (26.613)	
3 Wanga, Emmanuel	SO Cloud County	1:19.21q	4
24.816 (24.816)	50.775 (25.959)	1:19.210 (28.435)	
4 Barger, Orion	FR Pima CC	1:19.42q	5
25.256 (25.256)	53.092 (27.836)	1:19.418 (26.326)	
5 Abidi, Hassan	SO Cloud County	1:19.74q	4
25.077 (25.077)	51.237 (26.160)	1:19.734 (28.497)	
6 Walker, Dyimond	FR New Mexico JC	1:19.77q	4
23.904 (23.904)	50.314 (26.410)	1:19.761 (29.447)	
7 Osborn, Blake	SO Hawkeye CC	1:19.96q	1
25.579 (25.579)	52.628 (27.049)	1:19.960 (27.332)	
8 Hatib, Hossam	SO South Plains	1:20.00q	2
23.598 (23.598)	50.946 (27.348)	1:19.992 (29.046)	
9 Johnson, Terrick	FR Meridian CC	1:20.02q	3
23.434 (23.434)	49.373 (25.939)	1:20.018 (30.645)	
10 Rock, Roneldo	SO Indian Hills CC	1:20.10	2
24.871 (24.871)	51.341 (26.470)	1:20.098 (28.757)	
11 Almeida, Caio	SO South Plains	1:20.24	6
24.232 (24.232)	51.537 (27.305)	1:20.238 (28.701)	
12 Blair, Antonio	SO Western Texas	1:20.31	5
24.939 (24.939)	52.810 (27.871)	1:20.304 (27.494)	
13 Bishop, Tafari	SO Iowa Central CC	1:20.40	5
24.792 (24.792)	52.390 (27.598)	1:20.393 (28.003)	
14 Francis, Trayquan	FR South Plains	1:20.64	6
25.604 (25.604)	52.773 (27.169)	1:20.637 (27.864)	
15 Clarke, Dean	SO Indian Hills CC	1:20.87	6
24.962 (24.962)	52.681 (27.719)	1:20.861 (28.180)	
16 Paul, Mario	FR Fort Scott CC	1:21.65	1
26.696 (26.696)	53.761 (27.065)	1:21.649 (27.888)	
17 Brown, Jayden	FR Iowa Western CC	1:22.74	3
23.962 (23.962)	51.043 (27.081)	1:22.733 (31.690)	
18 Feldenkirchen, Bennett	FR Butler CC	1:22.77	2
24.312 (24.312)	51.506 (27.194)	1:22.766 (31.260)	
19 Pratt, Korey	SO Louisburg	1:22.95	5
24.878 (24.878)	52.551 (27.673)	1:22.950 (30.399)	
20 Crosby, Kylan	SO Indian Hills CC	1:24.79	3
23.718 (23.718)	50.208 (26.490)	1:24.784 (34.576)	

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Results - Friday

....Event 8 Men 600 Meter Run

21 Hill, Hunter	FR Neosho County	1:25.65	1
26.269 (26.269)	54.094 (27.825)	1:25.642 (31.548)	
22 Sylvester, Jared	SO Neosho County	1:27.40	4
25.867 (25.867)	54.302 (28.435)	1:27.393 (33.091)	

Event 9 Women 800 Meter Run

Heat Winner + Next 7 Advance

Double Waterfall, 2 Turn Stagger

Indoor Nat.: N 2:05.35 1993 Inez Tuner, Barton County

Indoor Meet: M 2:05.79 2011 Natoya Goule, South Plains

Facility: F 2:09.06 2023 Ally Ryan, Kansas City

Name	Year	School	Prelims	H#
1 Dwyer, Rushana	FR	South Plains	2:16.83Q	1
34.481 (34.481)	1:09.518 (35.037)	1:44.885 (35.367)	2:16.821 (31.936)	
2 Magoro, Letlhogonolo	SO	New Mexico JC	2:17.71Q	2
34.018 (34.018)	1:08.140 (34.122)	1:43.298 (35.158)	2:17.705 (34.407)	
3 Chikara, Privilege	FR	Meridian CC	2:17.25q	1
33.465 (33.465)	1:08.704 (35.239)	1:44.295 (35.591)	2:17.244 (32.949)	
4 Crews, Passion	SO	Cloud County	2:18.36q	1
33.831 (33.831)	1:08.848 (35.017)	1:44.594 (35.746)	2:18.358 (33.764)	
5 Johnson, Kayla	FR	Monroe College	2:19.47q	2
34.532 (34.532)	1:09.250 (34.718)	1:44.936 (35.686)	2:19.468 (34.532)	
6 Jackson, Jaresa	FR	Southern Idaho	2:19.78q	2
33.880 (33.880)	1:07.808 (33.928)	1:43.080 (35.272)	2:19.771 (36.691)	
7 Brockman, Kate	SO	Mesa CC	2:20.54q	1
34.512 (34.512)	1:09.851 (35.339)	1:45.510 (35.659)	2:20.535 (35.025)	
8 Bert, Tara	FR	Colby CC	2:20.61q	2
34.426 (34.426)	1:09.137 (34.711)	1:44.486 (35.349)	2:20.601 (36.115)	
9 Lambert, Gracie	FR	Hutchinson CC	2:22.61q	2
34.217 (34.217)	1:08.639 (34.422)	1:44.269 (35.630)	2:22.602 (38.333)	
10 Pinnock, Abigail	SO	Cowley College	2:23.62	1
35.043 (35.043)	1:09.890 (34.847)	1:46.309 (36.419)	2:23.619 (37.310)	
11 Jones, Jeniel	SO	South Plains	2:30.01	1
34.819 (34.819)	1:11.405 (36.586)	1:50.173 (38.768)	2:30.008 (39.835)	
12 Page, Brittany	SO	Vincennes	2:33.44	2
35.119 (35.119)	1:11.147 (36.028)	1:52.470 (41.323)	2:33.437 (40.967)	
13 Barrett, Ashlynn	FR	Ranger	2:33.62	2
34.783 (34.783)	1:11.067 (36.284)	1:52.168 (41.101)	2:33.618 (41.450)	
14 Lopez, Andrea	FR	Ranger	2:33.71	1
35.285 (35.285)	1:12.511 (37.226)	1:52.920 (40.409)	2:33.703 (40.783)	

Event 10 Men 800 Meter Run

Heat Winner + Next 5 Advance

Double Waterfall, 2 Turn Stagger

Indoor Nat.: N 1:47.04 2023 Kimar Farquharson, South Plain

Indoor Meet: M 1:49.40 1992 Saveri Ngidhi, Blinn College

Facility: F 1:49.67 2023 A.J. Green, Kansas

Name	Year	School	Prelims	H#
1 Bourahli, Wail	SO	Butler CC	1:53.67Q	3
27.573 (27.573)	56.028 (28.455)	1:26.177 (30.149)	1:53.669 (27.492)	

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023**Washburn University****Results - Friday****....Event 10 Men 800 Meter Run**

2	Taylor, Tyrice	FR Indian Hills CC	1:54.22Q	4	
	26.318 (26.318)	53.741 (27.423)	1:23.571 (29.830)		1:54.212 (30.641)
3	Marshall, Rivaldo	SO Indian Hills CC	1:55.44Q	2	
	26.562 (26.562)	56.481 (29.919)	1:26.563 (30.082)		1:55.432 (28.869)
4	Farquharson, Kimar	SO South Plains	1:55.78Q	1	
	28.082 (28.082)	59.553 (31.471)	1:28.419 (28.866)		1:55.779 (27.360)
5	Hall, Chevonne	SO South Plains	1:54.30q	3	
	26.254 (26.254)	55.586 (29.332)	1:25.801 (30.215)		1:54.296 (28.495)
6	Trotter, Zach	SO Butler CC	1:54.71q	4	
	27.448 (27.448)	56.282 (28.834)	1:25.778 (29.496)		1:54.707 (28.929)
7	Hines, Steve	SO Iowa Western CC	1:54.99q	3	
	27.193 (27.193)	55.970 (28.777)	1:26.245 (30.275)		1:54.986 (28.741)
8	Juarez, Ali	SO Southern Idaho	1:55.20q	4	
	27.672 (27.672)	56.441 (28.769)	1:25.966 (29.525)		1:55.195 (29.229)
9	Stogsdill, Tyler	FR Southern Idaho	1:55.66q	4	
	26.597 (26.597)	54.938 (28.341)	1:24.990 (30.052)		1:55.652 (30.662)
10	Green, Samuel	FR Mesa CC	1:55.68	4	
	27.172 (27.172)	55.939 (28.767)	1:25.607 (29.668)		1:55.679 (30.072)
11	Bildheiser, Thomas	FR Hagerstown CC	1:55.87	1	
	28.211 (28.211)	59.712 (31.501)	1:28.013 (28.301)		1:55.869 (27.856)
12	Meagher, Joseph	SO Central Arizona	1:56.10	2	
	27.268 (27.268)	57.587 (30.319)	1:27.528 (29.941)		1:56.092 (28.564)
13	Duijsters, Goran	SO Cowley College	1:56.15	2	
	27.636 (27.636)	56.696 (29.060)	1:26.795 (30.099)		1:56.149 (29.354)
14	Laurance, Gunnar	SO Neosho County	1:56.52	3	
	26.360 (26.360)	55.857 (29.497)	1:25.942 (30.085)		1:56.517 (30.575)
15	Ereaux, Joseph	SO Southern Idaho	1:56.68	3	
	27.011 (27.011)	56.075 (29.064)	1:26.748 (30.673)		1:56.671 (29.923)
16	Leck, Andrew	SO Butler CC	1:56.95	1	
	28.236 (28.236)	1:00.097 (31.861)	1:28.709 (28.612)		1:56.941 (28.232)
17	Ahrens, Bradley	FR Mineral Area	1:57.33	3	
	26.901 (26.901)	55.795 (28.894)	1:26.366 (30.571)		1:57.330 (30.964)
18	Wright, Joseph Asahi	FR Iowa Central CC	1:57.36	4	
	27.854 (27.854)	56.666 (28.812)	1:26.430 (29.764)		1:57.360 (30.930)
19	Beckles, Davon	SO Pratt CC	1:57.41	4	1:57.405
	26.619 (26.619)	54.401 (27.782)	1:25.247 (30.846)		1:57.405 (32.158)
20	Armstrong, Daniel	FR Ranger	1:57.41	2	1:57.408
	27.756 (27.756)	57.766 (30.010)	1:27.646 (29.880)		1:57.408 (29.762)
21	Rodriquez, Jeremiah	FR Western Texas	1:57.44	3	
	27.407 (27.407)	55.720 (28.313)	1:25.588 (29.868)		1:57.436 (31.848)
22	Nethersole, Adrian	FR Western Texas	1:57.46	1	
	27.803 (27.803)	59.814 (32.011)	1:29.462 (29.648)		1:57.455 (27.993)
23	Pratt, Korey	SO Louisburg	1:58.39	2	
	27.479 (27.479)	57.864 (30.385)	1:28.519 (30.655)		1:58.382 (29.863)
24	Prince, Trevon	FR Iowa Central CC	1:58.53	3	1:58.525
	27.178 (27.178)	56.213 (29.035)	1:27.087 (30.874)		1:58.525 (31.438)
25	Gonzalez, Bryan	SO Fort Scott CC	1:58.53	2	1:58.526
	27.948 (27.948)	57.883 (29.935)	1:28.849 (30.966)		1:58.526 (29.677)
26	Gonzales, Oscar	FR Paradise Valley	1:59.38	1	
	28.458 (28.458)	1:00.147 (31.689)	1:30.366 (30.219)		1:59.371 (29.005)
27	Lucas, Brody	FR Indian Hills CC	1:59.86	1	
	27.891 (27.891)	59.827 (31.936)	1:30.085 (30.258)		1:59.855 (29.770)
28	Pavelchik, Nate	SO Mesa CC	2:00.33	1	
	28.047 (28.047)	59.603 (31.556)	1:29.463 (29.860)		2:00.321 (30.858)

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023

Washburn University

Results - Friday

....Event 10 Men 800 Meter Run

29 Stephenson, Wayne	SO Monroe College	2:00.85	2		
27.063 (27.063)	57.324 (30.261)	1:28.714 (31.390)		2:00.848 (32.134)	
30 Hinds, Tafar-Hi	FR Essex CC	2:02.50	4		
24.980 (24.980)	53.494 (28.514)	1:24.283 (30.789)		2:02.494 (38.211)	
31 Conder, Isaac	FR Coffeyville	2:02.56	2		
27.988 (27.988)	58.315 (30.327)	1:29.813 (31.498)		2:02.553 (32.740)	
-- Reid, Quwayne	SO Cloud County	DNF	1		
28.274 (28.274)	1:00.132 (31.858)				
-- Dean, Kyler	FR Muskegon CC	DNS	1		

Event 11 Women 1000 Meter Run

Heat Winner + Next 6 Advance

Double Waterfall, 2 Turn Stagger

Indoor Nat.: N 2:50.35 2016 Susan Ejore, Monroe College

Indoor Meet: M 2:50.35 2016 Susan Ejore, Monroe

Facility: F 2:50.70 2023 Addison Coppinger, Kansas

Name	Year School	Prelims	H#		
1 Garcia Grafing, Chloe	SO Iowa Central CC	2:58.44Q	2		
32.098 (32.098)	1:06.460 (34.362)	1:42.994 (36.534)		2:20.622 (37.629)	
2:58.438 (37.816)					
2 Guerrero, Lilliana	FR South Plains	2:59.16Q	3		
34.726 (34.726)	1:11.123 (36.398)	1:48.316 (37.193)		2:25.106 (36.790)	
2:59.152 (34.046)					
3 Magoro, Letlhogonolo	SO New Mexico JC	3:01.09Q	1		
34.831 (34.831)	1:11.926 (37.096)	1:49.118 (37.192)		2:26.809 (37.692)	
3:01.090 (34.282)					
4 Poyraz, Elif	FR Colby CC	2:59.76q	3		
34.394 (34.394)	1:10.742 (36.348)	1:48.090 (37.348)		2:24.703 (36.614)	
2:59.755 (35.052)					
5 Ramone, Aisha	FR Southeastern CC	3:00.92q	3		
35.714 (35.714)	1:11.379 (35.666)	1:48.135 (36.756)		2:24.959 (36.824)	
3:00.915 (35.956)					
6 Brockman, Kate	SO Mesa CC	3:02.04q	3		
35.499 (35.499)	1:11.483 (35.984)	1:48.226 (36.744)		2:25.812 (37.586)	
3:02.034 (36.222)					
7 Harmon, Anna	SO Mesa CC	3:03.15q	2		
35.234 (35.234)	1:11.664 (36.430)	1:49.388 (37.724)		2:27.674 (38.286)	
3:03.142 (35.468)					
8 Badawi, Ann	FR Fort Scott CC	3:03.20q	1		
35.206 (35.206)	1:12.602 (37.396)	1:50.626 (38.024)		2:27.976 (37.351)	
3:03.197 (35.221)					
9 Ochana, Melody	SO Cloud County	3:05.01q	3		
36.074 (36.074)	1:12.393 (36.319)	1:50.003 (37.611)		2:28.389 (38.386)	
3:05.005 (36.616)					
10 Jackson, Jaresa	FR Southern Idaho	3:05.44	3		
36.415 (36.415)	1:12.243 (35.828)	1:48.699 (36.456)		2:27.549 (38.850)	
3:05.431 (37.882)					
11 Johnson, Rushell	SO Western Texas	3:06.08	2		
34.958 (34.958)	1:10.802 (35.844)	1:48.202 (37.400)		2:27.690 (39.488)	
3:06.078 (38.388)					
12 Osakwe, Chrystal	FR Fort Scott CC	3:06.33	2		
34.832 (34.832)	1:11.101 (36.270)	1:48.450 (37.349)		2:27.038 (38.588)	
3:06.330 (39.293)					

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023

Washburn University

Results - Friday

....Event 11 Women 1000 Meter Run

13 Estrada, Jazmin	FR Paradise Valley	3:06.68	1		
34.951 (34.951)	1:12.410 (37.460)	1:50.370 (37.960)	2:28.664 (38.294)		
3:06.678 (38.015)					
14 Atan, Asli	FR Colby CC	3:06.69	3		
35.707 (35.707)	1:11.685 (35.978)	1:48.425 (36.740)	2:25.902 (37.477)		
3:06.684 (40.782)					
15 Gallegos, Teresa	SO Western Texas	3:07.24	2		
34.185 (34.185)	1:11.238 (37.054)	1:49.556 (38.318)	2:28.424 (38.868)		
3:07.235 (38.812)					
16 Tyrell, Shaquka	FR Monroe College	3:08.63	1		
34.893 (34.893)	1:12.240 (37.348)	1:50.680 (38.440)	2:29.659 (38.980)		
3:08.630 (38.972)					
17 Gallegos, Vanessa	FR New Mexico JC	3:09.27	1		
34.937 (34.937)	1:12.150 (37.214)	1:50.146 (37.996)	2:29.381 (39.235)		
3:09.264 (39.884)					
18 Hoskinson, Taylor	FR Hutchinson CC	3:09.45	3		
35.916 (35.916)	1:11.948 (36.032)	1:49.197 (37.250)	2:28.449 (39.252)		
3:09.444 (40.995)					
19 Mabuza, Nonhlanhla	FR Colby CC	3:09.73	2		
34.656 (34.656)	1:09.173 (34.517)	1:46.272 (37.100)	2:26.458 (40.186)		
3:09.723 (43.266)					
20 Magassa, Minankolo	SO New Mexico JC	3:14.02	2		
35.154 (35.154)	1:11.523 (36.369)	1:49.870 (38.348)	2:30.496 (40.626)		
3:14.012 (43.516)					
21 Simpson, Allie	SO Southeastern CC	3:16.34	1		
35.492 (35.492)	1:13.778 (38.286)	1:53.133 (39.356)	2:33.744 (40.611)		
3:16.339 (42.596)					
22 Stacey, Bethany	SO Iowa Western CC	3:24.19	1		
35.132 (35.132)	1:14.131 (39.000)	1:56.490 (42.359)	2:40.245 (43.756)		
3:24.184 (43.939)					

Event 12 Men 1000 Meter Run

Heat Winner + Next 6 Advance
 Double Waterfall, 2 Turn Stagger
 Indoor Nat.: N 2:22.10 2022 Prince Mcabelo, Monroe College
 Indoor Meet: M 2:23.44 1999 Eliud Njubi, Dodge City CC
 Facility: F 2:26.64 2023 Justice Dick, Kansas

Name	Year School	Prelims	H#		
1 Celik, Mehmet	FR South Plains	F 2:24.44Q	1		
28.287 (28.287)	59.441 (31.154)	1:28.994 (29.553)	1:56.625 (27.632)		
2:24.437 (27.812)					
2 Navarro, Samuel	SO Fort Scott CC	2:26.65Q	2		
27.900 (27.900)	58.824 (30.924)	1:30.556 (31.733)	1:59.596 (29.040)		
2:26.645 (27.049)					
3 Kowa, Mohammed	FR Iowa Western CC	2:29.92Q	3		
29.889 (29.889)	1:00.892 (31.004)	1:32.064 (31.172)	2:02.675 (30.611)		
2:29.919 (27.244)					
4 Pololet, Evans	SO New Mexico JC	2:26.69q	2		
27.988 (27.988)	58.686 (30.699)	1:30.375 (31.689)	1:59.818 (29.444)		
2:26.688 (26.870)					
5 Vittone, Pierce	SO Paradise Valley	2:27.46q	1		
28.492 (28.492)	1:00.052 (31.560)	1:29.494 (29.442)	1:58.640 (29.147)		
2:27.457 (28.817)					

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023**Washburn University****Results - Friday****....Event 12 Men 1000 Meter Run**

6	Mcabelo, Prince	SO Monroe College	2:27.65q 2		
	28.138 (28.138)	58.569 (30.432)	1:30.258 (31.690)	1:59.910 (29.652)	
	2:27.641 (27.731)				
7	Kidane, Yared	SO Iowa Central CC	2:29.51q 1		
	28.700 (28.700)	1:00.285 (31.586)	1:30.758 (30.474)	2:00.892 (30.134)	
	2:29.508 (28.616)				
8	Tanui, Aron	SO South Plains	2:30.37q 3		
	30.791 (30.791)	58.771 (27.981)	1:29.608 (30.837)	1:59.887 (30.280)	
	2:30.369 (30.482)				
9	Reinders, Cole	FR Indian Hills CC	2:30.42q 1		
	28.138 (28.138)	59.811 (31.673)	1:29.707 (29.896)	1:59.008 (29.301)	
	2:30.420 (31.412)				
10	Tupper, Cayden	FR Southern Idaho	2:30.79 3		
	30.485 (30.485)	1:01.284 (30.800)	1:32.458 (31.174)	2:03.174 (30.716)	
	2:30.788 (27.614)				
11	Al-Yafae, Mohammed	FR Indian Hills CC	2:31.16 3		
	30.068 (30.068)	1:00.669 (30.601)	1:31.472 (30.804)	2:02.463 (30.992)	
	2:31.159 (28.696)				
12	Gelder, Hayden	SO Mesa CC	2:31.63 1		
	29.544 (29.544)	1:00.561 (31.018)	1:31.140 (30.580)	2:01.422 (30.282)	
	2:31.627 (30.206)				
13	Villarreal, Adrian	SO Trinidad State	2:31.71 3		
	30.111 (30.111)	1:00.763 (30.652)	1:31.667 (30.905)	2:02.035 (30.368)	
	2:31.705 (29.670)				
14	Campbell, Fabian	FR Barton County	2:31.81 2		
	28.158 (28.158)	59.118 (30.960)	1:30.720 (31.602)	2:00.883 (30.164)	
	2:31.810 (30.928)				
15	Canton, Bryson	FR North Iowa CC	2:32.97 3		
	30.431 (30.431)	1:00.982 (30.552)	1:32.309 (31.328)	2:03.078 (30.769)	
	2:32.970 (29.892)				
16	Bergren, Baylor	FR Iowa Central CC	2:33.32 2		
	28.546 (28.546)	59.008 (30.462)	1:31.220 (32.212)	2:02.809 (31.589)	
	2:33.316 (30.507)				
17	Oates, Chase	FR Southwestern CC	2:34.00 1		
	29.674 (29.674)	1:00.776 (31.102)	1:31.678 (30.902)	2:02.768 (31.091)	
	2:34.000 (31.232)				
18	Patton, Raziell	SO Cloud County	2:34.35 1		
	28.454 (28.454)	59.893 (31.440)	1:30.015 (30.122)	2:01.110 (31.095)	
	2:34.348 (33.238)				
19	Casallas, Luis	SO Dodge City CC	2:34.37 1		
	28.104 (28.104)	59.676 (31.572)	1:30.024 (30.349)	2:01.065 (31.041)	
	2:34.368 (33.303)				
20	Rojas-Mendez, Randy	FR Cowley College	2:34.42 2		
	28.662 (28.662)	59.292 (30.631)	1:30.781 (31.489)	2:02.650 (31.870)	
	2:34.419 (31.769)				
21	Corby, Trae	SO Iowa Central CC	2:34.57 2		
	28.306 (28.306)	58.851 (30.545)	1:30.968 (32.118)	2:02.920 (31.952)	
	2:34.566 (31.646)				
22	Dean, Kyler	FR Muskegon CC	2:35.02 3		
	30.128 (30.128)	1:00.451 (30.323)	1:31.489 (31.039)	2:03.045 (31.556)	
	2:35.013 (31.968)				
23	Becerra, Jorge	SO Indian Hills CC	2:39.40 3		
	30.016 (30.016)	1:01.001 (30.986)	1:32.079 (31.078)	2:04.435 (32.356)	
	2:39.399 (34.964)				

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023

Washburn University

Results - Friday

....Event 12 Men 1000 Meter Run

24 Stogsdill, Tyler	FR Southern Idaho	2:42.99	2		
29.087 (29.087)	1:00.347 (31.260)	1:33.310 (32.964)		2:07.691 (34.381)	
2:42.981 (35.290)					
25 Bildheiser, Thomas	FR Hagerstown CC	2:46.86	3		
30.285 (30.285)	1:01.521 (31.237)	1:34.955 (33.434)		2:11.539 (36.584)	
2:46.859 (35.321)					
26 Green, Ernest	FR Mesa CC	2:56.62	1	advanced to final	
29.256 (29.256)	1:00.302 (31.046)	1:30.330 (30.028)		1:59.766 (29.437)	
2:56.618 (56.852)					
-- Rasco, Ryan	SO Hagerstown CC	DNS	2		

Event 15 Women 3000 Meter Run

Double Waterfall, 2 Turn Stagger

Indoor Nat.: N 9:29.04 2018 Adva Cohen, Iowa Central CC
 Indoor Meet: M 9:30.89 2018 Adva Cohen, Iowa Central CC
 Facility: F 9:30.02 2023 Rahel Broemmell, Arkansas State

Name Year School Finals Points

Finals

1 Diercks, Emily	SO Colby CC	9:58.94	10		
38.355 (38.355)	1:16.867 (38.512)	1:56.858 (39.991)		2:37.399 (40.542)	
3:17.936 (40.537)	3:57.872 (39.936)	4:38.168 (40.296)		5:18.546 (40.378)	
5:59.131 (40.586)	6:39.818 (40.687)	7:20.285 (40.467)		8:00.557 (40.273)	
8:41.065 (40.508)	9:21.750 (40.685)	9:58.931 (37.182)			
2 Chewon, Damaris	SO New Mexico JC	10:07.40	8		
38.995 (38.995)	1:17.453 (38.458)	1:57.573 (40.120)		2:38.256 (40.684)	
3:18.465 (40.210)	3:58.596 (40.131)	4:38.493 (39.898)		5:19.240 (40.747)	
6:00.585 (41.346)	6:42.313 (41.728)	7:24.393 (42.081)		8:06.367 (41.974)	
8:48.092 (41.725)	9:29.076 (40.984)	10:07.391 (38.315)			
3 Ndungu, Lucy	SO Cloud County	10:10.23	6		
38.867 (38.867)	1:17.468 (38.601)	1:57.355 (39.887)		2:37.966 (40.612)	
3:18.621 (40.656)	3:59.029 (40.408)	4:39.599 (40.571)		5:21.449 (41.850)	
6:03.474 (42.025)	6:45.387 (41.913)	7:27.451 (42.064)		8:09.263 (41.813)	
8:50.930 (41.667)	9:31.994 (41.064)	10:10.224 (38.230)			
4 McCreedy, Taylor	SO Iowa Central CC	10:16.94	5		
36.953 (36.953)	1:16.997 (40.044)	1:57.094 (40.097)		2:37.667 (40.574)	
3:18.187 (40.520)	3:58.299 (40.112)	4:38.770 (40.472)		5:19.545 (40.775)	
6:00.879 (41.335)	6:42.715 (41.836)	7:25.273 (42.558)		8:09.450 (44.178)	
8:53.177 (43.728)	9:37.048 (43.871)	10:16.933 (39.886)			
5 Jensen, Molly	FR Salt Lake	10:31.39	4		
38.687 (38.687)	1:18.465 (39.779)	1:59.025 (40.560)		2:40.030 (41.005)	
3:21.289 (41.259)	4:03.627 (42.338)	4:46.079 (42.452)		5:28.662 (42.584)	
6:10.195 (41.533)	6:53.916 (43.722)	7:38.301 (44.386)		8:23.894 (45.593)	
9:08.822 (44.928)	9:53.025 (44.203)	10:31.381 (38.357)			
6 Phillips, Elizabeth	FR Southern Idaho	10:40.41	3		
39.823 (39.823)	1:21.477 (41.654)	2:02.920 (41.444)		2:46.167 (43.248)	
3:28.599 (42.432)	4:11.773 (43.174)	4:54.549 (42.776)		5:37.055 (42.507)	
6:20.313 (43.258)	7:04.674 (44.362)	7:48.367 (43.694)		8:31.843 (43.476)	
9:15.542 (43.699)	9:58.898 (43.356)	10:40.409 (41.511)			
7 Bird, Khloi	FR Butler CC	10:42.65	2		
40.117 (40.117)	1:21.138 (41.021)	2:02.755 (41.618)		2:44.725 (41.970)	
3:27.711 (42.986)	4:11.899 (44.188)	4:54.883 (42.984)		5:37.703 (42.821)	
6:20.894 (43.191)	7:04.909 (44.016)	7:48.686 (43.777)		8:32.295 (43.609)	
9:16.536 (44.242)	10:00.241 (43.705)	10:42.649 (42.408)			

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023

Washburn University

Results - Friday

....Event 15 Women 3000 Meter Run

8	Felix, Lydia	SO Southern Idaho	10:47.11	1		
	39.586 (39.586)	1:20.769 (41.183)	2:02.443 (41.675)		2:45.408 (42.965)	
	3:28.448 (43.040)	4:11.577 (43.130)	4:54.390 (42.813)		5:37.405 (43.016)	
	6:20.657 (43.252)	7:04.987 (44.331)	7:49.365 (44.378)		8:34.282 (44.917)	
	9:18.924 (44.642)	10:03.289 (44.366)	10:47.103 (43.814)			
9	Poll, Marryn	FR Southern Idaho	10:56.31			
	40.371 (40.371)	1:22.109 (41.739)	2:04.739 (42.630)		2:48.591 (43.852)	
	3:32.181 (43.590)	4:16.605 (44.425)	5:01.054 (44.449)		5:46.190 (45.136)	
	6:31.326 (45.136)	7:16.893 (45.568)	8:02.849 (45.956)		8:48.430 (45.582)	
	9:33.057 (44.627)	10:17.457 (44.401)	10:56.305 (38.848)			
10	Jerop, Daisy	FR New Mexico JC	10:57.39			
	39.316 (39.316)	1:19.843 (40.528)	2:02.233 (42.390)		2:45.064 (42.831)	
	3:28.277 (43.214)	4:12.490 (44.213)	4:57.462 (44.972)		5:41.977 (44.515)	
	6:26.807 (44.830)	7:11.953 (45.146)	7:58.131 (46.179)		8:44.275 (46.144)	
	9:30.192 (45.917)	10:15.743 (45.552)	10:57.381 (41.638)			
11	Kimaiyo, Carolyne	FR New Mexico JC	10:58.24			
	40.075 (40.075)	1:19.600 (39.525)	2:01.850 (42.250)		2:44.673 (42.823)	
	3:27.680 (43.008)	4:11.834 (44.154)	4:58.725 (46.891)		5:43.815 (45.090)	
	6:29.003 (45.188)	7:14.808 (45.806)	8:00.073 (45.266)		8:46.125 (46.052)	
	9:30.803 (44.678)	10:15.419 (44.616)	10:58.238 (42.820)			
12	Buzani, Lillan	SO DuPage	11:03.31			
	39.203 (39.203)	1:20.844 (41.642)	2:02.726 (41.882)		2:45.937 (43.211)	
	3:29.037 (43.100)	4:12.911 (43.875)	4:57.965 (45.054)		5:43.271 (45.306)	
	6:29.373 (46.102)	7:15.115 (45.743)	8:00.583 (45.468)		8:46.313 (45.731)	
	9:32.706 (46.393)	10:18.199 (45.494)	11:03.308 (45.109)			
13	Stacey, Bethany	SO Iowa Western CC	11:10.99			
	39.361 (39.361)	1:19.895 (40.534)	2:02.528 (42.634)		2:45.703 (43.176)	
	3:28.225 (42.522)	4:12.265 (44.040)	4:57.327 (45.062)		5:41.571 (44.245)	
	6:26.317 (44.746)	7:11.837 (45.520)	7:57.839 (46.003)		8:45.224 (47.385)	
	9:32.897 (47.674)	10:21.716 (48.819)	11:10.985 (49.270)			
14	Swain, Kennedy	FR Salt Lake	11:12.76			
	39.949 (39.949)	1:20.314 (40.366)	2:02.037 (41.724)		2:44.855 (42.818)	
	3:27.940 (43.086)	4:12.145 (44.206)	4:57.108 (44.963)		5:42.968 (45.860)	
	6:30.979 (48.011)	7:18.861 (47.883)	8:06.577 (47.716)		8:53.654 (47.078)	
	9:41.407 (47.753)	10:29.479 (48.072)	11:12.757 (43.279)			
15	Jensen, Karli	FR Salt Lake	11:16.13			
	40.237 (40.237)	1:21.716 (41.480)	2:03.790 (42.074)		2:46.643 (42.853)	
	3:30.876 (44.234)	4:16.327 (45.451)	5:02.090 (45.764)		5:48.764 (46.674)	
	6:35.845 (47.081)	7:22.157 (46.312)	8:08.572 (46.416)		8:56.131 (47.560)	
	9:45.455 (49.324)	10:34.721 (49.266)	11:16.129 (41.409)			
16	Trujillo, Loryn	FR Trinidad State	11:22.56			
	39.661 (39.661)	1:21.327 (41.666)	2:04.099 (42.773)		2:48.075 (43.976)	
	3:32.931 (44.856)	4:18.281 (45.350)	5:04.125 (45.844)		5:50.392 (46.268)	
	6:36.697 (46.305)	7:24.925 (48.228)	8:12.961 (48.036)		9:01.639 (48.679)	
	9:50.128 (48.489)	10:37.709 (47.581)	11:22.551 (44.842)			
--	Biwott, Mercy	SO Iowa Western CC	DNS			

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023

Washburn University

Results - Friday

Event 16 Men 3000 Meter Run

Double Waterfall, 2 Turn Stagger

Indoor Nat.: N 7:44.77 1993 Richard Kosgei, Barton CC
 Indoor Meet: M 7:44.77 1993 Richard Kosgei, Barton Co
 Facility: F 7:55.82 2023 Ryan Riddle, Missouri Southern

Name	Year	School	Finals	H#	Points
1 Masondo, Sanele	SO	Colby CC	8:11.14	2	10
31.948 (31.948)	1:04.671 (32.723)	1:37.845 (33.174)	2:10.774 (32.930)		
2:43.565 (32.792)	3:16.740 (33.175)	3:49.525 (32.786)	4:22.271 (32.746)		
4:55.093 (32.823)	5:28.203 (33.110)	6:00.917 (32.715)	6:34.126 (33.209)		
7:07.890 (33.764)	7:41.878 (33.988)	8:11.139 (29.261)			
2 Mulugeta, Eldad	FR	Fort Scott CC	8:12.77	2	8
31.403 (31.403)	1:04.407 (33.004)	1:37.623 (33.217)	2:10.804 (33.181)		
2:43.918 (33.114)	3:17.137 (33.219)	3:49.927 (32.790)	4:22.876 (32.950)		
4:55.930 (33.054)	5:29.211 (33.281)	6:02.701 (33.490)	6:36.661 (33.961)		
7:10.195 (33.534)	7:41.811 (31.617)	8:12.766 (30.955)			
3 Belmahdi, Karim	SO	Monroe College	8:14.25	2	6
31.666 (31.666)	1:04.627 (32.962)	1:37.655 (33.028)	2:10.454 (32.800)		
2:43.331 (32.877)	3:16.583 (33.252)	3:49.184 (32.602)	4:21.918 (32.734)		
4:55.607 (33.690)	5:28.743 (33.136)	6:02.063 (33.320)	6:36.173 (34.111)		
7:10.444 (34.271)	7:43.079 (32.636)	8:14.242 (31.163)			
4 Kowa, Mohammed	FR	Iowa Western CC	8:17.39	2	5
31.499 (31.499)	1:04.231 (32.733)	1:37.229 (32.998)	2:10.150 (32.922)		
2:43.046 (32.896)	3:16.104 (33.058)	3:48.915 (32.811)	4:21.644 (32.730)		
4:55.347 (33.704)	5:29.193 (33.846)	6:03.414 (34.222)	6:37.835 (34.421)		
7:12.099 (34.264)	7:46.427 (34.329)	8:17.383 (30.956)			
5 Gard, Shane	SO	Southern Idaho	8:20.24	2	4
32.017 (32.017)	1:05.381 (33.364)	1:39.377 (33.996)	2:12.361 (32.984)		
2:45.359 (32.998)	3:18.674 (33.316)	3:51.647 (32.974)	4:24.967 (33.320)		
4:59.435 (34.469)	5:34.163 (34.728)	6:08.562 (34.399)	6:43.057 (34.496)		
7:17.247 (34.190)	7:49.585 (32.338)	8:20.234 (30.649)			
6 Barbosa, Ricardo	SO	Colby CC	8:25.50	2	3
31.329 (31.329)	1:03.971 (32.642)	1:36.988 (33.018)	2:09.908 (32.920)		
2:42.803 (32.896)	3:15.773 (32.970)	3:48.615 (32.843)	4:21.216 (32.601)		
4:54.657 (33.441)	5:27.991 (33.334)	6:01.152 (33.162)	6:36.189 (35.037)		
7:13.794 (37.606)	7:51.555 (37.762)	8:25.496 (33.941)			
7 Vega, German	FR	New Mexico JC	8:27.04	2	2
32.109 (32.109)	1:05.339 (33.230)	1:38.603 (33.264)	2:12.179 (33.576)		
2:45.065 (32.887)	3:18.244 (33.179)	3:51.634 (33.390)	4:25.426 (33.792)		
4:59.734 (34.308)	5:34.547 (34.814)	6:09.472 (34.925)	6:44.844 (35.372)		
7:20.234 (35.390)	7:54.789 (34.555)	8:27.031 (32.242)			
8 Kitur, Raphael	FR	NW Kansas	8:31.93	2	1
31.581 (31.581)	1:04.493 (32.912)	1:37.439 (32.947)	2:10.324 (32.885)		
2:43.189 (32.865)	3:16.355 (33.167)	3:49.333 (32.978)	4:22.579 (33.247)		
4:56.271 (33.692)	5:31.094 (34.824)	6:06.902 (35.808)	6:43.012 (36.110)		
7:19.559 (36.548)	7:56.075 (36.516)	8:31.925 (35.850)			
9 Gaspar, Jacinto	FR	Iowa Western CC	8:35.21	2	
32.270 (32.270)	1:05.527 (33.258)	1:38.848 (33.321)	2:11.720 (32.872)		
2:44.517 (32.797)	3:17.619 (33.103)	3:51.139 (33.520)	4:25.251 (34.113)		
5:00.251 (35.000)	5:35.026 (34.776)	6:10.555 (35.530)	6:47.142 (36.587)		
7:24.136 (36.994)	8:00.227 (36.092)	8:35.207 (34.980)			

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023

Washburn University

Results - Friday

....Event 16 Men 3000 Meter Run

10 Miller, Chaz	FR Paradise Valley	8:40.09	1		
36.358 (36.358)	1:11.863 (35.506)	1:47.210 (35.347)		2:22.194 (34.984)	
2:58.200 (36.007)	3:34.190 (35.990)	4:09.596 (35.406)		4:43.949 (34.354)	
5:18.684 (34.735)	5:53.110 (34.426)	6:28.317 (35.208)		7:03.433 (35.116)	
7:36.581 (33.148)	8:09.003 (32.422)	8:40.088 (31.086)			
11 Vega, Tomas	FR New Mexico JC	8:40.51	2		
32.535 (32.535)	1:05.175 (32.641)	1:38.392 (33.217)		2:11.950 (33.558)	
2:45.721 (33.771)	3:18.970 (33.250)	3:53.471 (34.502)		4:28.703 (35.232)	
5:04.387 (35.684)	5:40.333 (35.947)	6:16.261 (35.928)		6:52.955 (36.694)	
7:29.407 (36.453)	8:04.935 (35.528)	8:40.505 (35.570)			
12 Barney, Jonathan	FR Paradise Valley	8:42.34	1		
36.715 (36.715)	1:12.388 (35.673)	1:47.662 (35.275)		2:23.138 (35.476)	
2:58.781 (35.644)	3:35.150 (36.370)	4:10.487 (35.337)		4:44.950 (34.463)	
5:19.627 (34.678)	5:54.400 (34.773)	6:28.531 (34.132)		7:03.296 (34.765)	
7:36.129 (32.834)	8:08.677 (32.548)	8:42.336 (33.659)			
13 Krikov, Aleksandr	FR Salt Lake	8:45.40	1		
36.209 (36.209)	1:11.389 (35.180)	1:46.994 (35.606)		2:22.610 (35.616)	
2:57.873 (35.263)	3:33.418 (35.545)	4:08.763 (35.346)		4:43.664 (34.902)	
5:18.507 (34.843)	5:53.432 (34.926)	6:29.150 (35.718)		7:04.594 (35.445)	
7:39.934 (35.340)	8:14.498 (34.564)	8:45.400 (30.903)			
14 Minor, Braden	FR Salt Lake	8:45.46	1		
36.194 (36.194)	1:11.112 (34.919)	1:46.586 (35.474)		2:22.419 (35.834)	
2:57.735 (35.316)	3:33.152 (35.418)	4:07.824 (34.672)		4:42.761 (34.937)	
5:18.194 (35.433)	5:52.805 (34.612)	6:28.527 (35.722)		7:03.709 (35.182)	
7:38.861 (35.152)	8:13.443 (34.582)	8:45.459 (32.016)			
15 Kiptoo, Brian	FR NW Kansas	8:46.88	2		
31.309 (31.309)	1:04.026 (32.718)	1:37.077 (33.051)		2:09.983 (32.906)	
2:42.871 (32.889)	3:15.861 (32.990)	3:48.682 (32.821)		4:21.382 (32.700)	
4:55.596 (34.214)	5:32.502 (36.906)	6:10.291 (37.790)		6:49.013 (38.722)	
7:28.558 (39.546)	8:07.835 (39.278)	8:46.871 (39.036)			
16 Leveque, Theo	FR Barton County	8:47.07	1		
35.018 (35.018)	1:10.430 (35.412)	1:46.188 (35.759)		2:22.193 (36.005)	
2:58.427 (36.234)	3:33.606 (35.180)	4:08.621 (35.015)		4:43.796 (35.175)	
5:18.894 (35.099)	5:53.474 (34.580)	6:27.776 (34.302)		7:02.856 (35.080)	
7:38.194 (35.338)	8:14.038 (35.844)	8:47.068 (33.030)			
17 Nielsen, Aidan	FR Salt Lake	8:49.93	1		
35.615 (35.615)	1:11.029 (35.414)	1:46.515 (35.486)		2:21.997 (35.482)	
2:57.978 (35.982)	3:33.657 (35.679)	4:09.333 (35.676)		4:44.748 (35.416)	
5:20.236 (35.488)	5:56.596 (36.360)	6:32.099 (35.504)		7:08.700 (36.601)	
7:45.473 (36.774)	8:20.312 (34.839)	8:49.929 (29.618)			
18 Lahalle, Leandre	FR Colby CC	8:50.23	1		
37.021 (37.021)	1:12.183 (35.162)	1:47.910 (35.727)		2:23.399 (35.490)	
2:58.998 (35.600)	3:34.410 (35.412)	4:09.644 (35.235)		4:44.018 (34.374)	
5:18.122 (34.105)	5:52.448 (34.326)	6:27.858 (35.411)		7:03.126 (35.268)	
7:38.854 (35.728)	8:14.714 (35.861)	8:50.224 (35.510)			
19 Lundgren, Jason	FR Paradise Valley	8:50.60	1		
35.791 (35.791)	1:11.369 (35.578)	1:47.012 (35.643)		2:22.913 (35.902)	
2:58.683 (35.770)	3:34.668 (35.985)	4:10.217 (35.550)		4:45.130 (34.913)	
5:20.814 (35.684)	5:55.379 (34.566)	6:30.989 (35.610)		7:07.910 (36.922)	
7:44.236 (36.326)	8:19.150 (34.914)	8:50.600 (31.450)			
20 McCraw, Keegan	FR Southern Idaho	8:50.84	1		
35.972 (35.972)	1:11.643 (35.672)	1:46.906 (35.263)		2:22.450 (35.544)	
2:58.120 (35.671)	3:33.672 (35.552)	4:08.886 (35.214)		4:44.221 (35.336)	
5:17.831 (33.610)	5:52.182 (34.351)	6:28.202 (36.020)		7:04.244 (36.042)	
7:40.825 (36.582)	8:18.010 (37.186)	8:50.831 (32.821)			

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Washburn University

Results - Friday

....Event 16 Men 3000 Meter Run

21 May, Griffin	SO Southern Idaho	8:51.03	1		
36.474 (36.474)	1:11.930 (35.456)	1:47.232 (35.302)		2:22.904 (35.673)	
2:58.494 (35.590)	3:34.317 (35.823)	4:09.921 (35.604)		4:45.209 (35.288)	
5:20.474 (35.265)	5:56.559 (36.086)	6:32.398 (35.839)		7:08.904 (36.507)	
7:44.905 (36.001)	8:19.296 (34.391)	8:51.021 (31.726)			
22 Longei, Reagan	FR Trinidad State	8:52.86	1		
35.439 (35.439)	1:10.802 (35.364)	1:46.734 (35.932)		2:22.668 (35.934)	
2:58.086 (35.419)	3:33.955 (35.869)	4:09.302 (35.347)		4:45.163 (35.862)	
5:20.507 (35.344)	5:56.269 (35.762)	6:32.293 (36.024)		7:08.547 (36.254)	
7:45.233 (36.686)	8:20.936 (35.704)	8:52.855 (31.919)			
23 Nunez, Santiago	SO Cowley College	8:53.18	1		
36.562 (36.562)	1:12.432 (35.870)	1:48.280 (35.848)		2:23.686 (35.407)	
2:59.317 (35.631)	3:35.452 (36.136)	4:11.038 (35.586)		4:45.504 (34.466)	
5:21.070 (35.566)	5:56.225 (35.156)	6:30.595 (34.370)		7:05.476 (34.882)	
7:41.144 (35.668)	8:17.453 (36.310)	8:53.180 (35.727)			
24 Kipkemboi, Peter	FR NW Kansas	8:53.67	2		
31.569 (31.569)	1:04.338 (32.769)	1:37.351 (33.013)		2:10.491 (33.141)	
2:43.491 (33.000)	3:16.972 (33.482)	3:51.191 (34.220)		4:26.857 (35.666)	
5:04.547 (37.690)	5:40.864 (36.318)	6:18.150 (37.286)		6:58.353 (40.203)	
7:37.754 (39.402)	8:14.259 (36.505)	8:53.670 (39.412)			
25 Boit, Ian	SO Vincennes	8:56.60	1		
35.848 (35.848)	1:11.143 (35.295)	1:46.804 (35.661)		2:22.701 (35.898)	
2:58.308 (35.608)	3:33.918 (35.610)	4:09.159 (35.242)		4:44.304 (35.146)	
5:19.258 (34.954)	5:54.193 (34.936)	6:30.278 (36.085)		7:06.834 (36.557)	
7:44.401 (37.567)	8:21.142 (36.742)	8:56.598 (35.456)			
26 Beaver, D'Artagnon	SO Hawkeye CC	9:01.79	1		
36.941 (36.941)	1:12.775 (35.834)	1:48.565 (35.790)		2:23.966 (35.402)	
2:59.614 (35.648)	3:35.670 (36.056)	4:11.349 (35.680)		4:46.584 (35.236)	
5:22.666 (36.082)	5:59.818 (37.152)	6:37.136 (37.318)		7:15.144 (38.008)	
7:52.882 (37.739)	8:28.579 (35.697)	9:01.786 (33.207)			
27 Turley, Collin	SO Pratt CC	9:07.09	1		
36.805 (36.805)	1:11.608 (34.803)	1:47.379 (35.772)		2:22.856 (35.477)	
2:58.518 (35.662)	3:34.542 (36.025)	4:11.066 (36.524)		4:47.032 (35.966)	
5:23.090 (36.058)	5:59.286 (36.197)	6:36.642 (37.356)		7:14.626 (37.984)	
7:52.569 (37.944)	8:30.280 (37.712)	9:07.083 (36.803)			
28 Ramos, Ethan	FR Allen CC	9:36.28	1		
36.023 (36.023)	1:11.563 (35.540)	1:47.455 (35.892)		2:23.102 (35.648)	
2:58.916 (35.814)	3:34.895 (35.979)	4:10.828 (35.933)		4:46.072 (35.245)	
5:21.031 (34.959)	5:58.165 (37.134)	6:40.066 (41.902)		7:24.778 (44.712)	
8:05.528 (40.750)	8:50.792 (45.264)	9:36.280 (45.488)			
-- Mokgothu, Siyabonga	FR Cloud County	DNF	2		
32.296 (32.296)	1:05.706 (33.410)	1:39.085 (33.379)		2:12.077 (32.993)	
2:45.211 (33.134)	3:18.499 (33.288)	3:51.881 (33.383)		4:28.266 (36.385)	
5:08.584 (40.318)	5:48.827 (40.243)				
-- Misgina, Kidus	SO Cloud County	DNF	1		
35.379 (35.379)	1:10.877 (35.498)				
-- Hrabi, Housem	FR Iowa Central CC	DNS	2		

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Results - Friday

Event 17 Women 5000 Meter Run

Double Waterfall, 2 Turn Stagger

Indoor Nat.: N 16:38.42 2023 Gladys Jemaiyo, South Plains

Indoor Meet: M 16:55.62 2016 Leanne Pompeani, Iowa Central CC

Facility: F 16:23.49 2022 Katie Doucette, Western Colorado

Name Year School Finals Points

Name	Year	School	Finals	Points
1 Chewon, Damaris	SO	New Mexico JC	17:41.54	10
40.267 (40.267)	1:24.283 (44.016)	2:10.062 (45.779)	2:55.228 (45.166)	
3:38.493 (43.265)	4:22.349 (43.856)	5:05.248 (42.899)	5:47.257 (42.009)	
6:29.603 (42.346)	7:12.187 (42.584)	7:54.403 (42.216)	8:37.071 (42.668)	
9:20.390 (43.319)	10:03.607 (43.217)	10:46.996 (43.389)	11:30.164 (43.168)	
12:10.445 (40.281)	12:51.211 (40.766)	13:32.763 (41.552)	14:14.208 (41.445)	
14:56.238 (42.030)	15:38.480 (42.242)	16:20.747 (42.267)	17:02.637 (41.890)	
17:41.539 (38.902)				
2 Ndungu, Lucy	SO	Cloud County	17:47.44	8
39.404 (39.404)	1:23.738 (44.334)	2:09.759 (46.021)	2:54.978 (45.219)	
3:38.568 (43.590)	4:22.581 (44.013)	5:05.587 (43.006)	5:47.549 (41.962)	
6:29.882 (42.333)	7:12.463 (42.581)	7:54.667 (42.204)	8:37.332 (42.665)	
9:20.638 (43.306)	10:03.869 (43.231)	10:47.297 (43.428)	11:30.406 (43.109)	
12:11.323 (40.917)	12:52.819 (41.496)	13:35.921 (43.102)	14:19.445 (43.524)	
15:03.321 (43.876)	15:46.736 (43.415)	16:30.077 (43.341)	17:10.702 (40.625)	
17:47.432 (36.730)				
3 Biwott, Mercy	SO	Iowa Western CC	18:10.02	6
39.694 (39.694)	1:24.090 (44.396)	2:09.742 (45.652)	2:54.933 (45.191)	
3:38.312 (43.379)	4:22.035 (43.723)	5:04.925 (42.890)	5:46.963 (42.038)	
6:29.342 (42.379)	7:11.868 (42.526)	7:54.151 (42.283)	8:36.780 (42.629)	
9:20.116 (43.336)	10:03.352 (43.236)	10:46.710 (43.358)	11:29.955 (43.245)	
12:11.017 (41.062)	12:54.399 (43.382)	13:38.976 (44.577)	14:24.927 (45.951)	
15:10.567 (45.640)	15:56.878 (46.311)	16:42.827 (45.949)	17:27.883 (45.056)	
18:10.012 (42.129)				
4 Felix, Lydia	SO	Southern Idaho	18:17.98	5
41.405 (41.405)	1:25.649 (44.244)	2:10.595 (44.946)	2:55.754 (45.159)	
3:39.839 (44.085)	4:24.348 (44.509)	5:08.505 (44.157)	5:52.171 (43.666)	
6:36.129 (43.958)	7:19.821 (43.692)	8:03.180 (43.359)	8:46.429 (43.249)	
9:30.198 (43.769)	10:14.139 (43.941)	10:58.258 (44.119)	11:43.133 (44.875)	
12:27.035 (43.902)	13:10.901 (43.866)	13:54.991 (44.090)	14:39.645 (44.654)	
15:24.125 (44.480)	16:09.379 (45.254)	16:54.161 (44.782)	17:37.451 (43.290)	
18:17.976 (40.525)				
5 Kimaiyo, Carolyne	FR	New Mexico JC	18:21.14	4
40.506 (40.506)	1:25.031 (44.525)	2:11.291 (46.260)	2:56.581 (45.290)	
3:39.224 (42.643)	4:23.076 (43.852)	5:06.283 (43.207)	5:48.334 (42.051)	
6:31.104 (42.770)	7:13.509 (42.405)	7:58.028 (44.519)	8:43.520 (45.492)	
9:27.758 (44.238)	10:12.901 (45.143)	10:57.029 (44.128)	11:41.408 (44.379)	
12:26.087 (44.679)	13:10.708 (44.621)	13:54.966 (44.258)	14:39.614 (44.648)	
15:24.006 (44.392)	16:09.177 (45.171)	16:54.238 (45.061)	17:37.609 (43.371)	
18:21.140 (43.531)				
6 Valen, Zinash	SO	Iowa Central CC	18:34.64	3
40.588 (40.588)	1:25.617 (45.029)	2:10.868 (45.251)	2:56.274 (45.406)	
3:40.143 (43.869)	4:23.504 (43.361)	5:06.568 (43.064)	5:49.127 (42.559)	
6:32.815 (43.688)	7:16.477 (43.662)	8:01.384 (44.907)	8:46.297 (44.913)	
9:30.620 (44.323)	10:15.259 (44.639)	11:00.048 (44.789)	11:45.159 (45.111)	
12:31.278 (46.119)	13:16.831 (45.553)	14:02.845 (46.014)	14:47.916 (45.071)	
15:33.962 (46.046)	16:19.974 (46.012)	17:06.402 (46.428)	17:51.573 (45.171)	
18:34.635 (43.062)				

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023

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Results - Friday

....Event 17 Women 5000 Meter Run

7 Paras, Zaylie	FR Salt Lake	18:49.80	2
40.827 (40.827)	1:25.351 (44.524)	2:11.255 (45.904)	2:55.941 (44.686)
3:40.456 (44.515)	4:24.723 (44.267)	5:08.096 (43.373)	5:51.952 (43.856)
6:36.424 (44.472)	7:21.792 (45.368)	8:06.029 (44.237)	8:51.199 (45.170)
9:37.272 (46.073)	10:22.442 (45.170)	11:08.369 (45.927)	11:54.485 (46.116)
12:41.390 (46.905)	13:28.590 (47.200)	14:15.124 (46.534)	15:00.949 (45.825)
15:46.832 (45.883)	16:33.878 (47.046)	17:19.748 (45.870)	18:05.510 (45.762)
18:49.800 (44.290)			
8 Poll, Marryn	FR Southern Idaho	18:50.90	1
42.194 (42.194)	1:26.402 (44.208)	2:12.079 (45.677)	2:57.249 (45.170)
3:41.960 (44.711)	4:26.526 (44.566)	5:11.849 (45.323)	5:57.406 (45.557)
6:42.466 (45.060)	7:27.847 (45.381)	8:13.498 (45.651)	8:58.539 (45.041)
9:44.305 (45.766)	10:30.436 (46.131)	11:16.501 (46.065)	12:02.333 (45.832)
12:48.205 (45.872)	13:34.182 (45.977)	14:20.999 (46.817)	15:08.117 (47.118)
15:54.261 (46.144)	16:40.496 (46.235)	17:26.989 (46.493)	18:12.494 (45.505)
18:50.893 (38.399)			
9 Jerop, Daisy	FR New Mexico JC	18:55.98	
40.330 (40.330)	1:24.875 (44.545)	2:10.945 (46.070)	2:56.166 (45.221)
3:39.554 (43.388)	4:23.445 (43.891)	5:07.285 (43.840)	5:50.751 (43.466)
6:35.261 (44.510)	7:20.426 (45.165)	8:05.709 (45.283)	8:50.831 (45.122)
9:37.451 (46.620)	10:22.690 (45.239)	11:08.661 (45.971)	11:54.780 (46.119)
12:40.731 (45.951)	13:28.163 (47.432)	14:15.351 (47.188)	15:02.050 (46.699)
15:48.887 (46.837)	16:36.610 (47.723)	17:23.659 (47.049)	18:11.503 (47.844)
18:55.972 (44.469)			
10 Larson, Serenity	FR Hutchinson CC	19:01.09	
40.028 (40.028)	1:24.571 (44.543)	2:10.265 (45.694)	2:55.439 (45.174)
3:38.721 (43.282)	4:22.804 (44.083)	5:05.947 (43.143)	5:48.049 (42.102)
6:31.814 (43.765)	7:16.209 (44.395)	8:01.067 (44.858)	8:46.004 (44.937)
9:30.843 (44.839)	10:16.058 (45.215)	11:02.204 (46.146)	11:49.135 (46.931)
12:36.281 (47.146)	13:23.866 (47.585)	14:11.588 (47.722)	14:58.691 (47.103)
15:46.555 (47.864)	16:35.588 (49.033)	17:24.747 (49.159)	18:13.877 (49.130)
19:01.088 (47.211)			
11 Kinnett, Daisie	FR Vincennes	19:05.98	
41.088 (41.088)	1:25.051 (43.963)	2:10.382 (45.331)	2:55.642 (45.260)
3:40.019 (44.377)	4:24.920 (44.901)	5:10.059 (45.139)	5:55.702 (45.643)
6:41.788 (46.086)	7:28.159 (46.371)	8:14.397 (46.238)	9:00.977 (46.580)
9:47.116 (46.139)	10:33.052 (45.936)	11:19.733 (46.681)	12:06.559 (46.826)
12:52.870 (46.311)	13:39.515 (46.645)	14:26.325 (46.810)	15:13.417 (47.092)
16:00.544 (47.127)	16:47.654 (47.110)	17:34.697 (47.043)	18:21.175 (46.478)
19:05.973 (44.798)			
12 Dominguez, Denise	SO Dodge City CC	19:10.34	
40.886 (40.886)	1:25.857 (44.971)	2:11.682 (45.825)	2:57.437 (45.755)
3:42.594 (45.157)	4:27.615 (45.021)	5:12.998 (45.383)	5:58.562 (45.564)
6:44.271 (45.709)	7:29.822 (45.551)	8:15.813 (45.991)	9:01.230 (45.417)
9:46.926 (45.696)	10:33.542 (46.616)	11:20.211 (46.669)	12:06.486 (46.275)
12:53.899 (47.413)	13:41.273 (47.374)	14:29.495 (48.222)	15:17.603 (48.108)
16:04.752 (47.149)	16:53.318 (48.566)	17:40.076 (46.758)	18:26.336 (46.260)
19:10.335 (43.999)			

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023

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Results - Friday

....Event 17 Women 5000 Meter Run

13 Trujillo, Loryn	FR Trinidad State	19:29.63		
41.974 (41.974)	1:26.054 (44.080)	2:11.735 (45.681)	2:57.094 (45.359)	
3:42.267 (45.173)	4:27.266 (44.999)	5:12.824 (45.558)	5:58.733 (45.909)	
6:44.716 (45.983)	7:30.722 (46.006)	8:17.200 (46.478)	9:05.058 (47.858)	
9:53.506 (48.448)	10:42.071 (48.565)	11:30.361 (48.290)	12:19.707 (49.346)	
13:08.126 (48.419)	13:56.586 (48.460)	14:45.514 (48.928)	15:34.730 (49.216)	
16:23.666 (48.936)	17:11.601 (47.935)	17:59.925 (48.324)	18:47.178 (47.253)	
19:29.624 (42.446)				
14 Reyes, Yazmin	SO Cowley College	19:38.68		
41.706 (41.706)	1:25.901 (44.195)	2:11.523 (45.622)	2:56.701 (45.178)	
3:40.852 (44.151)	4:25.547 (44.695)	5:10.343 (44.796)	5:55.980 (45.637)	
6:41.995 (46.015)	7:27.655 (45.660)	8:13.730 (46.075)	9:00.028 (46.298)	
9:47.110 (47.082)	10:34.526 (47.416)	11:22.881 (48.355)	12:11.803 (48.922)	
13:00.383 (48.580)	13:49.868 (49.485)	14:40.520 (50.652)	15:30.138 (49.618)	
16:19.888 (49.750)	17:09.813 (49.925)	18:00.722 (50.909)	18:51.564 (50.842)	
19:38.677 (47.113)				
15 Ross, Jamaira	SO Pratt CC	19:55.98		
39.419 (39.419)	1:23.835 (44.416)	2:10.117 (46.282)	2:55.481 (45.364)	
3:39.819 (44.338)	4:24.235 (44.416)	5:09.751 (45.516)	5:55.352 (45.601)	
6:42.855 (47.503)	7:30.008 (47.153)	8:18.534 (48.526)	9:07.788 (49.254)	
9:57.195 (49.407)	10:46.790 (49.595)	11:36.997 (50.207)	12:27.192 (50.195)	
13:17.788 (50.596)	14:08.687 (50.899)	14:59.572 (50.885)	15:50.650 (51.078)	
16:40.900 (50.250)	17:31.290 (50.390)	18:22.047 (50.757)	19:10.929 (48.882)	
19:55.976 (45.047)				
16 Lines, Lucy	FR Mesa CC	19:57.44		
39.961 (39.961)	1:24.646 (44.685)	2:10.697 (46.051)	2:56.128 (45.431)	
3:41.348 (45.220)	4:27.655 (46.307)	5:13.480 (45.825)	6:00.414 (46.934)	
6:48.731 (48.317)	7:38.173 (49.442)	8:27.589 (49.416)	9:16.843 (49.254)	
10:06.526 (49.683)	10:56.109 (49.583)	11:45.816 (49.707)	12:35.826 (50.010)	
13:25.012 (49.186)	14:15.164 (50.152)	15:04.992 (49.828)	15:55.314 (50.322)	
16:46.446 (51.132)	17:37.011 (50.565)	18:26.542 (49.531)	19:14.239 (47.697)	
19:57.433 (43.194)				
-- Garcia-Gonzalez, Andrea	SO Cowley College	DNF		
41.344 (41.344)	1:25.381 (44.037)	2:11.027 (45.646)	2:55.806 (44.779)	
3:40.426 (44.620)	4:24.353 (43.927)	5:09.145 (44.792)	5:52.732 (43.587)	
6:36.739 (44.007)	7:22.078 (45.339)	8:06.395 (44.317)	8:51.848 (45.453)	
9:38.073 (46.225)	10:24.072 (45.999)	11:10.904 (46.832)	11:58.330 (47.426)	
12:47.095 (48.765)	13:36.985 (49.890)			
-- Case, Abigail	FR Southern Idaho	DNS		

Event 18 Men 5000 Meter Run

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Double Waterfall, 2 Turn Stagger
Indoor Nat.: N 13:51.59 2010 Stephen Sambu, Rend Lake
Indoor Meet: M 13:56.51 2020 Wesley Kiptoo, Colby CC
Facility: F 13:58.59 2022 Abraham Chelangam, Oklahoma City
Name Year School Finals H# Points
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2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023

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Results - Friday

....Event 18 Men 5000 Meter Run

1	Masondo, Sanele	SO Colby CC	14:14.91	2	10
	34.386 (34.386)	1:07.527 (33.141)	1:41.866 (34.339)	2:17.147 (35.281)	
	2:52.097 (34.950)	3:26.081 (33.984)	3:58.736 (32.655)	4:32.995 (34.259)	
	5:06.038 (33.043)	5:40.550 (34.512)	6:16.080 (35.530)	6:50.962 (34.882)	
	7:26.189 (35.227)	8:01.826 (35.637)	8:37.594 (35.768)	9:12.137 (34.543)	
	9:46.328 (34.191)	10:20.268 (33.940)	10:53.994 (33.726)	11:27.229 (33.235)	
	12:00.965 (33.736)	12:35.228 (34.263)	13:10.147 (34.919)	13:44.241 (34.094)	
	14:14.902 (30.661)				
2	Monyebodi, Kgadi	FR Colby CC	14:16.70	2	8
	35.334 (35.334)	1:08.512 (33.178)	1:42.786 (34.274)	2:17.916 (35.130)	
	2:52.879 (34.963)	3:27.033 (34.154)	4:00.371 (33.338)	4:34.104 (33.733)	
	5:07.805 (33.701)	5:41.710 (33.905)	6:17.218 (35.508)	6:52.201 (34.983)	
	7:27.223 (35.022)	8:01.800 (34.577)	8:37.336 (35.536)	9:11.932 (34.596)	
	9:46.132 (34.200)	10:20.041 (33.909)	10:53.771 (33.730)	11:27.026 (33.255)	
	12:00.758 (33.732)	12:35.007 (34.249)	13:09.990 (34.983)	13:44.401 (34.411)	
	14:16.699 (32.298)				
3	Vega, Tomas	FR New Mexico JC	14:24.41	2	6
	35.042 (35.042)	1:08.312 (33.270)	1:42.588 (34.276)	2:17.761 (35.173)	
	2:52.807 (35.046)	3:26.523 (33.716)	3:59.529 (33.006)	4:33.691 (34.162)	
	5:07.132 (33.441)	5:41.258 (34.126)	6:16.749 (35.491)	6:51.684 (34.935)	
	7:26.845 (35.161)	8:02.469 (35.624)	8:37.976 (35.507)	9:12.863 (34.887)	
	9:46.842 (33.979)	10:20.896 (34.054)	10:55.348 (34.452)	11:31.009 (35.661)	
	12:06.170 (35.161)	12:41.451 (35.281)	13:16.848 (35.397)	13:51.758 (34.910)	
	14:24.409 (32.651)				
4	Cobb, Zander	SO Iowa Central CC	14:25.73	2	5
	35.868 (35.868)	1:10.340 (34.472)	1:44.239 (33.899)	2:19.233 (34.994)	
	2:54.784 (35.551)	3:28.549 (33.765)	4:02.274 (33.725)	4:35.786 (33.512)	
	5:08.363 (32.577)	5:42.178 (33.815)	6:17.650 (35.472)	6:52.711 (35.061)	
	7:27.639 (34.928)	8:02.885 (35.246)	8:38.264 (35.379)	9:13.474 (35.210)	
	9:47.425 (33.951)	10:21.611 (34.186)	10:56.111 (34.500)	11:30.620 (34.509)	
	12:05.915 (35.295)	12:40.998 (35.083)	13:16.644 (35.646)	13:52.158 (35.514)	
	14:25.722 (33.564)				
5	Garcia, Yotuel	SO Mesa CC	14:25.82	2	4
	35.765 (35.765)	1:09.984 (34.219)	1:43.312 (33.328)	2:18.202 (34.890)	
	2:53.399 (35.197)	3:27.287 (33.888)	4:00.657 (33.370)	4:34.335 (33.678)	
	5:08.089 (33.754)	5:41.953 (33.864)	6:17.447 (35.494)	6:52.419 (34.972)	
	7:27.398 (34.979)	8:02.592 (35.194)	8:38.369 (35.777)	9:13.737 (35.368)	
	9:47.590 (33.853)	10:21.986 (34.396)	10:56.896 (34.910)	11:32.317 (35.421)	
	12:08.783 (36.466)	12:45.267 (36.484)	13:21.155 (35.888)	13:54.563 (33.408)	
	14:25.820 (31.257)				
6	Vega, German	FR New Mexico JC	14:33.79	2	3
	35.363 (35.363)	1:08.721 (33.358)	1:43.026 (34.305)	2:18.026 (35.000)	
	2:53.122 (35.096)	3:26.673 (33.551)	3:59.557 (32.884)	4:33.490 (33.933)	
	5:06.775 (33.285)	5:41.057 (34.282)	6:16.555 (35.498)	6:51.453 (34.898)	
	7:26.630 (35.177)	8:02.297 (35.667)	8:37.728 (35.431)	9:12.647 (34.919)	
	9:47.086 (34.439)	10:21.385 (34.299)	10:56.608 (35.223)	11:32.905 (36.297)	
	12:09.525 (36.620)	12:46.190 (36.665)	13:22.330 (36.140)	13:59.096 (36.766)	
	14:33.786 (34.690)				
7	Gardner, Joel	SO Pima CC	14:36.50	1	2
	33.023 (33.023)	1:07.402 (34.379)	1:42.499 (35.097)	2:17.252 (34.753)	
	2:52.118 (34.866)	3:28.181 (36.063)	4:04.227 (36.046)	4:40.040 (35.813)	
	5:15.655 (35.615)	5:51.147 (35.492)	6:26.677 (35.530)	7:02.466 (35.789)	
	7:38.613 (36.147)	8:14.713 (36.100)	8:50.679 (35.966)	9:26.187 (35.508)	
	10:02.443 (36.256)	10:38.546 (36.103)	11:14.451 (35.905)	11:50.041 (35.590)	
	12:25.551 (35.510)	13:00.987 (35.436)	13:35.639 (34.652)	14:07.639 (32.000)	
	14:36.492 (28.853)				

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Results - Friday

....Event 18 Men 5000 Meter Run

8	Thierry, Tom	SO Colby CC	14:37.65	2	1
	35.627 (35.627)	1:10.084 (34.457)	1:44.006 (33.922)	2:19.149 (35.143)	
	2:54.537 (35.388)	3:28.774 (34.237)	4:02.807 (34.033)	4:36.638 (33.831)	
	5:11.689 (35.051)	5:46.762 (35.073)	6:21.808 (35.046)	6:57.102 (35.294)	
	7:32.653 (35.551)	8:08.113 (35.460)	8:43.118 (35.005)	9:19.150 (36.032)	
	9:55.049 (35.899)	10:31.571 (36.522)	11:08.150 (36.579)	11:44.482 (36.332)	
	12:20.854 (36.372)	12:57.831 (36.977)	13:33.314 (35.483)	14:06.864 (33.550)	
	14:37.642 (30.778)				
9	Crow, Devan	SO Allen CC	14:42.52	1	
	35.273 (35.273)	1:11.154 (35.881)	1:47.707 (36.553)	2:23.452 (35.745)	
	2:57.212 (33.760)	3:32.121 (34.909)	4:07.372 (35.251)	4:42.711 (35.339)	
	5:17.791 (35.080)	5:52.804 (35.013)	6:28.019 (35.215)	7:03.815 (35.796)	
	7:39.339 (35.524)	8:14.573 (35.234)	8:49.847 (35.274)	9:25.578 (35.731)	
	10:01.304 (35.726)	10:37.595 (36.291)	11:13.924 (36.329)	11:50.265 (36.341)	
	12:25.777 (35.512)	13:01.266 (35.489)	13:35.980 (34.714)	14:09.791 (33.811)	
	14:42.512 (32.721)				
10	Gaspar, Jacinto	FR Iowa Western CC	14:45.81	2	
	35.023 (35.023)	1:08.127 (33.104)	1:42.368 (34.241)	2:17.620 (35.252)	
	2:52.626 (35.006)	3:26.808 (34.182)	4:00.141 (33.333)	4:33.919 (33.778)	
	5:07.594 (33.675)	5:41.495 (33.901)	6:17.049 (35.554)	6:51.979 (34.930)	
	7:27.066 (35.087)	8:02.627 (35.561)	8:38.029 (35.402)	9:13.227 (35.198)	
	9:47.909 (34.682)	10:22.650 (34.741)	10:59.397 (36.747)	11:37.585 (38.188)	
	12:16.810 (39.225)	12:56.549 (39.739)	13:34.772 (38.223)	14:11.822 (37.050)	
	14:45.810 (33.988)				
11	Misgina, Kidus	SO Cloud County	14:48.47	1	
	33.456 (33.456)	1:08.230 (34.774)	1:43.312 (35.082)	2:18.369 (35.057)	
	2:53.073 (34.704)	3:28.821 (35.748)	4:04.587 (35.766)	4:40.852 (36.265)	
	5:16.636 (35.784)	5:52.241 (35.605)	6:27.844 (35.603)	7:03.574 (35.730)	
	7:39.826 (36.252)	8:15.163 (35.337)	8:50.479 (35.316)	9:26.413 (35.934)	
	10:02.370 (35.957)	10:38.402 (36.032)	11:14.863 (36.461)	11:51.428 (36.565)	
	12:27.601 (36.173)	13:03.296 (35.695)	13:40.107 (36.811)	14:15.667 (35.560)	
	14:48.462 (32.795)				
12	Kipkemboi, Peter	FR NW Kansas	14:49.61	2	
	34.638 (34.638)	1:07.745 (33.107)	1:42.107 (34.362)	2:17.367 (35.260)	
	2:52.321 (34.954)	3:26.318 (33.997)	3:58.946 (32.628)	4:33.257 (34.311)	
	5:06.247 (32.990)	5:40.773 (34.526)	6:16.319 (35.546)	6:51.188 (34.869)	
	7:26.425 (35.237)	8:02.044 (35.619)	8:37.822 (35.778)	9:12.396 (34.574)	
	9:46.591 (34.195)	10:20.496 (33.905)	10:54.278 (33.782)	11:29.642 (35.364)	
	12:08.407 (38.765)	12:49.542 (41.135)	13:31.559 (42.017)	14:10.254 (38.695)	
	14:49.602 (39.348)				
13	Sacay, Will	FR Iowa Central CC	14:58.58	2	
	36.067 (36.067)	1:10.857 (34.790)	1:44.908 (34.051)	2:19.760 (34.852)	
	2:55.409 (35.649)	3:30.247 (34.838)	4:05.085 (34.838)	4:40.695 (35.610)	
	5:16.092 (35.397)	5:51.935 (35.843)	6:28.245 (36.310)	7:04.385 (36.140)	
	7:40.548 (36.163)	8:17.027 (36.479)	8:53.858 (36.831)	9:29.998 (36.140)	
	10:06.591 (36.593)	10:43.256 (36.665)	11:20.090 (36.834)	11:57.281 (37.191)	
	12:34.390 (37.109)	13:11.292 (36.902)	13:48.232 (36.940)	14:24.182 (35.950)	
	14:58.571 (34.389)				

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Results - Friday

....Event 18 Men 5000 Meter Run

14 Rodriguez, Talon	FR Salt Lake	15:05.28	2				
35.325 (35.325)	1:09.300 (33.975)	1:43.683 (34.383)	2:18.715 (35.032)				
2:54.017 (35.302)	3:27.786 (33.769)	4:02.103 (34.317)	4:36.503 (34.400)				
5:12.028 (35.525)	5:46.515 (34.487)	6:21.593 (35.078)	6:56.851 (35.258)				
7:32.425 (35.574)	8:07.880 (35.455)	8:43.236 (35.356)	9:19.886 (36.650)				
9:57.176 (37.290)	10:34.725 (37.549)	11:13.479 (38.754)	11:52.170 (38.691)				
12:31.404 (39.234)	13:10.788 (39.384)	13:50.208 (39.420)	14:28.103 (37.895)				
15:05.274 (37.171)							
15 McCraw, Keegan	FR Southern Idaho	15:09.55	2				
36.006 (36.006)	1:11.119 (35.113)	1:45.243 (34.124)	2:20.125 (34.882)				
2:55.786 (35.661)	3:30.871 (35.085)	4:05.467 (34.596)	4:40.980 (35.513)				
5:16.920 (35.940)	5:53.177 (36.257)	6:29.901 (36.724)	7:07.217 (37.316)				
7:45.192 (37.975)	8:22.975 (37.783)	9:01.284 (38.309)	9:39.648 (38.364)				
10:15.884 (36.236)	10:51.715 (35.831)	11:27.569 (35.854)	12:03.195 (35.626)				
12:40.613 (37.418)	13:18.481 (37.868)	13:56.618 (38.137)	14:34.082 (37.464)				
15:09.541 (35.459)							
16 Beaver, D'Artagnon	SO Hawkeye CC	15:13.47	1				
35.538 (35.538)	1:11.325 (35.787)	1:47.838 (36.513)	2:23.682 (35.844)				
2:58.258 (34.576)	3:34.102 (35.844)	4:10.328 (36.226)	4:47.526 (37.198)				
5:24.298 (36.772)	6:00.875 (36.577)	6:37.208 (36.333)	7:13.301 (36.093)				
7:49.844 (36.543)	8:26.329 (36.485)	9:03.404 (37.075)	9:40.936 (37.532)				
10:18.598 (37.662)	10:56.218 (37.620)	11:34.456 (38.238)	12:12.216 (37.760)				
12:50.228 (38.012)	13:28.778 (38.550)	14:06.743 (37.965)	14:42.724 (35.981)				
15:13.468 (30.744)							
17 Hogan, Brady	SO Iowa Central CC	15:16.62	1				
35.126 (35.126)	1:11.037 (35.911)	1:47.609 (36.572)	2:23.933 (36.324)				
2:58.476 (34.543)	3:34.366 (35.890)	4:10.568 (36.202)	4:47.572 (37.004)				
5:24.226 (36.654)	6:00.610 (36.384)	6:36.865 (36.255)	7:12.989 (36.124)				
7:49.607 (36.618)	8:25.746 (36.139)	9:02.272 (36.526)	9:39.203 (36.931)				
10:16.350 (37.147)	10:53.941 (37.591)	11:32.233 (38.292)	12:10.873 (38.640)				
12:49.493 (38.620)	13:27.970 (38.477)	14:05.396 (37.426)	14:41.709 (36.313)				
15:16.620 (34.911)							
18 Moloisi, Kgaogelo	FR Monroe College	15:31.34	2				
35.685 (35.685)	1:09.815 (34.130)	1:43.807 (33.992)	2:18.912 (35.105)				
2:54.287 (35.375)	3:28.327 (34.040)	4:02.493 (34.166)	4:36.930 (34.437)				
5:12.167 (35.237)	5:48.146 (35.979)	6:24.864 (36.718)	7:02.221 (37.357)				
7:39.497 (37.276)	8:16.820 (37.323)	8:54.247 (37.427)	9:31.575 (37.328)				
10:09.893 (38.318)	10:48.318 (38.425)	11:27.459 (39.141)	12:06.409 (38.950)				
12:46.358 (39.949)	13:26.735 (40.377)	14:07.648 (40.913)	14:49.371 (41.723)				
15:31.340 (41.969)							
19 Nunez, Santiago	SO Cowley College	15:31.99	1				
35.624 (35.624)	1:11.584 (35.960)	1:48.079 (36.495)	2:24.045 (35.966)				
2:58.729 (34.684)	3:34.598 (35.869)	4:10.828 (36.230)	4:47.668 (36.840)				
5:24.527 (36.859)	6:00.900 (36.373)	6:36.561 (35.661)	7:12.685 (36.124)				
7:49.212 (36.527)	8:25.350 (36.138)	9:01.911 (36.561)	9:38.560 (36.649)				
10:15.644 (37.084)	10:53.638 (37.994)	11:32.576 (38.938)	12:11.216 (38.640)				
12:49.860 (38.644)	13:28.614 (38.754)	14:08.696 (40.082)	14:50.327 (41.631)				
15:31.981 (41.654)							

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Results - Friday

....Event 18 Men 5000 Meter Run

20 Garcia, Javier	FR Mesa CC	15:41.99	1
35.485 (35.485)	1:11.411 (35.926)	1:47.945 (36.534)	2:24.299 (36.354)
2:59.567 (35.268)	3:34.962 (35.395)	4:10.713 (35.751)	4:47.374 (36.661)
5:24.038 (36.664)	6:00.780 (36.742)	6:37.421 (36.641)	7:14.024 (36.603)
7:51.076 (37.052)	8:28.871 (37.795)	9:06.789 (37.918)	9:45.686 (38.897)
10:25.233 (39.547)	11:04.569 (39.336)	11:44.129 (39.560)	12:23.656 (39.527)
13:03.502 (39.846)	13:42.988 (39.486)	14:23.234 (40.246)	15:03.527 (40.293)
15:41.986 (38.459)			
21 Baca, Jarred	SO Trinidad State	15:51.49	2
36.265 (36.265)	1:10.599 (34.334)	1:44.634 (34.035)	2:19.551 (34.917)
2:55.194 (35.643)	3:30.029 (34.835)	4:04.783 (34.754)	4:40.489 (35.706)
5:17.112 (36.623)	5:54.040 (36.928)	6:32.197 (38.157)	7:10.645 (38.448)
7:49.464 (38.819)	8:28.561 (39.097)	9:07.829 (39.268)	9:47.490 (39.661)
10:27.281 (39.791)	11:07.757 (40.476)	11:48.498 (40.741)	12:29.710 (41.212)
13:11.655 (41.945)	13:52.717 (41.062)	14:33.236 (40.519)	15:13.467 (40.231)
15:51.490 (38.023)			
22 Caballero, Yael	FR Mesa CC	15:51.53	1
35.918 (35.918)	1:11.713 (35.795)	1:48.502 (36.789)	2:24.808 (36.306)
3:02.006 (37.198)	3:39.562 (37.556)	4:17.207 (37.645)	4:55.011 (37.804)
5:32.444 (37.433)	6:09.920 (37.476)	6:48.281 (38.361)	7:26.206 (37.925)
8:05.092 (38.886)	8:44.246 (39.154)	9:23.173 (38.927)	10:01.266 (38.093)
10:40.115 (38.849)	11:19.499 (39.384)	11:59.303 (39.804)	12:38.549 (39.246)
13:17.422 (38.873)	13:56.683 (39.261)	14:35.676 (38.993)	15:14.528 (38.852)
15:51.525 (36.997)			
23 Watkins, Mason	SO Meridian CC	16:12.08	1
33.217 (33.217)	1:07.707 (34.490)	1:42.820 (35.113)	2:17.658 (34.838)
2:52.339 (34.681)	3:28.477 (36.138)	4:04.602 (36.125)	4:40.379 (35.777)
5:16.147 (35.768)	5:51.806 (35.659)	6:28.264 (36.458)	7:04.876 (36.612)
7:43.028 (38.152)	8:22.236 (39.208)	9:02.602 (40.366)	9:44.841 (42.239)
10:29.206 (44.365)	11:13.502 (44.296)	11:56.304 (42.802)	12:38.901 (42.597)
13:22.901 (44.000)	14:06.095 (43.194)	14:47.247 (41.152)	15:30.773 (43.526)
16:12.079 (41.306)			

Event 19 Women 60 Meter Hurdles

Top 8 Times to Final

Indoor Nat.: N	8.15	2008	Natasha Ruddock, Essex County
Indoor Meet: M	8.15	2008	Natasha Ruddock, Essex County
Facility: F	8.01	2022	Christina Clemons, Adidas

Name	Year	School	Prelims	H#
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Preliminaries

1 Thompson, Miracle	SO Cloud County	8.27q	3
2 Nembhard, Danae	SO Barton County	8.37q	2
3 Brewster, Adeyah	SO Iowa Central CC	8.39q	1
4 Awusa, Ese	SO New Mexico JC	8.55q	1
5 Dixon, JodyAnn	SO Hinds CC	8.63q	2
6 Savage, Ashyiria	SO South Plains	8.68q	2
7 Sealy, Antonia	SO Iowa Western CC	8.73q	3 8.722
8 Simmons, Arryona	FR Meridian CC	8.73q	1 8.730
9 Clarke, Kay-Lagay	FR Barton County	8.75	3
10 Campbell, Joda	FR Butler CC	8.77	1
11 Barmore, Leila	FR Glendale CC	8.86	1
12 Husband, Kalli	FR Hinds CC	8.97	3
13 James, Kaylee	FR Hutchinson CC	9.00	2

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....Event 19 Women 60 Meter Hurdles

14	Strong, Mikelia	FR	Central Arizona	9.09	2
15	Clarke, Breanna	FR	South Plains	9.11	3 9.104
16	Lemish, Katherine	SO	Mesa CC	9.11	3 9.106
17	Jackson, Jade	SO	Iowa Central CC	9.57	2
18	Martinez, Lilyanna	FR	Mesa CC	9.63	1
19	Olivares, Vionce	FR	Butler CC	9.74	3
20	Backhaus, Tara	FR	North Iowa CC	10.16	1
--	Couto, Ana	FR	Barton County	FS	2

Event 20 Men 60 Meter Hurdles

Top 8 Times to Final

Indoor Nat.:	N	7.60	2006	Kedriecq Gibbons, Hinds CC
Indoor Meet:	M	7.60	2006	Kedriecq Gibbons, Hinds CC
Facility:	F	7.66	2023	Cordell Tinch, Pittsburg State

Name	Year	School	Prelims	H#
1	Guy, Justin	SO South Plains	7.93q	1
2	Bernard, Kylan	FR Meridian CC	7.94q	3
3	Simmonds, Sharvis	FR Central Arizona	8.00q	2
4	Carr, Schavon	SO Bryant Stratt-VA	8.01q	1 8.005
5	Saunders, Che	SO New Mexico JC	8.01q	3 8.008
6	Martin, Jeramiah	FR Barton County	8.05q	4
7	Nyatusah, Joel	SO Iowa Central CC	8.07q	3
8	Granville, Jahvel	FR New Mexico JC	8.09q	2 8.087
9	Andres-Dougan, Diego	SO Cowley College	8.09	2 8.089
10	Johnson, Kamar	SO New Mexico JC	8.15	3
11	Pinnock, Devoy	SO Barton County	8.16	3 8.153
12	Lamb, Dishoun	FR South Plains	8.20	4
13	Harris, Lanard	FR Coffeyville	8.21	4
14	Christian, Rahyme	SO Iowa Western CC	8.26	2
15	Fears, Miles	SO Mesa CC	8.31	4
16	Holt, Alexander	SO Hutchinson CC	8.33	4
17	Wilson, Daqwon	SO Barton County	8.41	1 8.401
18	Witt, Nakoah	SO Coffeyville	8.41	3 8.406
19	Holloway, Darrien	SO Hutchinson CC	8.45	2
20	Jarmon, Donyea	SO Fort Scott CC	8.47	4
21	Lewis, Damien	SO Indian Hills CC	8.54	2
22	McFerrin, C.J.	SO Indian Hills CC	8.57	1
23	McNeill Jr, Terry	SO Iowa Central CC	8.58	1 8.571
24	Hemmings, Perez	SO North Iowa CC	8.58	2 8.576
25	Randell, Jockque	SO Garden City CC	8.89	1
--	Carter, Kamijah	SO Iowa Central CC	DQ	1 7.6.2A Hooked Hurdle

Event 25 Women Distance Medley

Double Waterfall, 2 Turn Stagger

Indoor Nat.:	N	11:46.20	1992	Barton County
Indoor Meet:	M	11:46.20	1992	Barton County
Facility:	F	11:41.84	2022	Tulsa

School	Finals	H#	Points
1 South Plains 'A'	12:12.11	2	10

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Results - Friday

....Event 25 Women Distance Medley

1) Dwyer, Rushana FR	2) Scott, Corlasia SO				
3) Jones, Jeniel SO	4) Guerrero, Lilliana FR				
3:44.080 (3:44.080)	4:41.886 (57.806)	7:01.553 (2:19.667)	12:12.101 (5:10.548)		
2 Mesa CC 'A'		12:12.32	2	8	
1) Brockman, Kate SO	2) Ondobo, Diane FR				
3) Jacobs, Taylor FR	4) Harmon, Anna SO				
3:44.570 (3:44.570)	4:42.849 (58.279)	7:00.915 (2:18.066)	12:12.318 (5:11.403)		
3 Monroe College 'A'		12:35.98	2	6	
1) Johnson, Kayla FR	2) Smith, Kahliyah FR				
3) Tyrell, Shaquka FR	4) Mbhamali, Zothile Jesica FR				
3:49.651 (3:49.651)	4:48.258 (58.607)	7:09.077 (2:20.819)	12:35.973 (5:26.896)		
4 New Mexico JC 'A'		12:38.99	2	5	
1) Gallegos, Vanessa FR	2) Martin, Jada SO				
3) Magassa, Minankolo SO	4) Kimalel, Joan SO				
3:51.526 (3:51.526)	4:50.068 (58.542)	7:15.443 (2:25.375)	12:38.982 (5:23.539)		
5 Fort Scott CC 'A'		12:52.97	2	4	
1) Osakwe, Chrystal FR	2) Birdine, Nakaila SO				
3) Heron, Aliyah FR	4) Badawi, Ann FR				
3:56.452 (3:56.452)	4:55.148 (58.696)	7:24.879 (2:29.731)	12:52.967 (5:28.088)		
6 Southeastern CC 'A'		13:00.33	2	3	
1) Simpson, Allie SO	2) Mackey, Carissa FR				
3) Yaley, Cassidy FR	4) Ramone, Aisha FR				
4:01.017 (4:01.017)	5:05.088 (1:04.071)	7:45.830 (2:40.742)	13:00.322 (5:14.492)		
7 Butler CC 'A'		13:03.41	1	2	
1) Boden, Mallory FR	2) Mpama, Star FR				
3) Gordon, Gabriella FR	4) Bird, Khloi FR				
4:09.018 (4:09.018)	5:06.216 (57.198)	7:39.282 (2:33.066)	13:03.402 (5:24.120)		
8 Hutchinson CC 'A'		13:03.56	2	1	
1) Lambert, Gracie FR	2) Romney, Keneah SO				
3) Van Zelfden, Ellie FR	4) Hoskinson, Taylor FR				
3:58.350 (3:58.350)	4:58.303 (59.953)	7:27.205 (2:28.902)	13:03.552 (5:36.347)		
9 Neosho County 'A'		13:16.25	1		
1) Pena, Delsinay SO	2) Sears, Landrea FR				
3) Korir, Daisy SO	4) Salil, Naomi FR				
4:05.315 (4:05.315)	5:08.160 (1:02.845)	7:39.206 (2:31.046)	13:16.247 (5:37.041)		
10 Hawkeye CC 'A'		13:54.23	1		
1) Breakenridge, Jules FR	2) Gallentine, Jordan SO				
3) Martin, Sydnie FR	4) Tieskotter, Maddie FR				
4:06.157 (4:06.157)	5:05.687 (59.530)	7:39.082 (2:33.395)	13:54.225 (6:15.143)		
11 Garden City CC 'A'		14:18.91	1		
1) Chapa, Sara FR	2) Canini, Chiara FR				
3) Serrano, Andrea SO	4) Thorp, Taylor SO				
4:10.854 (4:10.854)	5:13.672 (1:02.818)	8:01.259 (2:47.587)	14:18.906 (6:17.647)		
-- Iowa Central CC 'A'		DNS	2		
1) McCreedy, Taylor SO	2) Thichiot, Nyadhol SO				
3) Brown, Britney SO	4) Garcia Grafing, Chloe SO				

Event 26 Men Distance Medley

Double Waterfall, 2 Turn Stagger

Indoor Nat.: N 9:47.17 1993 Barton County

Indoor Meet: M 9:47.17 1993 Barton County

Facility: F 9:52.30 2022 Tulsa

School

Finals H# Points

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....Event 26 Men Distance Medley

1	South Plains 'A'				9:47.28F	2	10		
	1) Tanui, Aron SO			2) Francisco, Christian SO					
	3) Hall, Chevonne SO			4) Celik, Mehmet FR					
	2:59.516 (2:59.516)	3:48.876	(49.360)	5:40.003	(1:51.127)	9:47.275	(4:07.272)		
2	Fort Scott CC 'A'				9:50.56F	2	8		
	1) Navarro, Samuel SO			2) Major, Logan FR					
	3) Asmerom, Jotham SO			4) Mulugeta, Eldad FR					
	3:00.077 (3:00.077)	3:48.119	(48.042)	5:43.636	(1:55.517)	9:50.552	(4:06.916)		
3	Monroe College 'A'				9:51.96F	2	6		
	1) Moloisi, Kgaogelo FR			2) Dotson, Jaheim SO					
	3) Mcabelo, Prince SO			4) Belmahdi, Karim SO					
	3:02.352 (3:02.352)	3:51.183	(48.831)	5:43.919	(1:52.736)	9:51.960	(4:08.041)		
4	Paradise Valley 'A'				9:58.69	2	5		
	1) Pestka, Nathan FR			2) Reyes, Erick FR					
	3) Vittone, Pierce SO			4) Olivas, Gilbert SO					
	3:07.370 (3:07.370)	3:57.236	(49.866)	5:49.876	(1:52.640)	9:58.686	(4:08.810)		
5	Iowa Western CC 'A'				9:58.93	2	4		
	1) Bett, Melynson FR			2) Northover, Romario SO					
	3) Hines, Steve SO			4) Kowa, Mohammed FR					
	3:07.406 (3:07.406)	3:55.966	(48.560)	5:49.523	(1:53.557)	9:58.929	(4:09.406)		
6	Vincennes 'A'				10:01.17	2	3		
	1) Stanford, Isaac FR			2) Jordan, Desroy FR					
	3) Faulkner, Trenton SO			4) Keitany, Mathew SO					
	3:01.499 (3:01.499)	3:48.774	(47.275)	5:46.143	(1:57.369)	10:01.166	(4:15.023)		
7	Butler CC 'A'				10:02.35	2	2		
	1) Leck, Andrew SO			2) Feldenkirchen, Bennett FR					
	3) Trotter, Zach SO			4) Bourahli, Wail SO					
	3:03.778 (3:03.778)	3:53.327	(49.549)	5:48.345	(1:55.018)	10:02.341	(4:13.996)		
8	Cloud County 'A'				10:16.14	1	1		
	1) Patton, Raziel SO			2) Tansi, Shadrick SO					
	3) Reid, Quwayne SO			4) Mokgothu, Siyabonga FR					
	3:10.754 (3:10.754)	3:59.619	(48.865)	5:55.787	(1:56.168)	10:16.134	(4:20.347)		
9	Iowa Central CC 'A'				10:16.16	1			
	1) Bergren, Baylor FR			2) Sobura-Durma, Jakob FR					
	3) Prince, Trevon FR			4) Devany, Ayenew SO					
	3:08.749 (3:08.749)	3:59.235	(50.486)	5:55.004	(1:55.769)	10:16.159	(4:21.155)		
10	Mesa CC 'A'				10:26.00	2			
	1) Green, Samuel FR			2) Anderson, Joshua SO					
	3) Gelder, Hayden SO			4) Green, Ernest FR					
	3:07.694 (3:07.694)	3:56.976	(49.282)	5:53.473	(1:56.497)	10:25.995	(4:32.522)		
11	Trinidad State 'A'				10:35.08	1			
	1) Kipchirchir, Vincent FR			2) Allende, Allen FR					
	3) Hubbard, Scott FR			4) Longei, Reagan FR					
	3:13.334 (3:13.334)	4:04.822	(51.488)	6:01.067	(1:56.245)	10:35.072	(4:34.005)		
12	Salt Lake 'A'				10:37.03	1			
	1) Dana, Logan FR			2) Derrick, Clay FR					
	3) Romero, Alejandro FR			4) Fitiao, Cuauhtemoc FR					
	3:16.534 (3:16.534)	4:10.624	(54.090)	6:10.943	(2:00.319)	10:37.023	(4:26.080)		
13	New Mexico JC 'A'				10:45.51	1			
	1) Pauvert, Marc SO			2) Colbert, Elijah SO					
	3) Hernandez, David SO			4) Korir, Chris SO					
	3:22.912 (3:22.912)	4:13.702	(50.790)	6:18.404	(2:04.702)	10:45.504	(4:27.100)		
14	Ranger 'A'				10:52.50	1			
	1) Garza, Seth FR			2) Martinez, Alan FR					
	3) Armstrong, Daniel FR			4) Campos, Giovanni FR					
	3:20.600 (3:20.600)	4:11.118	(50.518)	6:07.314	(1:56.196)	10:52.494	(4:45.180)		

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....Event 26 Men Distance Medley

15 Neosho County 'A'						11:10.02	1
1) Stutzman, Hayden FR		2) Faye, Wyatt FR					
3) Reed, Taylor FR		4) Ruiz, Andrew SO					
3:19.319 (3:19.319)	4:10.909 (51.590)	6:17.478 (2:06.569)	11:10.019 (4:52.541)				
16 Garden City CC 'A'						11:17.14	1
1) Veloz, Matthew SO		2) Harris, Johnny FR					
3) James, Etienne SO		4) Penka, Zaccerie SO					
3:23.643 (3:23.643)	4:14.673 (51.030)	6:21.558 (2:06.885)	11:17.138 (4:55.580)				

Event 28 Men High Jump

=====									
1.94, 1.99, 2.04, 2.09, 2.12, 2.15, 2.18, 2.21, 2.24, 2.27									
Indoor Nat.: N 2.26m	White/Chadenga, IA Central/South Plains								
Indoor Meet: M 2.26m 2012	James White, Iowa Central								
Facility: F 2.15m	Sorensen/Millsagle, UNK/Graceland								
Name	Year	School	Finals	Points					
=====									
1 Chadenga, Kudakwashe	SO	South Plains	2.23mF	7-03.75	10				
1.94 1.99 2.04 2.09 2.12 2.15 2.18 2.23 2.27 2.27									
PPP PPP PPP O O O O O XXX XXX									
2 Harrison, Jaivon	SO	Bryant Stratt-WI	2.15mF	7-00.50	8				
1.94 1.99 2.04 2.09 2.12 2.15 2.18									
PPP O XO O XXO XO XXX									
3 Rowden, Paul	FR	Iowa Western CC	2.09m	6-10.25	6				
1.94 1.99 2.04 2.09 2.12 2.15									
O XO XXO XO XXP X									
4 Smith, Roman	SO	Iowa Western CC	2.04m	6-08.25	5				
1.94 1.99 2.04 2.09									
XO XXO O XXX									
5 Missick, Tyler	SO	Iowa Western CC	J2.04m	6-08.25	4				
1.94 1.99 2.04 2.09									
O O XXO XXX									
6 McGee, Jalen	SO	Barton County	1.99m	6-06.25	2.50				
1.94 1.99 2.04									
O O XXX									
6 Steene, Fabian	FR	North Iowa CC	1.99m	6-06.25	2.50				
1.94 1.99 2.04									
O O XXX									
8 Tintinger, Treydarius	FR	Pima CC	J1.99m	6-06.25	1				
1.94 1.99 2.04									
XO XO XXX									
9 Colglazier, Braden	FR	Pratt CC	J1.99m	6-06.25					
1.94 1.99 2.04									
O XXO XXX									
9 Mosnier, Billy	FR	South Plains	J1.99m	6-06.25					
1.94 1.99 2.04									
O XXO XXX									
11 Bergkamp, Brayden	FR	Dodge City CC	1.94m	6-04.25					
1.94 1.99									
XO XXX									
12 Holt, Alexander	SO	Hutchinson CC	J1.94m	6-04.25					
1.94 1.99									
XXO XXX									

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....Event 28 Men High Jump

-- White, Trayjuan	SO Allen CC	NH
1.94		
XXX		
-- Benedict, Matthew	FR Hawkeye CC	NH
1.94		
XXX		
-- Scott, Aries	SO Iowa Central CC	NH
1.94		
XXX		
-- Overby, Nate	FR Bismarck St	NH
1.94		
XXX		
-- Beck, My'Kell	SO Hinds CC	DNS
1.94		
DNS		

Event 29 Women Pole Vault

=====										
2.85, 3.00, 3.15, 3.30, 3.40, 3.50, 3.60, 3.70, 3.80										
Indoor Nat.: N 4.30m 2011 Natalya Bartnovskaya, Vincennes University										
Indoor Meet: M 4.30m 2011 Natalya Bartnovskaya, Vincennes University										
Facility: F 4.34m 2022 Gennifer Hirata, South Dakota										
Name	Year	School	Finals		Points		=====			
1 Do Amaral Salvi, Julia	FR	Vincennes	3.80m	12-05.50	10					
2.85 3.00 3.15 3.30 3.40 3.50 3.60 3.70 3.80 3.90										
PPP PPP PPP XO O O XXO XO XO XXX										
2 Cortez, Arantxa	SO	Cowley College	3.70m	12-01.50	8					
2.85 3.00 3.15 3.30 3.40 3.50 3.60 3.70 3.80										
PPP PPP PPP PPP O O XO XO XXX										
3 Dos Santos Vieira, Ysnai	FR	Vincennes	3.50m	11-05.75	6					
2.85 3.00 3.15 3.30 3.40 3.50 3.60										
PPP PPP PPP O O O XXX										
4 Manley, Mia	SO	Cloud County	3.30m	10-10.00	5					
2.85 3.00 3.15 3.30 3.40										
PPP PPP XO O XXX										
5 Sakaguchi, Jasmine	FR	Cloud County	3.15m	10-04.00	4					
2.85 3.00 3.15 3.30										
PPP PPP O XXX										
6 Makara, Abby	FR	Cuyahoga CC	2.85m	9-04.25	3					
2.85 3.00										
O XXX										
7 Pocase, Candice	SO	Pima CC	J2.85m	9-04.25	2					
2.85 3.00										
XO XXX										
8 Santos, Carla	FR	Cowley College	J2.85m	9-04.25	0.50					
2.85 3.00										
XXO XXX										
8 Price, Aaliyah	SO	Glendale CC	J2.85m	9-04.25	0.50					
2.85 3.00										
XXO XXX										
-- Ortman, Kayla	FR	Butler CC			NH					
2.85										
XXX										

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....Event 29 Women Pole Vault

-- Ek, Mikaila FR Hagerstown CC NH
 2.85 3.00
 PPP XXX

-- Brooke, Peterson FR Pima CC NH
 2.85 3.00 3.15
 PPP PPP XXX

Event 30 Men Pole Vault

=====

4.13, 4.28, 4.43, 4.58, 4.68, 4.78, 4.88, 4.98
 Indoor Nat.: N 5.55m 2000 Dason Phelps, Paradise Valley
 Indoor Meet: M 5.40m 2021 Matteo Capello, Vincennes
 Facility: F 5.65m 2022 Zach Bradford, Kansas

Name	Year	School	Finals	Points
1 Smith, Dalton	SO	New Mexico JC	4.78m	15-08.25 10
4.13 4.28 4.43 4.58 4.68 4.78 4.88				
PPP PPP PPP PPP O O XXX				
2 Okraska, Ben	SO	Cloud County	4.68m	15-04.25 8
4.13 4.28 4.43 4.58 4.68 4.78				
PPP PPP O XO O XXX				
3 Fortenberry, Aaron	SO	Hinds CC	4.58m	15-00.25 6
4.13 4.28 4.43 4.58 4.68				
PPP PPP PPP XO XXX				
4 Abell, Cameron	SO	Sauk Valley CC	4.43m	14-06.25 5
4.13 4.28 4.43 4.58				
PPP PPP XO XXX				
5 Nazim, Kareem	FR	Hinds CC	J4.43m	14-06.25 4
4.13 4.28 4.43 4.58				
PPP XO XXO XXX				
6 Faulkner, Luke	SO	Cowley College	4.28m	14-00.50 3
4.13 4.28 4.43				
O XO XXX				
7 Hunter, Riley	FR	Cowley College	4.13m	13-06.50 1
4.13 4.28				
O XXX				
7 Anderson, Gavin	FR	Muskegon CC	4.13m	13-06.50 1
4.13 4.28				
O XXX				
7 Sauder, Jack	FR	DuPage	4.13m	13-06.50 1
4.13 4.28				
O XXX				
-- Kozjakovs, Olegs	FR	Vincennes	NH	
4.13 4.28				
PPP XXX				
-- Segovia, Django	FR	South Plains	NH	
4.13 4.28 4.43				
PPP PPP XXX				
-- Shaw, Brayden	FR	NW Kansas	NH	
4.13				
XXX				
-- Shurland, Andwele	SO	Highland CC	NH	
4.13				
XXX				

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....Event 30 Men Pole Vault

-- Hein, Nathaniel	FR Hutchinson CC	NH
4.13		
XXX		
-- Erbele, Cameron	FR Bismarck St	NH
4.13		
XXX		
-- Post, Emitt	SO Mesa CC	NH
4.13		
XXX		
-- Palmer, Bryant	SO Mesa CC	NH
4.13 4.28 4.43		
PPP PPP XXX		

Event 31 Women Long Jump

Top 9 to Finals

Indoor Nat.: N 6.57m 1995 Lacena Golding, San Jacinto-Central

Indoor Meet: M 6.57m 1995 Lacena Golding, San Jacinto-Central

Facility: F 6.17m 2022 Hannah Meek, UC Colorado Springs

Name	Year	School	Finals	H#	Points
1 Ailes, Miracle	SO	Iowa Western CC	6.42mF 21-00.75	2	10
6.42m	PASS	PASS PASS			
2 Lindsay, Aaliyah	SO	New Mexico JC	6.12m 20-01.00	2	8
FOUL 6.12m	FOUL	PASS 5.93m			
3 Ingram, Brittania	SO	Barton County	5.76m 18-10.75	2	6
5.53m	FOUL	5.76m 5.37m 5.41m 3.17m			
4 Green, Icey	FR	Fort Scott CC	5.74m 18-10.00	1	5
5.17m 5.32m 5.44m	5.74m	5.16m 5.40m			
5 Dames, Damazvia	SO	Fort Scott CC	5.73m 18-09.75	2	4
5.49m 5.73m	PASS	PASS 4.61m FOUL			
6 Trice, Jacklyn	SO	Pima CC	5.71m 18-09.00	2	3
5.67m 5.71m	FOUL	5.50m FOUL 5.66m			
7 Clarke, Kay-Lagay	FR	Barton County	5.68m 18-07.75	2	2
FOUL 5.63m	5.68m	FOUL 5.51m FOUL			
8 Thichiot, Nyadhol	SO	Iowa Central CC	5.52m 18-01.50	1	1
FOUL FOUL	5.46m	FOUL FOUL 5.52m			
9 Chambers, Paula Ann	FR	South Plains	5.43m 17-09.75	1	
4.71m 5.43m 5.38m	5.14m	5.37m 5.24m			
10 Bautista, Genesis	FR	Cowley College	5.37m 17-07.50	1	
5.00m 5.09m 5.37m					
11 Simmons, Brooklyn	SO	Richard Bland	5.29m 17-04.25	1	
5.13m	FOUL	5.29m			
12 williamson, jazmine	FR	Barton County	5.23m 17-02.00	2	
4.63m 5.23m 4.86m					
13 Williams, Kerrishma	FR	Garden City CC	5.20m 17-00.75	1	
FOUL 4.94m	5.20m				
14 Brewster, Adeyah	SO	Iowa Central CC	4.88m 16-00.25	1	
FOUL 4.83m	4.88m				
-- Sealy, Antonia	SO	Iowa Western CC	FOUL	2	
FOUL FOUL FOUL					
-- Gerstner, Emma	FR	Mineral Area	DNS	1	
-- Johnson, Haniyyah	FR	Richard Bland	DNS	2	

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Event 32 Men Long Jump

Top 9 to Finals

Indoor Nat.: N 8.14m 1995

James Beckford, Blinn

Indoor Meet: M 8.14m 1995

James Beckford, Blinn College

Facility: F 7.94m 2023

Cordell Tinch, Pittsburg State

Name	Year	School	Finals	H#	Points
1 Daniel, Kelsey	SO	New Mexico JC	7.81m 25-07.50	2	10
7.28m 7.42m FOUL 7.81m FOUL FOUL					
2 Kuleshov, Roman	SO	Iowa Central CC	7.71m 25-03.50	2	8
7.44m 7.44m 7.61m FOUL 7.71m FOUL					
3 Walters, Waukeem	FR	Iowa Central CC	7.59m 24-11.00	2	6
FOUL FOUL 7.20m 7.59m 7.34m 7.42m					
4 Covil, Montrell	FR	Bryant Stratt-VA	7.44m 24-05.00	1	5
6.91m 6.97m 7.32m 6.69m 7.44m 7.13m					
5 Teneus-Claude, Elisha	SO	South Plains	7.40m 24-03.50	2	4
FOUL 7.10m 7.40m 7.12m FOUL 7.36m					
6 Browne, Dimetre	SO	Hutchinson CC	7.36m 24-01.75	2	3
7.02m FOUL 7.31m 7.24m 7.36m 7.22m					
7 Johnson, Troy	FR	Indian Hills CC	7.33m 24-00.75	2	2
FOUL 7.33m 7.33m FOUL 7.20m 7.21m					
8 Woods, Anthony	SO	Coffeyville	7.31m 23-11.75	2	1
FOUL 7.31m FOUL 6.93m FOUL 7.07m					
9 Ward, De'Aundre	SO	Hinds CC	7.16m 23-06.00	1	
FOUL FOUL 7.16m FOUL FOUL 7.03m					
10 Martin, Jaylyn	SO	Mesa CC	7.10m 23-03.50	1	
7.10m 7.03m FOUL					
11 Manning, Caleb	SO	Hutchinson CC	7.06m 23-02.00	1	
6.94m 7.06m 7.00m					
12 Sangwa, Grace	SO	Glendale CC	7.05m 23-01.75	1	
7.00m 7.05m FOUL					
13 Jue, Jett	FR	Pima CC	7.04m 23-01.25	2	
7.04m FOUL 6.97m					
14 Reed, Jeremiah	FR	Mesa CC	7.03m 23-00.75	2	
6.81m 7.03m 6.72m					
15 McGee, Jalen	SO	Barton County	6.99m 22-11.25	2	
FOUL 6.99m 5.70m					
16 Greene, Devin	SO	Glendale CC	6.98m 22-11.00	1	
FOUL 6.62m 6.98m					
17 Sharma, Ritish	SO	Bryant Stratt-WI	6.96m 22-10.00	1	
FOUL 6.70m 6.96m					
18 Kopongo, Prosper	FR	Iowa Western CC	6.95m 22-09.75	1	
6.22m 6.61m 6.95m					
19 Mdlela, Oageng	FR	Cloud County	6.93m 22-09.00	1	
6.93m 6.91m 6.53m					
20 Rowe, Elijah	FR	Coffeyville	6.86m 22-06.25	1	
6.53m 6.86m 6.81m					
21 Jagne, Ousman	FR	Mesa CC	6.85m 22-05.75	2	
6.85m FOUL FOUL					
22 Charles, Godwin	SO	Central Arizona	6.82m 22-04.50	2	
6.82m FOUL 5.83m					
23 Asabere, Emmanuel	FR	Bryant Stratt-WI	6.81m 22-04.25	1	
FOUL 6.81m FOUL					
24 Browne, Tremaine	FR	Colby CC	6.66m 21-10.25	2	
FOUL 6.66m FOUL					

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...Event 32 Men Long Jump

25	Easter, Isaac	FR Muskegon CC	6.55m	21-06.00	1
	FOUL 6.55m FOUL				
26	Boren, Jace	FR Pima CC	6.33m	20-09.25	1
	6.33m 5.96m FOUL				
27	Dawson, Khybah	FR New Mexico JC	5.91m	19-04.75	2
	5.91m PASS PASS				

Event 35 Women Shot Put

Top 9 to Finals

Indoor Nat.: N 17.76m 2019 Devia Brown, Central Arizona
 Indoor Meet: M 16.30m 2019 Cherisse Murray, Central Arizona
 Facility: F 16.17m 2022 Dani Hartung, Unattached

Name	Year	School	Finals	H#	Points
1 Murrell-Ross, Kelsie	SO	Barton County	16.12m	52-10.75	2 10
			15.88m 15.82m 16.12m 14.91m 15.98m 16.02m		
2 Hamilton, Treneese	FR	Barton County	15.05m	49-04.50	2 8
			13.66m 15.05m FOUL 13.90m 14.04m 14.20m		
3 Deakin, Karsten	SO	Paradise Valley	14.20m	46-07.25	2 6
			12.53m FOUL FOUL 13.26m 13.48m 14.20m		
4 Williams, Shakera	SO	Iowa Western CC	14.17m	46-06.00	2 5
			13.89m FOUL 14.17m 13.72m 13.75m 14.14m		
5 James, Jazmyn	SO	Iowa Western CC	13.73m	45-00.50	2 4
			13.73m FOUL FOUL FOUL FOUL FOUL		
6 Ferreira, Beatriz	FR	Garden City CC	12.85m	42-02.00	2 3
			FOUL FOUL 12.85m FOUL FOUL FOUL		
7 Plaza, Ronelle	SO	South Plains	12.69m	41-07.75	2 2
			12.69m FOUL 12.68m FOUL FOUL 12.47m		
8 Bartz, Abby	FR	Hawkeye CC	12.65m	41-06.00	1 1
			FOUL 12.65m 12.49m FOUL FOUL FOUL		
9 Wood, Lexi	SO	Iowa Central CC	12.52m	41-01.00	1
			12.16m 12.52m 12.27m 11.94m 12.38m 11.88m		
10 Venteicher, Molly	SO	Southwestern CC	12.17m	39-11.25	2
			10.07m 12.07m 12.17m		
11 Kirk, Shakera	SO	Central Arizona	12.14m	39-10.00	2
			11.86m FOUL 12.14m		
12 Couto, Ana	FR	Barton County	J12.14m	39-10.00	2
			11.61m 11.13m 12.14m		
13 Green, Catherine	FR	South Plains	11.99m	39-04.00	1
			11.82m 11.99m 11.53m		
14 Bautista Infante, Jamile	FR	Cowley College	11.87m	38-11.50	1
			11.87m 11.87m FOUL		
15 Hoppe, Carlisle	SO	Hawkeye CC	11.36m	37-03.25	1
			11.36m 10.65m 11.33m		
16 Davis, Madison	FR	Vincennes	11.26m	36-11.50	1
			10.04m 11.26m 9.92m		
17 Hoff, Alison	FR	Bismarck St	11.25m	36-11.00	1
			FOUL 11.25m FOUL		
18 Callihan, Mallory	SO	Cloud County	10.77m	35-04.00	1
			10.77m FOUL FOUL		
-- Albert, Natalie	FR	Iowa Western CC	FOUL		1
			FOUL FOUL FOUL		

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Top 9 to Finals

Indoor Nat.: N 19.08m 2015 Eldred Henry, Central Arizona

Indoor Meet: M 19.08m 2015 Eldred Henry, Central Arizona

Facility: F 18.36m 2023 Patrick Larrison, Kansas

Name	Year	School	Finals	Points
1 Young, Christopher	FR	Barton County	17.95m 58-10.75	10
16.49m FOUL 17.53m FOUL 17.95m FOUL				
2 Gunzell, Trevor	FR	Coffeyville	17.93m 58-10.00	8
16.51m FOUL 17.26m 17.18m 17.93m FOUL				
3 Lloyd, Brandon	SO	Barton County	17.39m 57-00.75	6
17.39m FOUL FOUL FOUL 16.60m				
4 Brown, Donroy	SO	South Plains	17.07m 56-00.00	5
15.80m 16.71m FOUL 16.04m 17.07m FOUL				
5 Gayle, Brandon	FR	Iowa Western CC	J17.07m 56-00.00	4
15.16m 15.00m 15.04m 15.26m 17.07m FOUL				
6 Simmonds, Denzs	FR	Iowa Western CC	16.70m 54-09.50	3
16.01m FOUL 16.64m 16.70m 15.94m 16.28m				
7 Watkins, Donovanh	FR	Coffeyville	15.95m 52-04.00	2
14.42m 14.59m 14.89m 14.49m 15.95m 15.02m				
8 Johnson, Abner	SO	Cowley College	15.88m 52-01.25	1
15.64m 15.88m 15.37m 15.50m FOUL FOUL				
9 Crawford, Chrstopher	FR	Barton County	15.61m 51-02.75	
FOUL FOUL FOUL FOUL 14.73m 15.61m				
10 Brown, Christopher	SO	Hutchinson CC	15.16m 49-09.00	
15.12m 14.89m FOUL FOUL FOUL 15.16m				
11 Mason, Landon	SO	State Fair CC	14.09m 46-02.75	
FOUL 13.52m 14.09m				
12 Blubaugh, Lance	FR	Cowley College	13.74m 45-01.00	
13.74m 13.65m 13.57m				
13 Jones, Nathan	SO	Pima CC	13.59m 44-07.00	
11.52m 13.59m 13.48m				
14 Ugwoke, Vincent	SO	Cloud County	13.34m 43-09.25	
FOUL FOUL 13.34m				
-- Wilson, Reginald	FR	Coffeyville	FOUL	
FOUL FOUL FOUL				
-- Harris, Michael	SO	Iowa Western CC	FOUL	
FOUL FOUL FOUL				

Event 39 Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Indoor Meet: M 8.47 2017 Ayesha Champaigne, Barton County

Name	Year	School	Finals	H#	Points
1 Sealy, Antonia	SO	Iowa Western CC	8.55	1	1006
2 Couto, Ana	FR	Barton County	8.67	1	980
3 Prentiss, Kayleigh	FR	Barton County	9.01	2	908
4 Mercera, Vanessa	SO	Cloud County	9.09	2	891
5 Jackson, Jade	SO	Iowa Central CC	9.10	1	889
6 Boahemaa, Patience	FR	Central Arizona	9.24	1	860
7 Alexander, Jelese	SO	Essex CC	9.32	2	844
8 Trice, Jacklyn	SO	Pima CC	9.53	4	802
9 Smith, LaShae'	SO	Cowley College	9.53	4	802
10 Simpson, Amber	FR	South Plains	9.64	4	781
11 Johnson, Psalm	SO	Pima CC	9.74	4	761

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Results - Friday

Event 39 Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Indoor Meet: M 14.00m 2017 Ayesha Champaigne, Barton County						
Name	Year	School	Finals		Points	
1 Couto, Ana	FR	Barton County	13.21m	43-04.25	741	
			13.21m	12.67m	12.46m	
2 Hoppe, Carlie	SO	Hawkeye CC	12.01m	39-05.00	662	
			10.78m	11.28m	12.01m	
3 Sealy, Antonia	SO	Iowa Western CC	11.99m	39-04.00	660	
			11.45m	11.99m	11.95m	
4 Boahemaa, Patience	FR	Central Arizona	11.66m	38-03.25	639	
			10.86m	11.66m	11.59m	
5 Mercera, Vanessa	SO	Cloud County	10.64m	34-11.00	571	
			10.32m	10.64m	9.61m	
6 Alexander, Jelese	SO	Essex CC	10.18m	33-04.75	541	
			10.18m	9.53m	9.32m	
7 Trice, Jacklyn	SO	Pima CC	10.03m	32-11.00	531	
			9.53m	10.03m	9.92m	
8 Prentiss, Kayleigh	FR	Barton County	9.37m	30-09.00	488	
			9.37m	FOUL	9.20m	
9 Condon, Paige	FR	Iowa Central CC	9.28m	30-05.50	482	
			8.62m	FOUL	9.28m	
10 Jackson, Jade	SO	Iowa Central CC	9.14m	30-00.00	473	
			8.32m	9.14m	8.80m	
11 Smith, LaShae'	SO	Cowley College	8.28m	27-02.00	417	
			FOUL	6.89m	8.28m	
12 Simpson, Amber	FR	South Plains	8.08m	26-06.25	405	
			7.40m	FOUL	8.08m	
13 Johnson, Psalm	SO	Pima CC	6.72m	22-00.75	317	
			6.29m	6.72m	6.59m	
14 Paul, Arianna	FR	Iowa Central CC	5.63m	18-05.75	248	
			FOUL	5.63m	FOUL	
-- Ross, Maliyah	FR	Mesa CC	FOUL			
			FOUL	FOUL	FOUL	

Event 39 Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Indoor Meet: M 6.23m 2014 Elizabeth Dadzie, Iowa Central						
Name	Year	School	Finals		Points	
1 Sealy, Antonia	SO	Iowa Western CC	5.84m	19-02.00	801	
			5.84m	PASS	FOUL	
2 Trice, Jacklyn	SO	Pima CC	5.82m	19-01.25	795	
			5.82m	FOUL	FOUL	
3 Couto, Ana	FR	Barton County	5.67m	18-07.25	750	
			5.46m	5.54m	5.67m	
4 Boahemaa, Patience	FR	Central Arizona	5.51m	18-01.00	703	
			5.51m	5.45m	5.47m	
5 Mercera, Vanessa	SO	Cloud County	5.39m	17-08.25	668	
			FOUL	5.26m	5.39m	
6 Alexander, Jelese	SO	Essex CC	5.33m	17-06.00	651	
			FOUL	5.33m	4.62m	
7 Prentiss, Kayleigh	FR	Barton County	5.19m	17-00.50	612	
			4.93m	4.71m	5.19m	
8 Jackson, Jade	SO	Iowa Central CC	5.17m	16-11.50	606	
			5.00m	5.11m	5.17m	

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...Event 39 Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

9 Paul, Arianna	FR Iowa Central CC	5.15m	16-10.75	601
5.15m FOUL FOUL				
10 Ross, Maliyah	FR Mesa CC	5.11m	16-09.25	589
4.82m 5.11m FOUL				
11 Johnson, Psalm	SO Pima CC	5.01m	16-05.25	562
FOUL 4.93m 5.01m				
12 Condon, Paige	FR Iowa Central CC	4.91m	16-01.50	535
4.91m FOUL 4.80m				
12 Smith, LaShae'	SO Cowley College	4.91m	16-01.50	535
4.91m FOUL 4.75m				
14 Simpson, Amber	FR South Plains	4.58m	15-00.50	448
4.58m 4.49m 4.21m				
15 Hoppe, Carlie	SO Hawkeye CC	4.30m	14-01.25	379
3.96m 4.30m 4.21m				

Event 39 Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Indoor Meet: M 2:21.02 2002 Deneitha Thompson, Garden City CC				
Name	Year School	Finals	Points	
1 Mercera, Vanessa	SO Cloud County	2:21.15	808	
33.622 (33.622)	1:08.393 (34.771)	1:45.863 (37.470)	2:21.143 (35.280)	
2 Couto, Ana	FR Barton County	2:26.46	738	
35.837 (35.837)	1:11.907 (36.070)	1:49.734 (37.827)	2:26.455 (36.721)	
3 Condon, Paige	FR Iowa Central CC	2:27.66	722	
36.428 (36.428)	1:12.181 (35.753)	1:50.225 (38.044)	2:27.658 (37.433)	
4 Alexander, Jelese	SO Essex CC	2:31.78	671	
35.561 (35.561)	1:13.496 (37.935)	1:53.523 (40.027)	2:31.779 (38.256)	
5 Trice, Jacklyn	SO Pima CC	2:32.18	666	
36.198 (36.198)	1:14.439 (38.241)	1:55.367 (40.928)	2:32.171 (36.804)	
6 Boahemaa, Patience	FR Central Arizona	2:34.18	641	
35.758 (35.758)	1:13.191 (37.433)	1:54.334 (41.143)	2:34.176 (39.842)	
7 Ross, Maliyah	FR Mesa CC	2:34.19	641	
37.479 (37.479)	1:17.672 (40.193)	1:58.247 (40.575)	2:34.182 (35.935)	
8 Sealy, Antonia	SO Iowa Western CC	2:34.61	636	
35.539 (35.539)	1:13.963 (38.424)	1:55.656 (41.693)	2:34.609 (38.953)	
9 Jackson, Jade	SO Iowa Central CC	2:43.94	529	
37.210 (37.210)	1:18.038 (40.828)	2:04.051 (46.013)	2:43.932 (39.881)	
10 Paul, Arianna	FR Iowa Central CC	2:44.36	524	
37.896 (37.896)	1:16.389 (38.493)	2:00.044 (43.655)	2:44.355 (44.311)	
11 Simpson, Amber	FR South Plains	2:46.40	502	
36.747 (36.747)	1:16.357 (39.610)	2:02.056 (45.699)	2:46.391 (44.335)	
12 Prentiss, Kayleigh	FR Barton County	2:48.04	484	
37.101 (37.101)	1:17.096 (39.995)	2:04.544 (47.448)	2:48.039 (43.495)	
13 Hoppe, Carlie	SO Hawkeye CC	2:49.27	471	
38.576 (38.576)	1:20.961 (42.385)	2:05.606 (44.645)	2:49.268 (43.662)	
14 Smith, LaShae'	SO Cowley College	2:54.44	419	
37.548 (37.548)	1:20.091 (42.543)	2:07.471 (47.380)	2:54.440 (46.969)	
15 Johnson, Psalm	SO Pima CC	3:08.39	291	
37.814 (37.814)	1:20.758 (42.944)	2:12.820 (52.062)	3:08.383 (55.563)	

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Results - Friday

Event 40 Heptathlon: #1 Men 60 Meter Dash Heptathlon

Indoor Meet: M 7.00 2018 Denim Rogers, Garden City CC						
Name	Year	School	Finals	H#	Points	
1 Appiah-Konadu, Nelvin	SO	South Plains	6.86M	2	933	
2 Joseph, Hemon	SO	Cloud County	7.00M	2	882	
3 Kennedy, Myki	FR	Iowa Central CC	7.14	2	833	
4 Crosby, Harry	FR	South Plains	7.17	2	823	
5 Smith, Ricardo	SO	Cloud County	7.29	2	782	
6 Ventura, Camron	SO	Iowa Central CC	7.30	2	779	
7 Scott, Aries	SO	Iowa Central CC	7.32	1	772	
8 Bauer, Garrah	FR	Cowley College	7.35	2	762	
9 Moses, Anson	SO	Cloud County	7.36	1	759	
10 Arvayo, Dillion	FR	Pima CC	7.37	2	755	
11 Lammertink, Milo	FR	Central Arizona	7.47	1	723	
12 Acedo, Jacob	FR	Pima CC	7.48	1	719	
13 Gosselin, Theodore	SO	Mesa CC	7.49	1	716	
14 Mentz, Felipe	SO	Cowley College	7.50	1	713	
15 Kozjakovs, Olegs	FR	Vincennes	7.55	1	697	
16 Mulero, Pedro	FR	Neosho County	7.57	1	690	

Event 40 Heptathlon: #2 Men Long Jump Heptathlon

Indoor Meet: M 7.23m 2017 Jared Seay, Iowa Central						
Name	Year	School	Finals		Points	
1 Scott, Aries	SO	Iowa Central CC	7.17m	23-06.25	854	
6.82m 7.17m 6.82m						
2 Crosby, Harry	FR	South Plains	6.96m	22-10.00	804	
6.85m 6.91m 6.96m						
3 Joseph, Hemon	SO	Cloud County	6.77m	22-02.50	760	
6.51m FOUL 6.77m						
4 Moses, Anson	SO	Cloud County	6.50m	21-04.00	697	
FOUL 6.33m 6.50m						
5 Kennedy, Myki	FR	Iowa Central CC	6.46m	21-02.50	688	
FOUL 6.46m FOUL						
6 Appiah-Konadu, Nelvin	SO	South Plains	6.42m	21-00.75	679	
6.34m 6.42m 6.15m						
6 Smith, Ricardo	SO	Cloud County	6.42m	21-00.75	679	
6.19m 6.42m 6.28m						
6 Kozjakovs, Olegs	FR	Vincennes	6.42m	21-00.75	679	
FOUL 6.42m FOUL						
9 Acedo, Jacob	FR	Pima CC	6.29m	20-07.75	650	
6.29m 5.80m 6.06m						
10 Gosselin, Theodore	SO	Mesa CC	6.28m	20-07.25	648	
6.28m 6.11m 6.17m						
11 Ventura, Camron	SO	Iowa Central CC	6.22m	20-05.00	635	
6.04m 6.20m 6.22m						
12 Mentz, Felipe	SO	Cowley College	6.19m	20-03.75	628	
FOUL 6.19m 6.14m						
13 Bauer, Garrah	FR	Cowley College	6.17m	20-03.00	624	
6.17m FOUL FOUL						
14 Arvayo, Dillion	FR	Pima CC	6.11m	20-00.50	610	
6.11m FOUL 6.05m						
15 Lammertink, Milo	FR	Central Arizona	5.52m	18-01.50	485	
5.50m FOUL 5.52m						

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....Event 40 Heptathlon: #2 Men Long Jump Heptathlon

16 Mulero, Pedro FR Neosho County 5.32m 17-05.50 445
 5.32m FOUL FOUL

Event 40 Heptathlon: #3 Men Shot Put Heptathlon

Indoor Meet: M 14.83m 2018		C. Williamson, Paradise Valley	
Name	Year School	Finals	Points
1 Kozjakovs, Olegs	FR Vincennes	14.06m 46-01.50	732
13.98m 14.06m 13.82m			
2 Joseph, Hemon	SO Cloud County	12.45m 40-10.25	634
11.43m 12.45m FOUL			
3 Moses, Anson	SO Cloud County	12.33m 40-05.50	626
FOUL 11.38m 12.33m			
4 Appiah-Konadu, Nelvin	SO South Plains	11.78m 38-07.75	593
11.78m 11.50m 10.75m			
5 Smith, Ricardo	SO Cloud County	11.60m 38-00.75	582
10.18m 11.28m 11.60m			
6 Kennedy, Myki	FR Iowa Central CC	10.87m 35-08.00	538
9.95m FOUL 10.87m			
7 Ventura, Camron	SO Iowa Central CC	10.85m 35-07.25	537
10.79m 10.85m 10.38m			
8 Mentz, Felipe	SO Cowley College	10.78m 35-04.50	533
10.78m 10.28m 10.13m			
9 Scott, Aries	SO Iowa Central CC	10.73m 35-02.50	530
10.73m 9.45m 10.06m			
10 Gosselin, Theodore	SO Mesa CC	10.52m 34-06.25	517
8.69m 10.52m 9.86m			
11 Mulero, Pedro	FR Neosho County	10.42m 34-02.25	511
9.48m 10.42m 10.38m			
12 Bauer, Garrah	FR Cowley College	10.28m 33-08.75	502
9.39m 9.74m 10.28m			
13 Acedo, Jacob	FR Pima CC	9.48m 31-01.25	454
8.96m 9.48m 9.48m			
14 Crosby, Harry	FR South Plains	9.34m 30-07.75	446
8.20m 9.34m FOUL			
15 Lammertink, Milo	FR Central Arizona	8.26m 27-01.25	382
8.26m 8.11m 6.15m			
16 Arvayo, Dillion	FR Pima CC	6.70m 21-11.75	290
FOUL FOUL 6.70m			

Event 40 Heptathlon: #4 Men High Jump Heptathlon

Indoor Meet: M 2.13m		Ply/Tonnesen, Cent Arizona/Mesa CC	
Name	Year School	Finals	Points
1 Scott, Aries	SO Iowa Central CC	1.96m 6-05.00	767
1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90 1.93 1.96 1.99			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP XXO XO O XXX			
2 Bauer, Garrah	FR Cowley College	1.90m 6-02.75	714
1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90 1.93			
PPP PPP PPP O PPP PPP O O O O XO XO XXO O XXX			
2 Appiah-Konadu, Nelvin	SO South Plains	1.90m 6-02.75	714
1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90 1.93			
PPP PPP PPP PPP PPP PPP PPP O O PPP XO O O XXX			

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023

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Results - Friday

....Event 40 Heptathlon: #4 Men High Jump Heptathlon

4	Moses, Anson	SO Cloud County	1.87m	6-01.50	687
	1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90				
	PPP PPP PPP O PPP PPP O PPP PPP O PPP XO XO XXX				
4	Smith, Ricardo	SO Cloud County	1.87m	6-01.50	687
	1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90				
	PPP PPP PPP O PPP PPP PPP XO O PPP O O XO XXX				
6	Gosselin, Theodore	SO Mesa CC	1.84m	6-00.50	661
	1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87				
	PPP PPP PPP O PPP PPP O O PPP O O O XXX				
7	Arvayo, Dillion	FR Pima CC	1.81m	5-11.25	636
	1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84				
	PPP PPP PPP PPP PPP PPP O O O O O O XXX				
7	Kennedy, Myki	FR Iowa Central CC	1.81m	5-11.25	636
	1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84				
	PPP PPP PPP PPP PPP O PPP O PPP XO O XXX				
7	Crosby, Harry	FR South Plains	1.81m	5-11.25	636
	1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84				
	PPP PPP PPP PPP PPP O PPP O XO XO XXO XXX				
7	Mentz, Felipe	SO Cowley College	1.81m	5-11.25	636
	1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84				
	PPP PPP PPP PPP O PPP PPP O O O O XO XXX				
7	Kozjakovs, Olegs	FR Vincennes	1.81m	5-11.25	636
	1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84				
	PPP PPP PPP PPP PPP PPP O PPP O PPP O XXX				
12	Ventura, Camron	SO Iowa Central CC	1.78m	5-10.00	610
	1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81				
	PPP PPP PPP PPP PPP PPP XO PPP XXO O XXX				
13	Mulero, Pedro	FR Neosho County	1.72m	5-07.75	560
	1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75				
	PPP PPP PPP O O XO XXO XXO XXX				
13	Lammertink, Milo	FR Central Arizona	1.72m	5-07.75	560
	1.51 1.54 1.57 1.60 1.63 1.66 1.69 1.72 1.75				
	PPP XO O O O XXO XO XO XXX				
15	Joseph, Hemon	SO Cloud County	1.66m	5-05.25	512
	1.51 1.54 1.57 1.60 1.63 1.66 1.69				
	PPP PPP O O O XXO XXX				
16	Acedo, Jacob	FR Pima CC	1.63m	5-04.25	488
	1.51 1.54 1.57 1.60 1.63 1.66 1.69				
	O PPP XXO PPP O PPP XXX				

Women - Team Rankings - 7 Events Scored

1) Barton County	38	2) New Mexico JC	35
3) Iowa Western CC	31	3) Cloud County	31
5) Vincennes	16	6) Fort Scott CC	13
7) South Plains	12	8) Colby CC	10
8) Southern Idaho	10	8) Iowa Central CC	10
11) Cowley College	8.50	12) Mesa CC	8
12) Pima CC	8	14) Monroe College	6
14) Salt Lake	6	14) Paradise Valley	6
17) Essex CC	5	18) Butler CC	4
18) Central Arizona	4	20) Southeastern CC	3
20) Cuyahoga CC	3	20) Garden City CC	3
23) Hutchinson CC	1	23) Hawkeye CC	1
25) Glendale CC	0.50		

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023**Washburn University****Results - Friday****....Event 40 Heptathlon: #4 Men High Jump Heptathlon**
 =====
 Men - Team Rankings - 7 Events Scored
 =====

1) Colby CC	32	2) Iowa Western CC	31
2) New Mexico JC	31	4) South Plains	29
5) Iowa Central CC	19	6) Barton County	18.50
7) Fort Scott CC	16	8) Monroe College	12
9) Coffeyville	11	10) Hinds CC	10
11) Cloud County	9	12) Bryant & Stratton (WI)	8
13) Paradise Valley	5	13) Sauk Valley CC	5
13) Cowley College	5	13) Bryant & Stratton (VA)	5
17) Mesa CC	4	17) Southern Idaho	4
19) Vincennes	3	19) Hutchinson CC	3
19) Pima CC	3	22) North Iowa CC	2.50
23) Indian Hills CC	2	23) Butler CC	2
25) Muskegon CC	1	25) DuPage	1
25) NW Kansas	1		

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023**Washburn University****Results - Saturday****Event 1 Women 60 Meter Dash**

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Top 8 Times to Final

Indoor Nat.: N 7.09 2003 Veronica Campbell, Barton CC
 Indoor Meet: M 7.26 2002 Veronica Campbell, Barton County
 Facility: F 7.35 2023 Success Umukoro, South Plains

Name	Year	School	Finals	Points
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Finals

1 Umukoro, Success	SO	South Plains	7.36	10
2 Gaines, Diandrenique	SO	Hinds CC	7.42	8
3 Thompson, Miracle	SO	Cloud County	7.43	6
4 Bollers, Ashantai	SO	New Mexico JC	7.47	5
5 Brewster, Adeyah	SO	Iowa Central CC	7.57	4
6 Clarke, Breanna	FR	South Plains	7.58	3
7 Morton, Tijuanique	SO	New Mexico JC	7.59	2
8 Nembhard, Danae	SO	Barton County	8.11	1

Event 2 Men 60 Meter Dash

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Top 8 Times to Final

Indoor Nat.: N 6.53 2006 Trell Kimmons, Hinds CC
 Indoor Meet: M 6.53 2006 Trell Krimmons, Hinds CC
 Facility: F 6.59 2021 Benjamin Azamati, West Texas A&M

Name	Year	School	Finals	Points
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1 Makarawu, Tapiwanashe	FR	New Mexico JC	6.63	10	6.625
2 Dadzie, James	FR	Western Texas	6.63	8	6.629
3 John, Nazzio	SO	Butler CC	6.66	6	
4 Lee, Ray	SO	Coffeyville	6.73	5	6.726
5 Hogans, Dapriest	SO	Hinds CC	6.73	4	6.730
6 Brown, Shawn	SO	Butler CC	6.74	3	
7 Salmon, Sanjay	FR	Western Texas	6.75	2	
8 Oyetunji, Ayomide	FR	Iowa Central CC	6.78	1	

Event 3 Women 200 Meter Dash

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Top 9 Times to 2 Section Final

Indoor Nat.: N 22.63 2003 Veronica Campbell, Barton County
 Indoor Meet: M 23.10 2011 Jura Levy, South Plains
 Facility: F 23.61 2022 Paula Garcia, Wichita State

Name	Year	School	Finals	H#	Points
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1 Bollers, Ashantai	SO	New Mexico JC	23.93	2	10
2 Gaines, Diandrenique	SO	Hinds CC	23.98	1	8
3 Morton, Tijuanique	SO	New Mexico JC	24.04	2	6
4 Umukoro, Success	SO	South Plains	24.05	1	5
5 Dames, Damazvia	SO	Fort Scott CC	24.25	2	4
6 Hart, Jahzara	FR	Indian Hills CC	24.43	1	3
7 Morgan, Naiya	SO	Barton County	24.59	1	2
8 Obour, Grace	FR	Western Texas	24.80	1	1
-- Cooper, Lacarthea	FR	New Mexico JC	DNF	2	

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023

Washburn University

Results - Saturday

Event 4 Men 200 Meter Dash

Top 9 Times to 2 Section Final

Indoor Nat.: N 20.30 2019 Kenny Bednarek, Indian Hills CC

Indoor Meet: M 20.43 2019 Kenny Bednarek, Indian Hills

Facility: F 20.81 2023 Tapiwanashe Makarawu, New Mexico JC

Name	Year	School	Finals	H#	Points
1 Makarawu, Tapiwanashe	FR	New Mexico JC	20.51F	2	10
2 Hogans, Dapriest	SO	Hinds CC	20.86	2	8
3 Brister, Dominick	FR	Glendale CC	20.98	1	6
4 Hamm, Tahj	SO	Iowa Western CC	21.04	1	5
5 Brown, Shawn	SO	Butler CC	21.11	2	4
6 Gaines, Keontae	SO	South Plains	21.22	1	3
7 Dadzie, James	FR	Western Texas	21.45	2	2
8 Small, Almond	SO	Barton County	21.60	1	1
9 Oyetunji, Ayomide	FR	Iowa Central CC	22.04	1	

Event 5 Women 400 Meter Dash

Top 9 Times to 2 Section Final

Indoor Nat.: N 52.41 2015 Chrisann Gordon, South Plains

Indoor Meet: M 53.38 2021 Nickisha Pryce, Iowa Western

Facility: F 54.29 2022 Na'Asha Robinson, Unattached

Name	Year	School	Finals	H#	Points
1 Maisvorewa, Vimbayi	SO	Cloud County	53.50F	2	10
25.238 (25.238)		53.494 (28.256)			
2 Skeete, Deshana	SO	New Mexico JC	54.44	1	8
24.907 (24.907)		54.435 (29.529)			
3 Simpson, Dejona	FR	New Mexico JC	54.70	2	6
25.395 (25.395)		54.697 (29.302)			
4 Dixon, JodyAnn	SO	Hinds CC	54.78	2	5
25.408 (25.408)		54.772 (29.364)			
5 Obour, Grace	FR	Western Texas	55.02	1	4
25.258 (25.258)		55.015 (29.757)			
6 Hinds, Safhia	FR	South Plains	55.36	1	3
25.045 (25.045)		55.360 (30.316)			
7 Morgan, Naiya	SO	Barton County	55.56	1	2
25.290 (25.290)		55.559 (30.269)			
8 Cooper, Lacarthea	FR	New Mexico JC	56.69	2	1
25.540 (25.540)		56.684 (31.144)			
-- Wiley, Dy'Mond	SO	Barton County	DNF	1	
26.031 (26.031)					

Event 6 Men 400 Meter Dash

Top 9 Times to 2 Section Final

Indoor Nat.: N 45.59 2017 Sean Bailey, Western Texas

Indoor Meet: M 45.59 2017 Sean Bailey, Western Texas

Facility: F 46.93 2023 Michael Joseph, Kansas

Name	Year	School	Finals	H#	Points
1 Chiyangwa, Donald	FR	New Mexico JC	46.12F	2	10
21.849 (21.849)		46.119 (24.270)			
2 Boyce, DeSean	FR	Western Texas	46.53F	2	8
22.188 (22.188)		46.528 (24.340)			

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023**Washburn University****Results - Saturday****....Event 6 Men 400 Meter Dash**

3 Mosley, Elijah	SO Barton County	46.97	2	6
21.897 (21.897)	46.967 (25.070)			
4 Giles, Chris	FR Indian Hills CC	47.18	2	5
22.257 (22.257)	47.173 (24.917)			
5 Chatman, Woyn	SO Indian Hills CC	47.19	1	4
22.079 (22.079)	47.190 (25.111)			
6 El Haddaoui, Aymane	FR New Mexico JC	47.40	1	3
21.805 (21.805)	47.396 (25.592)			
7 Castillo, Donovan	SO Mesa CC	47.43	1	2
22.623 (22.623)	47.425 (24.802)			
8 Boehm, Joshua	SO Mesa CC	48.00	1	1
22.955 (22.955)	47.995 (25.040)			
9 Wanga, Emmanuel	SO Cloud County	48.01	1	
23.404 (23.404)	48.006 (24.602)			

Event 7 Women 600 Meter Run

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 Top 9 Times to 2 Section Final

Indoor Nat.: N 1:27.98 2003 Kareen Gayle, Barton County

Indoor Meet: M 1:26.90 2011 Natoya Goule, South Plains

Name	Year School	Finals	H#	Points
1 Taylor, Calisha	SO New Mexico JC	1:32.23	2	10
27.259 (27.259)	59.340 (32.082)	1:32.228 (32.888)		
2 Mercera, Vanessa	SO Cloud County	1:33.74	2	8
28.346 (28.346)	59.728 (31.382)	1:33.738 (34.011)		
3 Jacobs, Taylor	FR Mesa CC	1:33.76	2	6
28.327 (28.327)	59.508 (31.181)	1:33.751 (34.244)		
4 Foster, Asia	FR Western Texas	1:35.43	1	5
27.783 (27.783)	1:00.612 (32.830)	1:35.424 (34.812)		
5 Vassell, Michaliliah	SO New Mexico JC	1:35.46	1	4
27.606 (27.606)	1:00.303 (32.697)	1:35.453 (35.150)		
6 Quingostas, Leticia	FR South Plains	1:35.83	1	3
27.958 (27.958)	1:00.764 (32.806)	1:35.826 (35.063)		
7 Mpama, Star	FR Butler CC	1:36.49	2	2
27.556 (27.556)	59.076 (31.520)	1:36.483 (37.407)		
8 Pinnock, Abigail	SO Cowley College	1:39.00	1	1
28.740 (28.740)	1:01.268 (32.528)	1:38.996 (37.728)		
-- Deer, Daniella	SO Iowa Western CC	DNS	1	

Event 8 Men 600 Meter Run

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 Top 9 Times to 2 Section Final

Indoor Nat.: N 1:16.22 2015 Jaymes Dennison, ASA (N.Y.) College

Indoor Meet: M 1:16.22 2015 Jaymes Dennison, ASA College

Name	Year School	Finals	H#	Points
1 Hatib, Hossam	SO South Plains	1:17.69	1	10
24.675 (24.675)	51.179 (26.504)	1:17.684 (26.505)		
2 Barger, Orion	FR Pima CC	1:18.10	2	8
25.078 (25.078)	51.548 (26.470)	1:18.096 (26.548)		
3 Kidane, Yared	SO Iowa Central CC	1:18.70	2	6
24.814 (24.814)	51.862 (27.048)	1:18.700 (26.839)		
4 Campbell, Fabian	FR Barton County	1:18.87	2	5
24.167 (24.167)	51.694 (27.527)	1:18.866 (27.172)		

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023

Washburn University

Results - Saturday

....Event 8 Men 600 Meter Run

5 Walker, Dymond	FR New Mexico JC	1:19.22	1	4
25.596 (25.596)	52.550 (26.955)	1:19.212 (26.662)		
6 Osborn, Blake	SO Hawkeye CC	1:19.43	1	3
25.330 (25.330)	51.598 (26.269)	1:19.423 (27.825)		
7 Wanga, Emmanuel	SO Cloud County	1:19.75	2	2
24.185 (24.185)	51.688 (27.504)	1:19.746 (28.058)		
8 Abidi, Hassan	SO Cloud County	1:20.24	1	1
25.457 (25.457)	52.164 (26.707)	1:20.238 (28.075)		
9 Johnson, Terrick	FR Meridian CC	1:22.32	1	
26.908 (26.908)	54.770 (27.862)	1:22.316 (27.546)		

Event 9 Women 800 Meter Run

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Heat Winner + Next 7 Advance
 Double Waterfall, 2 Turn Stagger
 Indoor Nat.: N 2:05.35 1993 Inez Tuner, Barton County
 Indoor Meet: M 2:05.79 2011 Natoya Goule, South Plains
 Facility: F 2:09.06 2023 Ally Ryan, Kansas City

Name	Year School	Finals	Points	
1 Chikara, Privilege	FR Meridian CC	2:12.73	10	
32.992 (32.992)	1:07.184 (34.192)	1:41.760 (34.576)		2:12.724 (30.964)
2 Dwyer, Rushana	FR South Plains	2:12.89	8	
32.996 (32.996)	1:07.374 (34.379)	1:41.966 (34.592)		2:12.889 (30.923)
3 Magoro, Letlhogonolo	SO New Mexico JC	2:15.70	6	
33.085 (33.085)	1:07.708 (34.623)	1:42.359 (34.652)		2:15.694 (33.336)
4 Crews, Passion	SO Cloud County	2:16.76	5	
33.460 (33.460)	1:08.033 (34.573)	1:43.176 (35.143)		2:16.759 (33.584)
5 Bert, Tara	FR Colby CC	2:17.83	4	
32.745 (32.745)	1:07.770 (35.026)	1:42.621 (34.851)		2:17.826 (35.206)
6 Johnson, Kayla	FR Monroe College	2:17.84	3	
33.732 (33.732)	1:08.024 (34.292)	1:43.386 (35.362)		2:17.832 (34.446)
7 Brockman, Kate	SO Mesa CC	2:19.15	2	
32.151 (32.151)	1:06.930 (34.780)	1:43.700 (36.770)		2:19.142 (35.443)
8 Jackson, Jaresa	FR Southern Idaho	2:19.63	1	
34.074 (34.074)	1:08.275 (34.201)	1:44.628 (36.354)		2:19.626 (34.998)
9 Lambert, Gracie	FR Hutchinson CC	2:19.73		
33.836 (33.836)	1:08.333 (34.498)	1:43.738 (35.406)		2:19.722 (35.984)

Event 10 Men 800 Meter Run

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Heat Winner + Next 5 Advance
 Double Waterfall, 2 Turn Stagger
 Indoor Nat.: N 1:47.04 2023 Kimar Farquharson, South Plains
 Indoor Meet: M 1:49.40 1992 Saveri Ngidhi, Blinn College
 Facility: F 1:49.67 2023 A.J. Green, Kansas

Name	Year School	Finals	Points	
1 Marshall, Rivaldo	SO Indian Hills CC	1:50.56	10	
27.467 (27.467)	56.017 (28.550)	1:24.423 (28.406)		1:50.553 (26.130)
2 Farquharson, Kimar	SO South Plains	1:50.98	8	
27.719 (27.719)	56.262 (28.543)	1:24.793 (28.532)		1:50.980 (26.187)
3 Taylor, Tyrice	FR Indian Hills CC	1:51.27	6	
27.265 (27.265)	55.872 (28.608)	1:24.492 (28.620)		1:51.263 (26.771)

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023

Washburn University

Results - Saturday

....Event 10 Men 800 Meter Run

4 Bourahli, Wail	SO Butler CC	1:52.10	5
27.945 (27.945)	56.699 (28.755)	1:25.119 (28.420)	1:52.099 (26.980)
5 Trotter, Zach	SO Butler CC	1:53.88	4
28.387 (28.387)	57.571 (29.185)	1:26.283 (28.712)	1:53.871 (27.588)
6 Hines, Steve	SO Iowa Western CC	1:53.93	3
28.187 (28.187)	56.987 (28.801)	1:25.917 (28.930)	1:53.929 (28.012)
7 Juarez, Ali	SO Southern Idaho	1:55.09	2
28.819 (28.819)	57.597 (28.778)	1:26.409 (28.813)	1:55.084 (28.675)
8 Stogsdill, Tyler	FR Southern Idaho	1:56.51	1
28.890 (28.890)	57.791 (28.902)	1:27.154 (29.363)	1:56.505 (29.352)
9 Hall, Chevonne	SO South Plains	2:11.33	
27.275 (27.275)	57.241 (29.967)	1:32.075 (34.834)	2:11.328 (39.253)

Event 11 Women 1000 Meter Run

Heat Winner + Next 6 Advance

Double Waterfall, 2 Turn Stagger

Indoor Nat.: N 2:50.35 2016 Susan Ejore, Monroe College

Indoor Meet: M 2:50.35 2016 Susan Ejore, Monroe

Facility: F 2:50.70 2023 Addison Coppinger, Kansas

Name Year School Finals Points

1 Guerrero, Lilliana	FR South Plains	3:03.99	10
35.547 (35.547)	1:15.982 (40.436)	1:56.125 (40.143)	2:33.776 (37.652)
3:03.988 (30.212)			
2 Poyraz, Elif	FR Colby CC	3:04.11	8
36.094 (36.094)	1:16.025 (39.932)	1:55.898 (39.874)	2:33.375 (37.477)
3:04.102 (30.728)			
3 Garcia Grafing, Chloe	SO Iowa Central CC	3:04.12	6
35.792 (35.792)	1:16.169 (40.377)	1:56.334 (40.166)	2:33.357 (37.023)
3:04.118 (30.762)			
4 Badawi, Ann	FR Fort Scott CC	3:06.92	5
34.716 (34.716)	1:16.452 (41.736)	1:56.856 (40.404)	2:34.542 (37.687)
3:06.915 (32.373)			
5 Ochana, Melody	SO Cloud County	3:06.94	4
36.955 (36.955)	1:16.862 (39.907)	1:57.134 (40.273)	2:34.796 (37.662)
3:06.938 (32.143)			
6 Harmon, Anna	SO Mesa CC	3:09.09	3
36.516 (36.516)	1:16.683 (40.168)	1:57.214 (40.531)	2:35.378 (38.164)
3:09.086 (33.708)			
7 Brockman, Kate	SO Mesa CC	3:09.96	2
36.370 (36.370)	1:16.508 (40.138)	1:57.207 (40.699)	2:36.024 (38.818)
3:09.960 (33.936)			
8 Magoro, Letlhogonolo	SO New Mexico JC	3:13.41	1
36.531 (36.531)	1:16.006 (39.476)	1:56.536 (40.530)	2:35.158 (38.623)
3:13.408 (38.250)			
-- Ramone, Aisha	FR Southeastern CC	DNS	

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023

Washburn University

Results - Saturday

Event 12 Men 1000 Meter Run

Heat Winner + Next 6 Advance

Double Waterfall, 2 Turn Stagger

Indoor Nat.: N 2:22.10 2022 Prince Mcabelo, Monroe College

Indoor Meet: M 2:23.44 1999 Eliud Njubi, Dodge City CC

Facility: F 2:24.44 2023 Mehmet Celik, South Plains

Name	Year	School	Finals	Points
1 Celik, Mehmet	FR	South Plains	2:26.32	10
29.661 (29.661)	1:02.607 (32.946)	1:33.197 (30.591)	2:00.347 (27.150)	
2:26.320 (25.973)				
2 Navarro, Samuel	SO	Fort Scott CC	2:26.61	8
30.311 (30.311)	1:03.328 (33.018)	1:34.104 (30.776)	2:01.120 (27.016)	
2:26.601 (25.482)				
3 Pololet, Evans	SO	New Mexico JC	2:28.39	6
29.739 (29.739)	1:02.789 (33.050)	1:33.553 (30.765)	2:01.315 (27.762)	
2:28.389 (27.074)				
4 Kowa, Mohammed	FR	Iowa Western CC	2:28.43	5
29.861 (29.861)	1:02.918 (33.058)	1:33.849 (30.931)	2:01.271 (27.423)	
2:28.422 (27.151)				
5 Mcabelo, Prince	SO	Monroe College	2:28.56	4
29.891 (29.891)	1:02.808 (32.917)	1:33.391 (30.583)	2:00.690 (27.300)	
2:28.555 (27.866)				
6 Vittone, Pierce	SO	Paradise Valley	2:28.64	3
30.065 (30.065)	1:02.989 (32.924)	1:33.275 (30.286)	2:00.513 (27.238)	
2:28.635 (28.122)				
7 Tanui, Aron	SO	South Plains	2:30.01	2
29.483 (29.483)	1:02.613 (33.130)	1:33.242 (30.630)	2:01.096 (27.854)	
2:30.002 (28.906)				
8 Green, Ernest	FR	Mesa CC	2:30.30	1
30.189 (30.189)	1:03.118 (32.930)	1:33.723 (30.605)	2:01.818 (28.096)	
2:30.299 (28.481)				
9 Kidane, Yared	SO	Iowa Central CC	2:30.35	
30.454 (30.454)	1:03.409 (32.955)	1:34.456 (31.048)	2:02.909 (28.454)	
2:30.348 (27.439)				
10 Reinders, Cole	FR	Indian Hills CC	2:31.71	
29.606 (29.606)	1:02.702 (33.096)	1:33.681 (30.980)	2:01.953 (28.272)	
2:31.705 (29.752)				

Event 13 Women 1 Mile Run

Double Waterfall, 2 Turn Stagger

Indoor Nat.: N 4:42.44 2018 Adva Cohen, Iowa Central

Indoor Meet: M 4:49.62 1993 Janice Turner, Barton County

Facility: F 4:45.47 2022 Yazmine Wright, Wichita State

Name	Year	School	Finals	H#	Points
1 Chikara, Privilege	FR	Meridian CC	5:00.11	2	10
38.195 (38.195)	1:14.741 (36.546)	1:51.936 (37.196)	2:30.826 (38.890)		
3:10.329 (39.504)	3:48.916 (38.588)	4:26.500 (37.584)	5:00.102 (33.602)		
2 Diercks, Emily	SO	Colby CC	5:01.92	2	8
37.676 (37.676)	1:14.566 (36.890)	1:51.702 (37.136)	2:30.569 (38.868)		
3:09.640 (39.072)	3:48.421 (38.781)	4:26.083 (37.662)	5:01.915 (35.832)		
3 Garcia Grafing, Chloe	SO	Iowa Central CC	5:04.11	2	6
37.954 (37.954)	1:14.415 (36.461)	1:51.596 (37.181)	2:30.814 (39.219)		
3:09.942 (39.128)	3:49.501 (39.559)	4:28.766 (39.265)	5:04.102 (35.337)		

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023

Washburn University

Results - Saturday

....Event 13 Women 1 Mile Run

4	McCreeady, Taylor	SO Iowa Central CC	5:04.43	2	5
	37.844 (37.844)	1:14.735 (36.891)	1:52.194 (37.460)	2:31.096 (38.902)	
	3:10.522 (39.426)	3:49.705 (39.184)	4:28.556 (38.852)	5:04.430 (35.874)	
5	Harmon, Anna	SO Mesa CC	5:13.14	2	4
	38.980 (38.980)	1:16.213 (37.233)	1:54.950 (38.737)	2:34.983 (40.034)	
	3:16.294 (41.311)	3:57.768 (41.475)	4:38.465 (40.697)	5:13.140 (34.675)	
6	Ramone, Aisha	FR Southeastern CC	5:15.15	2	3
	38.199 (38.199)	1:15.061 (36.862)	1:52.884 (37.823)	2:32.224 (39.340)	
	3:13.619 (41.396)	3:55.538 (41.920)	4:38.208 (42.670)	5:15.147 (36.940)	
7	Chewon, Damaris	SO New Mexico JC	5:15.70	2	2
	38.664 (38.664)	1:15.738 (37.074)	1:53.622 (37.884)	2:32.840 (39.219)	
	3:13.220 (40.380)	3:54.319 (41.099)	4:35.937 (41.618)	5:15.699 (39.762)	
8	Biwott, Mercy	SO Iowa Western CC	5:16.24	1	1
	37.404 (37.404)	1:14.921 (37.518)	1:54.897 (39.976)	2:36.761 (41.865)	
	3:18.239 (41.478)	3:59.400 (41.162)	4:39.599 (40.199)	5:16.232 (36.634)	
9	Phillips, Elizabeth	FR Southern Idaho	5:18.67	2	
	38.482 (38.482)	1:15.032 (36.550)	1:53.184 (38.153)	2:32.504 (39.320)	
	3:14.483 (41.980)	3:54.725 (40.242)	4:36.822 (42.097)	5:18.663 (41.842)	
10	Jensen, Molly	FR Salt Lake	5:20.33	2	
	37.944 (37.944)	1:14.672 (36.728)	1:52.709 (38.037)	2:33.973 (41.264)	
	3:17.654 (43.681)	4:00.517 (42.864)	4:43.065 (42.548)	5:20.327 (37.262)	
11	Atan, Asli	FR Colby CC	5:21.88	1	
	38.458 (38.458)	1:16.267 (37.809)	1:55.552 (39.286)	2:36.843 (41.291)	
	3:18.500 (41.658)	3:59.540 (41.040)	4:39.857 (40.317)	5:21.877 (42.021)	
12	Magoro, Letlhogonolo	SO New Mexico JC	5:23.88	2	
	38.403 (38.403)	1:15.495 (37.092)	1:52.743 (37.248)	2:31.691 (38.948)	
	3:12.668 (40.978)	3:56.027 (43.359)	4:40.216 (44.190)	5:23.880 (43.664)	
13	Mbhamali, Zothile Jesica	FR Monroe College	5:24.11	1	
	37.143 (37.143)	1:14.815 (37.672)	1:55.135 (40.320)	2:37.083 (41.948)	
	3:18.814 (41.732)	4:00.445 (41.631)	4:42.283 (41.838)	5:24.109 (41.826)	
14	Bird, Khloi	FR Butler CC	5:28.13	1	
	38.946 (38.946)	1:17.529 (38.584)	1:56.808 (39.279)	2:37.330 (40.522)	
	3:19.179 (41.849)	4:01.675 (42.497)	4:45.222 (43.547)	5:28.129 (42.908)	
15	Felix, Lydia	SO Southern Idaho	5:30.19	1	
	39.227 (39.227)	1:18.174 (38.948)	1:59.703 (41.530)	2:42.059 (42.356)	
	3:24.653 (42.594)	4:06.889 (42.236)	4:48.937 (42.048)	5:30.184 (41.248)	
16	Salil, Naomi	FR Neosho County	5:40.42	1	
	39.575 (39.575)	1:19.039 (39.464)	2:01.026 (41.987)	2:44.382 (43.356)	
	3:28.616 (44.234)	4:13.647 (45.032)	4:58.207 (44.560)	5:40.415 (42.209)	
17	McCarter, Mallory	FR Salt Lake	5:50.73	1	
	39.061 (39.061)	1:17.609 (38.548)	2:00.025 (42.417)	2:44.786 (44.761)	
	3:31.677 (46.892)	4:21.279 (49.602)	5:08.551 (47.272)	5:50.725 (42.174)	
--	Kimalel, Joan	SO New Mexico JC	DNF	2	
	38.744 (38.744)	1:16.018 (37.274)	1:54.550 (38.532)		
--	Poyraz, Elif	FR Colby CC	DNF	2	

Event 14 Men 1 Mile Run

Double Waterfall, 2 Turn Stagger

Indoor Nat.: N 3:58.34 2008 Boaz Lalang, Rend Lake
 Indoor Meet: M 4:04.51 2020 Andrew Kibet, Hutchinson CC
 Facility: F 3:58.39 2021 Brett Meyer, Hays Track Club

Name	Year	School	Finals	H#	Points
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Results - Saturday

....Event 14 Men 1 Mile Run

1	Kowa, Mohammed	FR Iowa Western CC	4:08.47	3	10		
	32.993 (32.993)	1:04.838 (31.845)	1:36.784 (31.947)			2:09.348 (32.564)	
	2:41.493 (32.145)	3:12.212 (30.720)	3:41.270 (29.058)			4:08.468 (27.198)	
2	Olivas, Gilbert	SO Paradise Valley	4:08.66	3	8		
	33.600 (33.600)	1:05.470 (31.870)	1:36.314 (30.845)			2:09.418 (33.104)	
	2:40.598 (31.181)	3:11.386 (30.788)	3:40.798 (29.412)			4:08.651 (27.854)	
3	Pololet, Evans	SO New Mexico JC	4:09.85	3	6		
	32.887 (32.887)	1:04.689 (31.802)	1:35.996 (31.308)			2:08.842 (32.846)	
	2:40.106 (31.264)	3:11.434 (31.328)	3:41.548 (30.114)			4:09.844 (28.296)	
4	Belmahdi, Karim	SO Monroe College	4:11.49	3	5		
	33.197 (33.197)	1:04.946 (31.749)	1:36.461 (31.516)			2:09.552 (33.092)	
	2:41.096 (31.544)	3:11.783 (30.688)	3:42.716 (30.934)			4:11.486 (28.770)	
5	Baghati, Mohammed	SO Colby CC	4:11.64	2	4		
	31.053 (31.053)	1:01.129 (30.076)	1:32.147 (31.018)			2:04.187 (32.040)	
	2:36.683 (32.496)	3:08.939 (32.256)	3:41.012 (32.074)			4:11.635 (30.624)	
6	Gaspar, Jacinto	FR Iowa Western CC	4:11.94	3	3		
	33.118 (33.118)	1:05.212 (32.094)	1:37.000 (31.788)			2:09.670 (32.670)	
	2:41.540 (31.870)	3:12.666 (31.127)	3:43.361 (30.695)			4:11.931 (28.570)	
7	Barbosa, Ricardo	SO Colby CC	4:12.22	3	2		
	33.300 (33.300)	1:04.905 (31.605)	1:36.500 (31.596)			2:09.239 (32.739)	
	2:40.117 (30.878)	3:11.224 (31.107)	3:41.161 (29.938)			4:12.214 (31.054)	
8	Jones, Aled	SO Colby CC	4:12.65	2	1		
	31.723 (31.723)	1:02.216 (30.494)	1:33.819 (31.603)			2:05.848 (32.030)	
	2:37.385 (31.538)	3:08.677 (31.292)	3:40.537 (31.860)			4:12.643 (32.106)	
9	Valenzuela, Abraham	FR Pima CC	4:13.42	1			
	31.504 (31.504)	1:01.759 (30.256)	1:33.252 (31.493)			2:06.022 (32.770)	
	2:38.193 (32.171)	3:10.259 (32.067)	3:43.491 (33.232)			4:13.414 (29.924)	
10	Crow, Devan	SO Allen CC	4:14.19	1			
	32.027 (32.027)	1:03.082 (31.056)	1:34.980 (31.898)			2:07.308 (32.328)	
	2:40.218 (32.910)	3:12.782 (32.564)	3:44.614 (31.832)			4:14.190 (29.576)	
11	Rodriguez, Talon	FR Salt Lake	4:14.23	2			
	33.593 (33.593)	1:04.895 (31.303)	1:36.256 (31.361)			2:07.669 (31.413)	
	2:39.329 (31.661)	3:11.369 (32.040)	3:43.435 (32.066)			4:14.221 (30.786)	
12	Navarro, Samuel	SO Fort Scott CC	4:14.82	3			
	32.726 (32.726)	1:03.926 (31.200)	1:36.234 (32.308)			2:09.154 (32.921)	
	2:40.420 (31.266)	3:11.171 (30.751)	3:43.190 (32.020)			4:14.818 (31.628)	
13	Garcia, Yotuel	SO Mesa CC	4:14.85	2			
	32.461 (32.461)	1:03.081 (30.620)	1:34.360 (31.280)			2:06.384 (32.024)	
	2:37.049 (30.665)	3:09.509 (32.460)	3:42.205 (32.696)			4:14.846 (32.642)	
14	Gard, Shane	SO Southern Idaho	4:14.98	3			
	33.156 (33.156)	1:05.090 (31.935)	1:36.477 (31.387)			2:09.254 (32.778)	
	2:40.822 (31.568)	3:11.932 (31.110)	3:42.868 (30.936)			4:14.972 (32.104)	
15	Gardner, Joel	SO Pima CC	4:15.36	2			
	32.165 (32.165)	1:02.740 (30.576)	1:34.426 (31.686)			2:06.624 (32.198)	
	2:39.043 (32.420)	3:11.589 (32.546)	3:44.354 (32.765)			4:15.360 (31.006)	
16	Stanford, Isaac	FR Vincennes	4:15.72	3			
	33.412 (33.412)	1:05.157 (31.746)	1:36.658 (31.502)			2:08.998 (32.340)	
	2:40.204 (31.207)	3:12.069 (31.865)	3:43.874 (31.805)			4:15.720 (31.846)	
17	Vega, Tomas	FR New Mexico JC	4:15.78	2			
	32.557 (32.557)	1:03.340 (30.784)	1:35.357 (32.018)			2:07.376 (32.019)	
	2:39.883 (32.507)	3:12.759 (32.876)	3:45.366 (32.608)			4:15.775 (30.410)	
18	Kitur, Raphael	FR NW Kansas	4:16.74	2			
	32.416 (32.416)	1:02.476 (30.060)	1:34.215 (31.740)			2:06.657 (32.442)	
	2:39.192 (32.535)	3:12.379 (33.187)	3:45.271 (32.893)			4:16.735 (31.464)	

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...Event 14 Men 1 Mile Run

19	Pestka, Nathan	FR Paradise Valley	4:17.05	2		
	31.554 (31.554)	1:02.443 (30.889)	1:34.560 (32.118)		2:06.304 (31.744)	
	2:37.785 (31.482)	3:09.243 (31.458)	3:40.764 (31.522)		4:17.047 (36.283)	
20	Cobb, Zander	SO Iowa Central CC	4:17.10	2		
	31.914 (31.914)	1:02.982 (31.068)	1:35.206 (32.224)		2:07.783 (32.578)	
	2:40.317 (32.534)	3:13.130 (32.814)	3:45.961 (32.832)		4:17.099 (31.138)	
21	Tupper, Cayden	FR Southern Idaho	4:17.15	1		
	32.540 (32.540)	1:04.297 (31.757)	1:36.720 (32.424)		2:10.289 (33.569)	
	2:43.686 (33.398)	3:17.617 (33.931)	3:48.683 (31.066)		4:17.150 (28.468)	
22	Kiptoo, Brian	FR NW Kansas	4:17.17	3		
	33.312 (33.312)	1:02.130 (28.818)	1:32.978 (30.848)		2:04.714 (31.737)	
	2:37.589 (32.875)	3:11.340 (33.751)	3:44.491 (33.152)		4:17.168 (32.677)	
23	Ahrens, Bradley	FR Mineral Area	4:17.85	2		
	32.540 (32.540)	1:03.307 (30.767)	1:35.013 (31.707)		2:06.931 (31.918)	
	2:39.399 (32.468)	3:11.886 (32.487)	3:44.912 (33.026)		4:17.848 (32.936)	
24	Vega, German	FR New Mexico JC	4:18.31	3	4:18.301	
	33.504 (33.504)	1:05.743 (32.239)	1:37.376 (31.633)		2:10.066 (32.690)	
	2:42.416 (32.350)	3:14.436 (32.020)	3:47.524 (33.089)		4:18.301 (30.777)	
25	Hubbard, Scott	FR Trinidad State	4:18.31	1	4:18.309	
	32.199 (32.199)	1:03.446 (31.247)	1:35.559 (32.113)		2:08.431 (32.872)	
	2:41.394 (32.964)	3:13.959 (32.566)	3:46.441 (32.482)		4:18.309 (31.868)	
26	Bouldjadj, Adem	FR Butler CC	4:19.74	1		
	31.795 (31.795)	1:02.875 (31.080)	1:34.867 (31.992)		2:07.122 (32.256)	
	2:40.329 (33.208)	3:13.075 (32.746)	3:44.891 (31.816)		4:19.740 (34.850)	
27	Keitany, Mathew	SO Vincennes	4:20.08	2		
	32.951 (32.951)	1:02.889 (29.938)	1:33.906 (31.018)		2:06.266 (32.360)	
	2:39.529 (33.264)	3:13.094 (33.565)	3:47.386 (34.292)		4:20.078 (32.692)	
28	Villarreal, Adrian	SO Trinidad State	4:22.56	2		
	32.231 (32.231)	1:02.765 (30.534)	1:34.931 (32.167)		2:07.467 (32.536)	
	2:40.209 (32.743)	3:13.832 (33.623)	3:48.525 (34.694)		4:22.555 (34.030)	
29	Mokgothu, Siyabonga	FR Cloud County	4:23.58	1		
	31.553 (31.553)	1:02.385 (30.832)	1:34.112 (31.727)		2:06.923 (32.811)	
	2:40.065 (33.142)	3:12.922 (32.858)	3:46.547 (33.625)		4:23.573 (37.027)	
30	Nielsen, Aidan	FR Salt Lake	4:23.64	1		
	32.952 (32.952)	1:04.597 (31.645)	1:37.309 (32.712)		2:11.192 (33.884)	
	2:45.313 (34.122)	3:19.999 (34.686)	3:53.474 (33.476)		4:23.635 (30.161)	
31	Canton, Bryson	FR North Iowa CC	4:26.23	1		
	32.259 (32.259)	1:04.079 (31.820)	1:36.491 (32.412)		2:10.087 (33.596)	
	2:43.642 (33.556)	3:17.910 (34.268)	3:51.649 (33.740)		4:26.228 (34.579)	
32	Minor, Braden	FR Salt Lake	4:27.42	2		
	32.331 (32.331)	1:04.301 (31.970)	1:37.057 (32.756)		2:10.677 (33.621)	
	2:45.401 (34.724)	3:20.318 (34.918)	3:54.526 (34.208)		4:27.419 (32.894)	
33	Ereaux, Joseph	SO Southern Idaho	4:27.43	1		
	31.179 (31.179)	1:01.499 (30.321)	1:33.052 (31.553)		2:06.679 (33.627)	
	2:41.698 (35.020)	3:22.252 (40.554)	3:56.754 (34.502)		4:27.425 (30.672)	
34	Rodriquez, Jeremiah	FR Western Texas	4:28.44	1		
	33.377 (33.377)	1:04.947 (31.571)	1:37.635 (32.688)		2:11.474 (33.839)	
	2:45.481 (34.008)	3:20.509 (35.028)	3:54.710 (34.202)		4:28.431 (33.722)	
35	Kipchirchir, Vincent	FR Trinidad State	4:31.32	1		
	32.471 (32.471)	1:03.841 (31.370)	1:36.138 (32.297)		2:11.049 (34.911)	
	2:45.984 (34.936)	3:20.349 (34.365)	3:56.661 (36.313)		4:31.315 (34.654)	
--	Green, Ernest	FR Mesa CC	DNF	2		
	32.767 (32.767)	1:03.945 (31.178)	1:35.993 (32.048)			
--	Rasco, Ryan	SO Hagerstown CC	DNS	1		
--	Dean, Kyler	FR Muskegon CC	DNS	1		

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-- Devany, Ayenew	SO Iowa Central CC	DNS	1
-- Hrabl, Housem	FR Iowa Central CC	DNS	3

Event 19 Women 60 Meter Hurdles

Top 8 Times to Final

Indoor Nat.: N	8.15	2008	Natasha Ruddock, Essex County
Indoor Meet: M	8.15	2008	Natasha Ruddock, Essex County
Facility: F	8.01	2022	Christina Clemons, Adidas

Name	Year	School	Finals	Points
1 Nembhard, Danae	SO	Barton County	8.24	10
2 Thompson, Miracle	SO	Cloud County	8.25	8
3 Brewster, Adeyah	SO	Iowa Central CC	8.36	6
4 Savage, Ashyiria	SO	South Plains	8.61	5
5 Awusa, Ese	SO	New Mexico JC	8.62	4
6 Simmons, Arryona	FR	Meridian CC	8.67	3
7 Dixon, JodyAnn	SO	Hinds CC	8.74	2
-- Sealy, Antonia	SO	Iowa Western CC	DNS	

Event 20 Men 60 Meter Hurdles

Top 8 Times to Final

Indoor Nat.: N	7.60	2006	Kedriecq Gibbons, Hinds CC
Indoor Meet: M	7.60	2006	Kedriecq Gibbons, Hinds CC
Facility: F	7.66	2023	Cordell Tinch, Pittsburg State

Name	Year	School	Finals	Points
1 Guy, Justin	SO	South Plains	7.90	10
2 Carr, Schavon	SO	Bryant Stratt-VA	7.98	8
3 Saunders, Che	SO	New Mexico JC	7.99	6
4 Simmonds, Sharvis	FR	Central Arizona	8.02	5
5 Martin, Jeramiah	FR	Barton County	8.03	4
6 Nyatusah, Joel	SO	Iowa Central CC	8.10	3
7 Granville, Jahvel	FR	New Mexico JC	8.16	2
8 Bernard, Kylan	FR	Meridian CC	8.17	1

Event 21 Women 4x400 Meter Relay

Indoor Nat.: N	3:32.30	2003	Barton County
Indoor Meet: M	3:38.93	2017	Barton County
Facility: F	3:43.12	2022	South Dakota

School	Finals	H#	Points
1 New Mexico JC 'A'	3:40.56F	3	10
1) Vassell, Michaliliah SO	2) Simpson, Dejona FR		
3) Taylor, Calisha SO	4) Skeete, Deshana SO		
57.711 (57.711)	1:52.202 (54.491)	2:46.272 (54.070)	3:40.560 (54.288)
2 South Plains 'A'	3:42.13F	3	8
1) Hinds, Safhia FR	2) Umukoro, Success SO		
3) Quingostas, Leticia FR	4) Dwyer, Rushana FR		
56.505 (56.505)	1:52.368 (55.863)	2:47.890 (55.522)	3:42.122 (54.232)
3 Cloud County 'A'	3:46.99	3	6
1) Mercera, Vanessa SO	2) Crews, Passion SO		

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Results - Saturday

....Event 21 Women 4x400 Meter Relay

3) Thompson, Miracle SO	4) Maisvorewa, Vimbayi SO				
57.952 (57.952)	1:54.127 (56.176)	2:52.416 (58.289)	3:46.985 (54.569)		
4 Western Texas 'A'		3:51.24	2	5	
1) Foster, Asia FR	2) Green, Shackelia FR				
3) Sinclair, Anurika FR	4) Obour, Grace FR				
58.684 (58.684)	1:55.383 (56.700)	2:56.836 (1:01.454)	3:51.240 (54.404)		
5 Hinds CC 'A'		3:51.46	2	4	
1) Robinson, Kaylin SO	2) Clark, Kiersten SO				
3) Charles, Brianna SO	4) Gray, Brooke SO				
58.948 (58.948)	1:55.439 (56.492)	2:54.562 (59.123)	3:51.460 (56.899)		
6 Mesa CC 'A'		3:52.40	2	3	
1) Ondobo, Diane FR	2) Hamilton, Zaria SO				
3) Lemish, Katherine SO	4) Jacobs, Taylor FR				
59.308 (59.308)	1:56.066 (56.759)	2:55.916 (59.850)	3:52.393 (56.477)		
7 Essex CC 'A'		3:53.30	1	2	
1) Alexander, Jelese SO	2) Sangoo, Fanta FR				
3) Gordon, Ashanti FR	4) valcent, thomyka SO				
57.265 (57.265)	1:55.675 (58.410)	2:54.227 (58.552)	3:53.297 (59.070)		
8 Butler CC 'A'		3:54.05	1	1	
1) Mpama, Star FR	2) Olivares, Vionce FR				
3) Warner, Trishanie FR	4) Edwards, Tashira FR				
57.188 (57.188)	1:56.295 (59.108)	2:53.384 (57.089)	3:54.043 (1:00.659)		
9 Indian Hills CC 'A'		3:55.73	1		
1) Robinson, Adalin SO	2) Catlin, Ja'Dashia SO				
3) Cox, Shanice FR	4) Hart, Jahzara FR				
58.679 (58.679)	1:57.473 (58.794)	2:57.152 (59.680)	3:55.729 (58.578)		
10 Barton County 'A'		3:59.56	3		
1) Morgan, Naiya SO	2) Walsh, Antiana SO				
3) Clarke, Kay-Lagay FR	4) Ingram, Brittania SO				
56.791 (56.791)	1:52.864 (56.073)	2:55.483 (1:02.620)	3:59.554 (1:04.071)		
11 Iowa Western CC 'A'		4:12.25	2		
1) Hoepner, Holly SO	2) Amissah, Ethel FR				
3) Stacey, Bethany SO	4) Pierson, Lauren FR				
1:02.280 (1:02.280)	1:56.430 (54.151)	3:03.864 (1:07.434)	4:12.242 (1:08.378)		
12 Iowa Central CC 'A'		4:29.79	1		
1) McCreedy, Taylor SO	2) Condon, Paige FR				
3) Brewster, Adeyah SO	4) Thichiot, Nyadhol SO				
1:02.201 (1:02.201)	2:11.005 (1:08.804)	3:13.574 (1:02.570)	4:29.790 (1:16.216)		

Event 22 Men 4x400 Meter Relay

Indoor Nat.: N 3:05.14	2011	South Plains			
Indoor Meet: M 3:06.68	2013	South Plains			
Facility: F 3:12.91	2021	NW Missouri			
School			Finals	H#	Points
1 South Plains 'A'			3:06.93F	6	10
1) Bembridge, Jeremy SO	2) Hatib, Hossam SO				
3) Whitehorne, Evaldo SO	4) Farquharson, Kimar SO				
46.829 (46.829)	1:33.045 (46.216)	2:20.935 (47.890)	3:06.921 (45.987)		
2 New Mexico JC 'A'			3:07.26F	6	8
1) El Haddaoui, Aymane FR	2) Makarawu, Tapiwanashe FR				
3) Walker, Dyimond FR	4) Chiyangwa, Donald FR				
48.343 (48.343)	1:33.789 (45.446)	2:21.332 (47.544)	3:07.260 (45.928)		
3 Indian Hills CC 'A'			3:07.64F	6	6

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....Event 22 Men 4x400 Meter Relay

1) Chatman, Woyn SO	2) Taylor, Tyrice FR				
3) Johnson, Chris FR	4) Marshall, Rivaldo SO				
47.553 (47.553)	1:33.971 (46.418)	2:21.082 (47.112)	3:07.637 (46.555)		
4 Barton County 'A'		3:11.12F	4	5	
1) Howell, Jaden FR	2) Mosley, Elijah SO				
3) Campbell, Fabian FR	4) Small, Almond SO				
48.950 (48.950)	1:35.395 (46.445)	2:23.724 (48.329)	3:11.118 (47.395)		
5 Iowa Western CC 'A'		3:12.04F	5	4	
1) Brown, Jayden FR	2) Hamm, Tahj SO				
3) Brown, Andrew SO	4) Northover, Romario SO				
49.512 (49.512)	1:35.987 (46.475)	2:23.404 (47.417)	3:12.040 (48.636)		
6 Meridian CC 'A'		3:13.11	3	3	
1) Kapandura, Dickson SO	2) Tanner, Jacoby SO				
3) Thomas, James FR	4) Johnson, Terrick FR				
48.321 (48.321)	1:36.733 (48.412)	2:24.603 (47.870)	3:13.107 (48.504)		
7 Butler CC 'A'		3:14.82	6	2	
1) John, Nazzio SO	2) Bourahli, Wail SO				
3) Chacon, Ryan FR	4) Brown, Shawn SO				
49.621 (49.621)	1:39.157 (49.536)	2:27.480 (48.324)	3:14.816 (47.336)		
8 Cloud County 'A'		3:15.26	5	1	
1) Kamau, Leroy FR	2) Dende, Jonathan SO				
3) Igish, Alphonse SO	4) Wanga, Emmanuel SO				
48.763 (48.763)	1:38.700 (49.938)	2:27.488 (48.788)	3:15.259 (47.771)		
9 Fort Scott CC 'A'		3:15.61	5		
1) Major, Logan FR	2) Paul, Mario FR				
3) Brown, Brian SO	4) Turner, Keldrick SO				
48.263 (48.263)	1:40.831 (52.568)	2:29.191 (48.360)	3:15.608 (46.417)		
10 Mesa CC 'A'		3:16.20	5		
1) Boehm, Joshua SO	2) Anderson, Joshua SO				
3) Jagne, Ousman FR	4) Castillo, Donovan SO				
48.531 (48.531)	1:39.424 (50.894)	2:29.012 (49.588)	3:16.192 (47.181)		
11 Pratt CC 'A'		3:16.33	4		3:16.326
1) Sonnier, Tyler SO	2) Johnson, Quintin FR				
3) Beckles, Davon SO	4) Gilbreath, Sebastian FR				
49.428 (49.428)	1:38.414 (48.986)	2:28.234 (49.821)	3:16.326 (48.092)		
12 Western Texas 'A'		3:16.33	1		3:16.327
1) Salmon, Sanjay FR	2) Boyce, DeSean FR				
3) Campbell, Reuel FR	4) Blair, Antonio SO				
51.463 (51.463)	1:38.919 (47.457)	2:27.806 (48.887)	3:16.327 (48.521)		
13 Hinds CC 'A'		3:16.84	2		
1) Wheeler, Jah'Vaunni FR	2) Hogans, Dapriest SO				
3) Johnson, Steven FR	4) Bradley-Reed, Frank FR				
48.515 (48.515)	1:36.805 (48.290)	2:26.909 (50.105)	3:16.831 (49.922)		
14 Pima CC 'A'		3:17.51	4		
1) Spalding, Tristan SO	2) Cahoon, Broden FR				
3) Plant, Nathan FR	4) Barger, Orion FR				
48.123 (48.123)	1:39.438 (51.316)	2:29.985 (50.547)	3:17.509 (47.524)		
15 Iowa Central CC 'A'		3:18.54	3		
1) Carter, Kamijah SO	2) Bishop, Tafari SO				
3) Prince, Trevon FR	4) Sobura-Durma, Jakob FR				
48.666 (48.666)	1:36.800 (48.134)	2:25.350 (48.550)	3:18.535 (53.186)		
16 Hawkeye CC 'A'		3:19.19	2		
1) Osborn, Blake SO	2) Daniel, Brigham SO				
3) Knockel, Sean FR	4) Mullenix, Chase SO				
49.557 (49.557)	1:39.171 (49.614)	2:28.907 (49.736)	3:19.183 (50.276)		

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Results - Saturday

....Event 22 Men 4x400 Meter Relay

17 Coffeyville 'A'				3:19.24	2	
1) Witt, Nakoah SO		2) Mejia, Michael FR				
3) Johnson, Travian FR		4) Harris, Lanard FR				
49.272 (49.272)	1:38.882 (49.610)	2:28.947 (50.066)		3:19.235 (50.288)		
18 Colby CC 'A'				3:19.87	4	
1) Plakaris, Jaydin FR		2) Flowers, Jamal FR				
3) Grant, Thomas FR		4) Houston, Alzavian FR				
50.076 (50.076)	1:40.036 (49.960)	2:30.738 (50.702)		3:19.861 (49.124)		
19 Neosho County 'A'				3:22.27	2	
1) Sylvester, Jared SO		2) Laurance, Gunnar SO				
3) Hill, Hunter FR		4) Lopez, Alexander SO				
48.873 (48.873)	1:39.805 (50.932)	2:31.059 (51.255)		3:22.268 (51.209)		
20 Monroe College 'A'				3:23.45	3	
1) Dotson, Jaheim SO		2) O'Garro, Kiron FR				
3) Hackshaw, Jonathan SO		4) Mc Farlane, Akeerie FR				
49.601 (49.601)	1:39.329 (49.728)	2:32.828 (53.500)		3:23.441 (50.613)		
21 Southwestern CC 'A'				3:24.04	1	
1) Norton, Robert SO		2) Hackett, Jonathon FR				
3) Olson, Ben FR		4) Cunningham, Justin SO				
50.795 (50.795)	1:42.332 (51.538)	2:32.753 (50.422)		3:24.032 (51.279)		
22 Garden City CC 'A'				3:25.11	1	
1) Miller, Jamie FR		2) Randell, Jockque SO				
3) Miles, Quinjerus FR		4) Harris, Johnny FR				
51.566 (51.566)	1:43.698 (52.132)	2:35.195 (51.497)		3:25.106 (49.912)		
23 North Iowa CC 'A'				3:26.13	1	
1) Novak, Dylan FR		2) Massa, Hugo SO				
3) Huggins, Bruce FR		4) Canton, Bryson FR				
52.469 (52.469)	1:43.553 (51.084)	2:34.677 (51.124)		3:26.123 (51.446)		
-- Essex CC 'A'				SCR	3	
1) Farinha, Nathan FR		2) Farinha, Jonathan FR				
3) Thomas, Torin FR		4) Hinds, Tafar-Hi FR				

Event 23 Women 4x800 Meter Relay

Double Waterfall, 2 Turn Stagger

Indoor Nat.: N 8:41.62 1993 Barton County

Indoor Meet: M 8:41.62 1993 Barton County

School				Finals	H#	Points
1 Hutchinson CC 'A'				9:42.96	2	10
1) Lambert, Gracie FR		2) Hoskinson, Taylor FR				
3) Van Zelfden, Ellie FR		4) Larson, Serenity FR				
2:24.564 (2:24.564)	4:49.621 (2:25.058)	7:17.361 (2:27.740)		9:42.951 (2:25.590)		
2 Cowley College 'A'				9:49.72	1	8
1) Boothe, Delicia SO		2) Vaz, Dhennifer FR				
3) Garcia-Gonzalez, Andrea SO		4) Pinnock, Abigail SO				
2:29.688 (2:29.688)	4:58.681 (2:28.994)	7:24.901 (2:26.220)		9:49.720 (2:24.819)		
3 Iowa Western CC 'A'				10:06.06	1	6
1) French, Josey SO		2) Pierson, Lauren FR				
3) Arnold, Callie FR		4) Stacey, Bethany SO				
2:35.653 (2:35.653)	5:10.842 (2:35.189)	7:38.133 (2:27.291)		10:06.057 (2:27.924)		
4 Salt Lake 'A'				10:16.83	1	5
1) Swain, Kennedy FR		2) Jensen, Karli FR				
3) McCarter, Mallory FR		4) Paras, Zaylie FR				
2:34.136 (2:34.136)	5:11.434 (2:37.298)	7:43.359 (2:31.926)		10:16.830 (2:33.471)		

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Results - Saturday

....Event 23 Women 4x800 Meter Relay

5 Neosho County 'A'	10:27.87	1	4
1) Pena, Delsinay SO	2) Korir, Daisy SO		
3) Salil, Naomi FR	4) Sears, Landrea FR		
2:34.576 (2:34.576)	5:07.282 (2:32.706)	7:41.157 (2:33.876)	10:27.869 (2:46.712)
-- Fort Scott CC 'A'	DQ	2	3rd leg, lap short
1) Osakwe, Chrystal FR	2) Heron, Aliyaha FR		
3) Green, Icey FR	4) Badawi, Ann FR		
2:23.535 (2:23.535)	4:49.151 (2:25.616)		
-- New Mexico JC 'A'	DQ	2	3rd leg, lap short
1) Gallegos, Vanessa FR	2) Magassa, Minankolo SO		
3) Jerop, Daisy FR	4) Waltmire, Morgan FR		
2:23.881 (2:23.881)	4:48.159 (2:24.278)		
-- Southeastern CC 'A'	DQ	2	3rd leg, lap short
1) Ramone, Aisha FR	2) Yaley, Cassidy FR		
3) Mackey, Carissa FR	4) Simpson, Allie SO		
2:23.573 (2:23.573)	4:59.988 (2:36.415)		
-- South Plains 'A'	DQ	2	3rd leg, lap short
1) Dwyer, Rushana FR	2) Graham, Shannel FR		
3) Jones, Jeniel SO	4) Guerrero, Lilliana FR		
2:16.710 (2:16.710)	5:03.121 (2:46.411)		
-- Mesa CC 'A'	DQ	2	3rd leg, lap short
1) Brockman, Kate SO	2) Heiliger, Ryan SO		
3) Ross, Maliyah FR	4) Harmon, Anna SO		
2:21.047 (2:21.047)	4:49.364 (2:28.317)		
-- Cloud County 'A'	DQ	2	3rd leg, lap short
1) Kua, Mary FR	2) Ochana, Melody SO		
3) Goir, Aina FR	4) Ndungu, Lucy SO		
2:25.134 (2:25.134)	4:47.095 (2:21.961)		
-- Iowa Central CC 'A'	DNS	2	
1) Condon, Paige FR	2) McCreedy, Taylor SO		
3) Brown, Britney SO	4) Garcia Grafing, Chloe SO		

Event 24 Men 4x800 Meter Relay

Double Waterfall, 2 Turn Stagger

Indoor Nat.: N 7:28.54 2008 Rend Lake
Indoor Meet: M 7:30.15 1986 Blinn College

School	Finals	H#	Points
1 South Plains 'A'	7:28.38N	2	10
1) Farquharson, Kimar SO	2) Tanui, Aron SO		
3) Hall, Chevonne SO	4) Celik, Mehmet FR		
1:50.642 (1:50.642)	3:41.354 (1:50.712)	5:37.921 (1:56.568)	7:28.377 (1:50.456)
2 Monroe College 'A'	7:39.13	2	8
1) Moloisi, Kgaogelo FR	2) Belmahdi, Karim SO		
3) Chapman, Leroy FR	4) Mcabelo, Prince SO		
1:54.872 (1:54.872)	3:45.579 (1:50.707)	5:46.050 (2:00.471)	7:39.125 (1:53.076)
3 Indian Hills CC 'A'	7:39.74	2	6
1) Reinders, Cole FR	2) Rock, Roneldo SO		
3) Becerra, Jorge SO	4) Al-Yafaee, Mohammed FR		
1:52.553 (1:52.553)	3:48.366 (1:55.813)	5:47.500 (1:59.134)	7:39.733 (1:52.234)
4 Butler CC 'A'	7:43.41	2	5
1) Leck, Andrew SO	2) Bourahli, Wail SO		
3) Boukhiar, Abdelhakim FR	4) Trotter, Zach SO		
1:55.133 (1:55.133)	3:45.342 (1:50.210)	5:45.736 (2:00.394)	7:43.408 (1:57.672)

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....Event 24 Men 4x800 Meter Relay

5 Vincennes 'A'				7:46.84	2	4
1) Faulkner, Trenton SO		2) Jordan, Desroy FR				
3) Momodu, Ernest SO		4) Keitany, Mathew SO				
1:57.073 (1:57.073)	3:51.210 (1:54.138)	5:52.404 (2:01.194)		7:46.836 (1:54.432)		
6 Mesa CC 'A'				7:47.23	2	3
1) Green, Samuel FR		2) Pavelchik, Nate SO				
3) Akers, Greyson FR		4) Gelder, Hayden SO				
1:55.453 (1:55.453)	3:51.416 (1:55.964)	5:50.654 (1:59.238)		7:47.226 (1:56.572)		
7 Iowa Central CC 'A'				7:47.58	2	2
1) Wright, Joseph Asahi FR		2) Bergren, Baylor FR				
3) Prince, Trevon FR		4) Bishop, Tafari SO				
1:57.165 (1:57.165)	3:56.038 (1:58.873)	5:51.968 (1:55.931)		7:47.576 (1:55.608)		
8 Meridian CC 'A'				7:49.30	1	1
1) Turner, Dominic FR		2) Mackey, Avante FR				
3) Mukwada, Norman SO		4) Johnson, Terrick FR				
1:57.022 (1:57.022)	3:56.634 (1:59.612)	5:55.824 (1:59.190)		7:49.299 (1:53.476)		
9 Cloud County 'A'				7:51.99	1	
1) Patton, Raziell SO		2) Mokgothu, Siyabonga FR				
3) Reid, Quwayne SO		4) Misgina, Kidus SO				
1:56.467 (1:56.467)	3:54.262 (1:57.795)	5:53.785 (1:59.524)		7:51.986 (1:58.201)		
10 Neosho County 'A'				7:52.94	1	
1) Laurance, Gunnar SO		2) Stutzman, Hayden FR				
3) Sylvester, Jared SO		4) Lopez, Alexander SO				
1:58.110 (1:58.110)	3:54.574 (1:56.465)	5:54.031 (1:59.457)		7:52.932 (1:58.901)		
11 Fort Scott CC 'A'				7:55.42	2	
1) Asmerom, Jotham SO		2) Mulugeta, Eldad FR				
3) Jackson, Ber'Narjay SO		4) Purcell, Jordan FR				
1:58.583 (1:58.583)	3:55.564 (1:56.981)	5:53.509 (1:57.946)		7:55.415 (2:01.906)		
12 Iowa Western CC 'A'				8:03.02	1	
1) Bett, Melynson FR		2) Brown, Chaz SO				
3) Willis, Kylan SO		4) Costigan, Ty SO				
1:57.582 (1:57.582)	3:58.526 (2:00.944)	6:01.548 (2:03.022)		8:03.011 (2:01.464)		
13 Paradise Valley 'A'				8:05.76	1	
1) Lundgren, Jason FR		2) Miller, Chaz FR				
3) Barney, Jonathan FR		4) Gonzales, Oscar FR				
2:00.440 (2:00.440)	4:00.706 (2:00.267)	6:04.454 (2:03.748)		8:05.757 (2:01.303)		
14 Salt Lake 'A'				8:14.41	1	
1) Derrick, Clay FR		2) Yellowhair, Erol FR				
3) Skelton, David FR		4) Romero, Alejandro FR				
2:01.528 (2:01.528)	4:08.552 (2:07.024)	6:13.210 (2:04.658)		8:14.404 (2:01.194)		
-- New Mexico JC 'A'				DNS	1	
1) Korir, Chris SO		2) Walker, Dyimond FR				
3) Pauvert, Marc SO		4) Hernandez, David SO				

Event 27 Women High Jump

1.56, 1.61, 1.66, 1.71, 1.74, 1.77, 1.80, 1.83, 1.86, 1.89

Indoor Nat.: N 1.87m 2023 Miracle Ailes, Iowa Western

Indoor Meet: M 1.82m 1991 Shenell Searcy, Odessa College

Facility: F 1.84m 2023 Rylee Anderson, Kansas

Name	Year	School	Finals	Points
1 Ailes, Miracle	SO	Iowa Western CC	1.74m	5-08.50 10
1.56 1.61 1.66 1.71 1.74 1.77 1.80 1.83 1.86 1.89 1.90				
PPP PPP PPP O O PPP PPP PPP PPP PPP XXX				

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Results - Saturday

....Event 27 Women High Jump

2	Hadley, Haleigh	SO Indian Hills CC	1.71m	5-07.25	8
	1.56 1.61 1.66 1.71 1.74				
	PPP O O XXO XXX				
3	Brown, Amaya	SO South Plains	1.66m	5-05.25	5.50
	1.56 1.61 1.66 1.71				
	XO O XO XXX				
3	Meyers, Teagan	FR Sauk Valley CC	1.66m	5-05.25	5.50
	1.56 1.61 1.66 1.71				
	O XO XO XXX				
5	Mercera, Vanessa	SO Cloud County	J1.66m	5-05.25	4
	1.56 1.61 1.66 1.71				
	XO XO XO XXX				
6	Reineman, Josey	SO Hagerstown CC	J1.66m	5-05.25	2.50
	1.56 1.61 1.66 1.71				
	O O XXO XXX				
6	Henry, Shackala	FR Cloud County	J1.66m	5-05.25	2.50
	1.56 1.61 1.66 1.71				
	O O XXO XXX				
8	Alexander, Jelese	SO Essex CC	J1.66m	5-05.25	0.50
	1.56 1.61 1.66 1.71				
	XO O XXO XXX				
8	Hernandez, Madelyn	FR Hutchinson CC	J1.66m	5-05.25	0.50
	1.56 1.61 1.66 1.71				
	XO O XXO XXX				
10	williamson, jazmine	FR Barton County	1.61m	5-03.25	
	1.56 1.61 1.66				
	PPP O XXX				
10	Hibbert, Dayjahney	SO Highland CC	1.61m	5-03.25	
	1.56 1.61 1.66				
	O O XXX				
12	Maywin, Achol	FR New Mexico JC	J1.61m	5-03.25	
	1.56 1.61 1.66				
	PPP XO XXX				
13	Swenson, Jordan	SO North Iowa CC	1.56m	5-01.25	
	1.56 1.61				
	O XXX				
14	Prentiss, Kayleigh	FR Barton County	J1.56m	5-01.25	
	1.56 1.61				
	XO XXX				
--	Stallman, Ritchina	FR Iowa Western CC	NH		
	1.56				
	XXX				
--	Hinds, Daniel	FR New Mexico JC	NH		
	1.56 1.61				
	PPP XXX				
--	Brzezniak, Natalia	FR Mesa CC	NH		
	1.56				
	XXX				

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023**Washburn University****Results - Saturday****Event 33 Women Triple Jump**

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Top 9 to Finals

Indoor Nat.: N 13.66m 2002 Yuliana Perez, Pima CC
 Indoor Meet: M 13.66m 2002 Yuliana Perez, Pima CC
 Facility: F 12.70m 2021 Flore Gracia, West Texas A&M

Name	Year	School	Finals	Points
1 Ingram, Brittanica	SO	Barton County	12.50m 41-00.25	10
FOUL 12.03m 12.15m 12.01m 12.12m 12.50m				
2 Dames, Damazvia	SO	Fort Scott CC	12.43m 40-09.50	8
FOUL 12.01m 12.43m FOUL 11.77m 11.91m				
3 Lindsay, Aaliyah	SO	New Mexico JC	12.21m 40-00.75	6
11.74m 11.92m 11.86m FOUL 11.91m 12.21m				
4 Clarke, Kay-Lagay	FR	Barton County	12.12m 39-09.25	5
12.03m 11.97m FOUL 11.72m 11.96m 12.12m				
5 Brewster, Adeyah	SO	Iowa Central CC	12.04m 39-06.00	4
11.07m 11.46m 11.08m 11.54m 12.04m FOUL				
6 Barmore, Leila	FR	Glendale CC	11.80m 38-08.75	3
11.64m 11.80m 11.72m 11.75m 11.33m 11.64m				
7 Thichiot, Nyadhol	SO	Iowa Central CC	11.75m 38-06.75	2
FOUL 11.75m 11.75m 11.55m 11.51m 11.32m				
8 Dyett, Alyssa	FR	Monroe College	11.71m 38-05.00	1
FOUL 11.41m 11.71m FOUL FOUL 11.59m				
9 Green, Icey	FR	Fort Scott CC	11.42m 37-05.75	
10.79m 10.96m 11.42m 11.39m 11.14m 11.15m				
10 Hammond, Saniyah	FR	Coffeyville	11.40m 37-05.00	
10.84m 11.18m 11.40m				
11 Presulme, Ahniesha	SO	Barton County	11.32m 37-01.75	
11.17m 11.32m 11.30m				
12 Chambers, Paula Ann	FR	South Plains	11.29m 37-00.50	
10.63m 11.29m FOUL				
13 Mosley, Tianna	FR	Pima CC	11.28m 37-00.25	
11.28m 11.08m 11.18m				
-- Gerstner, Emma	FR	Mineral Area	DNS	

Event 34 Men Triple Jump

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Top 9 to Finals

Indoor Nat.: N 16.99m 1995 James Beckford, Blinn
 Indoor Meet: M 16.99m 1995 James Beckford, Blinn College
 Facility: F 15.47m 2022 Kizan David, Lincoln

Name	Year	School	Finals	H#	Points
1 Daniel, Kelsey	SO	New Mexico JC	16.09mF 52-09.50	2	10
FOUL 15.94m PASS 15.81m PASS 16.09m					
2 Kuleshov, Roman	SO	Iowa Central CC	16.06mF 52-08.25	2	8
15.45m 15.74m 15.67m 15.77m FOUL 16.06m					
3 Walters, Waukeem	FR	Iowa Central CC	15.10m 49-06.50	2	6
13.95m 14.23m 14.32m 14.26m 14.51m 15.10m					
4 Manning, Caleb	SO	Hutchinson CC	15.08m 49-05.75	2	5
14.69m 14.67m 15.08m 14.39m 13.36m 14.84m					
5 Woods, Anthony	SO	Coffeyville	15.01m 49-03.00	2	4
14.31m FOUL FOUL 14.74m 14.57m 15.01m					
6 Shukuru, Samson	SO	Iowa Central CC	14.66m 48-01.25	1	3
14.16m 14.66m PASS PASS PASS PASS					

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....Event 34 Men Triple Jump

7	Ndlovu, Awakhiwe	FR Cloud County	14.64m	48-00.50	1	2
	14.35m 14.64m 14.63m 14.62m 14.13m 14.53m					
8	Gaaloul, Dhia	FR New Mexico JC	14.44m	47-04.50	1	1
	FOUL FOUL 14.44m FOUL PASS FOUL					
9	Betts, Garrian	SO Coffeyville	14.36m	47-01.50	2	
	FOUL FOUL 14.36m FOUL 13.97m FOUL					
10	Jones, Marzeion	SO Iowa Western CC	14.28m	46-10.25	1	
	14.17m FOUL 14.28m					
11	Prejean, Everette	FR Hinds CC	14.27m	46-10.00	2	
	FOUL FOUL 14.27m					
12	Gonzalez-Cockrell, Kayde	FR Pima CC	14.18m	46-06.25	2	
	FOUL 14.10m 14.18m					
13	Teneus-Claude, Elisha	SO South Plains	14.13m	46-04.25	1	
	12.89m 14.13m FOUL					
14	Covil, Montrell	FR Bryant Stratton-VA	14.12m	46-04.00	1	
	13.96m 13.93m 14.12m					
15	Fuller, Darius	SO Fort Scott CC	13.79m	45-03.00	2	
	13.26m 13.16m 13.79m					
16	Greene, Devin	SO Glendale CC	J13.79m	45-03.00	1	
	FOUL FOUL 13.79m					
17	Taylor, Latrell	SO Colby CC	13.78m	45-02.50	1	
	FOUL 13.63m 13.78m					
18	Sangwa, Grace	SO Glendale CC	13.52m	44-04.25	1	
	13.35m 13.19m 13.52m					
19	Sharma, Ritish	SO Bryant Stratton-WI	13.17m	43-02.50	1	
	13.16m FOUL 13.17m					
20	Coleman, Jabarii	FR Coffeyville	12.58m	41-03.25	1	
	12.58m FOUL FOUL					
--	Mdlela, Oageng	FR Cloud County	FOUL		2	
	FOUL FOUL FOUL					
--	Charles, Godwin	SO Central Arizona	DNS		2	

Event 37 Women Weight Throw

Top 9 to Finals

Indoor Nat.: N 20.91m 2016 Tynelle Gumbs, Central Arizona

Indoor Meet: M 20.91m 2016 Tynelle Gumbs, Central Arizona

Facility: F 20.25m 2021 Grace Flowers, Arkansas State

Name	Year	School	Finals	H#	Points
1 Murrell-Ross, Kelsie	SO	Barton County	18.30m	60-00.50	2 10
			15.74m 17.83m FOUL 18.30m 14.87m 16.60m		
2 McClellan, Kayla	SO	Cowley College	16.76m	55-00.00	2 8
			14.10m 15.13m 15.89m 16.76m 15.86m FOUL		
3 Hines, Kimola	SO	South Plains	16.13m	52-11.00	2 6
			14.96m 16.13m 15.98m 15.26m FOUL 15.60m		
4 Plaza, Ronelle	SO	South Plains	15.97m	52-04.75	2 5
			FOUL FOUL 15.97m FOUL 15.66m FOUL		
5 Hamilton, Treneese	FR	Barton County	15.89m	52-01.75	1 4
			15.89m 15.78m FOUL 15.38m 15.58m FOUL		
6 Venteicher, Molly	SO	Southwestern CC	15.80m	51-10.00	2 3
			15.01m 14.97m 15.30m 15.80m 15.59m 15.36m		
7 Armstrong, Audrey	SO	Paradise Valley	15.79m	51-09.75	2 2
			FOUL 15.79m 15.27m 15.05m FOUL 15.25m		

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Results - Saturday

....Event 37 Women Weight Throw

8	Latham, Efe	SO Barton County	15.72m	51-07.00	2	1
	15.72m FOUL FOUL FOUL FOUL FOUL					
9	Thompson, Tahisha	SO Cloud County	14.84m	48-08.25	1	
	14.84m 14.04m 14.13m 14.20m 14.66m 13.53m					
10	Deakin, Karsten	SO Paradise Valley	14.73m	48-04.00	2	
	FOUL FOUL 14.73m					
11	Bartz, Abby	FR Hawkeye CC	14.69m	48-02.50	2	
	13.44m FOUL 14.69m					
12	Markle, McKenna	SO Cowley College	14.51m	47-07.25	2	
	14.51m FOUL 14.11m					
13	Callihan, Mallory	SO Cloud County	14.32m	46-11.75	1	
	14.32m 13.61m 13.84m					
14	Finau, Charity	FR Iowa Western CC	14.12m	46-04.00	1	
	13.44m 14.12m 13.78m					
15	Sanchez, Angela	SO Coffeyville	14.09m	46-02.75	1	
	14.09m FOUL FOUL					
16	Kalanick, Cloe	FR Garden City CC	14.03m	46-00.50	1	
	12.18m 12.46m 14.03m					
17	Thompson, Tamara	FR Cloud County	13.98m	45-10.50	1	
	13.98m FOUL FOUL					
18	Morgan, Khersa	SO Bryant Stratt-WI	12.83m	42-01.25	1	
	12.83m FOUL FOUL					
19	Robinson, Sarah	SO Cowley College	12.63m	41-05.25	1	
	12.63m FOUL FOUL					
20	Wilson, Madelyn	SO North Iowa CC	9.40m	30-10.25	1	
	FOUL FOUL 9.40m					
--	Ferreira, Beatriz	FR Garden City CC	FOUL		2	
	FOUL FOUL FOUL					

Event 38 Men Weight Throw

Top 9 to Finals

Indoor Nat.: N 21.51m 2020 Andrei Romanov, Indian Hills
 Indoor Meet: M 21.44m 2020 Andrei Romanov, New Mexico JC
 Facility: F 20.95m 2022 Jessie Sullivan, South Dakota

Name	Year	School	Finals	H#	Points
1 Ahmed, Mohamed		SO Cloud County	20.14m	66-01.00	2 10
		19.56m 19.41m 19.82m 20.13m 19.18m 20.14m			
2 Lloyd, Brandon		SO Barton County	18.47m	60-07.25	2 8
		17.42m 17.81m FOUL 18.05m 17.62m 18.47m			
3 Myers-Haeussler, Bryce		SO Paradise Valley	17.27m	56-08.00	2 6
		16.87m 17.15m 17.27m 15.87m FOUL FOUL			
4 Schneeberger, Jaden		SO Cowley College	17.25m	56-07.25	2 5
		17.25m 16.59m FOUL 15.69m 16.49m 17.07m			
5 Ugwoke, Vincent		SO Cloud County	17.16m	56-03.75	2 4
		16.40m FOUL 15.73m 16.39m 17.16m 16.63m			
6 Gaither, Charles		SO South Plains	17.06m	55-11.75	2 3
		17.06m FOUL 16.06m 16.55m FOUL 16.40m			
7 Brown, Christopher		SO Hutchinson CC	16.30m	53-05.75	2 2
		14.88m 16.30m 16.12m 16.24m FOUL FOUL			
8 Crawford, Chrstopher		FR Barton County	15.89m	52-01.75	1 1
		FOUL 14.89m 15.60m FOUL 15.89m FOUL			
9 Smith, Evan		SO Coffeyville	15.38m	50-05.50	1
		FOUL 13.34m 15.38m FOUL FOUL FOUL			

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Results - Saturday

....Event 38 Men Weight Throw

10	Gunzell, Trevor	FR Coffeyville	14.99m	49-02.25	1
	FOUL FOUL 14.99m				
11	Green, Treavor	SO Cowley College	14.87m	48-09.50	2
	FOUL FOUL 14.87m				
12	Watkins, Donovan	FR Coffeyville	14.81m	48-07.25	1
	13.95m 14.81m FOUL				
13	Young, Christopher	FR Barton County	14.80m	48-06.75	2
	14.48m 14.80m FOUL				
14	Hernandez, Alex	SO Mesa CC	14.58m	47-10.00	1
	FOUL FOUL 14.58m				
15	Johnson, Abner	SO Cowley College	14.20m	46-07.25	1
	14.20m 12.75m FOUL				
16	Brown, Donroy	SO South Plains	13.16m	43-02.25	1
	13.16m 13.16m FOUL				
--	Harmes, Mason	SO Vincennes	FOUL		1
	FOUL FOUL FOUL				
--	Tamayo, Tino	FR Hawkeye CC	DNS		1

Event 40 Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Indoor Meet: M 8.00 2018 Denim Rogers, Garden City CC

Name	Year	School	Finals	H#	Points
1	Smith, Ricardo	SO Cloud County	8.33	3	900
2	Appiah-Konadu, Nelvin	SO South Plains	8.39	3	886
3	Scott, Aries	SO Iowa Central CC	8.43	4	877
4	Moses, Anson	SO Cloud County	8.51	3	858
5	Ventura, Camron	SO Iowa Central CC	8.68	3	818
6	Crosby, Harry	FR South Plains	8.78	4	795
7	Joseph, Hemon	SO Cloud County	8.79	4	793
8	Kozjakovs, Olegs	FR Vincennes	9.03	1	739
9	Bauer, Garrah	FR Cowley College	9.04	1	737
10	Kennedy, Myki	FR Iowa Central CC	9.23	2	696
11	Lammertink, Milo	FR Central Arizona	9.34	4	673
12	Gosselin, Theodore	SO Mesa CC	9.36	2	668
13	Mentz, Felipe	SO Cowley College	9.37	1	666
14	Arvayo, Dillion	FR Pima CC	9.53	1	633
15	Mulero, Pedro	FR Neosho County	9.79	2	581
16	Acedo, Jacob	FR Pima CC	10.12	2	519

Event 40 Heptathlon: #6 Men Pole Vault Heptathlon

Indoor Meet: M 4.90m Williamson/Tonnesen, Paradise Valley/Mesa CC

Name	Year	School	Finals	Points
1	Kozjakovs, Olegs	FR Vincennes	4.38m 14-04.50	725
	2.78 2.88 2.98 3.08 3.18 3.28 3.38 3.48 3.58 3.68 3.78 3.88 3.98 4.08 4.18 4.28 4.38 4.48			
	PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP O PPP O XXX			
2	Smith, Ricardo	SO Cloud County	3.98m 13-00.75	612
	2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38 3.48 3.58 3.68 3.78 3.88 3.98 4.08			
	PPP PPP PPP PPP PPP PPP PPP O PPP XO PPP XO PPP O O O XXX			
2	Moses, Anson	SO Cloud County	3.98m 13-00.75	612
	2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38 3.48 3.58 3.68 3.78 3.88 3.98 4.08			
	PPP PPP PPP PPP PPP PPP XO PPP O PPP O PPP XXO XO XO O XXX			

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Results - Saturday

....Event 40 Heptathlon: #6 Men Pole Vault Heptathlon

4	Mentz, Felipe	SO Cowley College	3.88m	12-08.75	584
	2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38 3.48 3.58 3.68 3.78 3.88 3.98				
	PPP PPP PPP PPP PPP PPP PPP O PPP XO PPP XXO O O XO XXX				
5	Scott, Aries	SO Iowa Central CC	3.78m	12-04.75	557
	2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38 3.48 3.58 3.68 3.78 3.88				
	PPP PPP PPP PPP O PPP PPP O PPP XO O O XXX				
6	Arvayo, Dillion	FR Pima CC	3.68m	12-00.75	530
	2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38 3.48 3.58 3.68 3.78				
	PPP PPP PPP PPP PPP PPP O PPP XO O O XXO O XXX				
7	Crosby, Harry	FR South Plains	3.38m	11-01.00	451
	2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38 3.48				
	PPP PPP PPP PPP PPP XO XO O O O XXX				
7	Appiah-Konadu, Nelvin	SO South Plains	3.38m	11-01.00	451
	2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38 3.48				
	PPP PPP PPP PPP PPP PPP O O O O O XXX				
9	Joseph, Hemon	SO Cloud County	3.28m	10-09.00	426
	2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38				
	PPP PPP PPP PPP O XO O O XXO XXX				
9	Ventura, Camron	SO Iowa Central CC	3.28m	10-09.00	426
	2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38				
	PPP PPP PPP O PPP O XO O O XXX				
9	Acedo, Jacob	FR Pima CC	3.28m	10-09.00	426
	2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18 3.28 3.38				
	PPP PPP PPP PPP O O O O O XXX				
12	Bauer, Garrah	FR Cowley College	2.98m	9-09.25	352
	2.48 2.58 2.68 2.78 2.88 2.98 3.08				
	O PPP PPP XO XO O XXX				
12	Mulero, Pedro	FR Neosho County	2.98m	9-09.25	352
	2.48 2.58 2.68 2.78 2.88 2.98 3.08				
	PPP O PPP O XO XXX				
14	Gosselin, Theodore	SO Mesa CC	2.88m	9-05.25	328
	2.48 2.58 2.68 2.78 2.88 2.98 3.08 3.18				
	PPP PPP PPP PPP O PPP PPP XXX				
15	Kennedy, Myki	FR Iowa Central CC	2.78m	9-01.50	305
	2.48 2.58 2.68 2.78 2.88				
	PPP O XO O XXX				
--	Lammertink, Milo	FR Central Arizona	DNS		
	2.48				
	PPP				

Event 40 Heptathlon: #7 Men 1000 Meter Run Heptathlon

Indoor Meet: M 2:41.12 2018 J. Ply, Central Arizona					
Name	Year	School	Finals	Points	
1 Appiah-Konadu, Nelvin		SO South Plains	2:43.91	830	
	30.974 (30.974)	1:03.192 (32.218)	1:38.564 (35.372)		2:13.316 (34.752)
	2:43.904 (30.589)				
2 Mulero, Pedro		FR Neosho County	2:44.57	823	
	29.360 (29.360)	1:02.516 (33.157)	1:37.964 (35.448)		2:12.828 (34.864)
	2:44.566 (31.738)				
3 Scott, Aries		SO Iowa Central CC	2:45.02	818	
	31.140 (31.140)	1:03.937 (32.798)	1:39.200 (35.264)		2:13.739 (34.539)
	2:45.016 (31.277)				

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Results - Saturday

....Event 40 Heptathlon: #7 Men 1000 Meter Run Heptathlon

4 Gosselin, Theodore	SO Mesa CC	2:45.35	815
28.455 (28.455)	1:01.877 (33.422)	1:38.250 (36.374)	2:13.842 (35.592)
2:45.347 (31.505)			
5 Kennedy, Myki	FR Iowa Central CC	2:46.00	808
27.454 (27.454)	1:00.399 (32.946)	1:37.022 (36.624)	2:13.244 (36.222)
2:45.992 (32.749)			
6 Crosby, Harry	FR South Plains	2:46.45	803
31.502 (31.502)	1:05.007 (33.505)	1:39.806 (34.799)	2:14.034 (34.228)
2:46.449 (32.416)			
7 Mentz, Felipe	SO Cowley College	2:49.47	771
32.186 (32.186)	1:06.268 (34.082)	1:42.598 (36.330)	2:16.898 (34.300)
2:49.465 (32.568)			
8 Moses, Anson	SO Cloud County	2:50.23	763
30.518 (30.518)	1:04.274 (33.757)	1:39.496 (35.222)	2:16.152 (36.656)
2:50.222 (34.071)			
9 Acedo, Jacob	FR Pima CC	2:53.24	732
29.614 (29.614)	1:02.970 (33.356)	1:38.911 (35.942)	2:15.724 (36.813)
2:53.240 (37.516)			
10 Ventura, Camron	SO Iowa Central CC	2:59.74	667
30.868 (30.868)	1:05.662 (34.794)	1:43.550 (37.888)	2:22.974 (39.424)
2:59.740 (36.767)			
11 Bauer, Garrah	FR Cowley College	3:00.25	662
29.682 (29.682)	1:04.608 (34.927)	1:41.656 (37.048)	2:19.722 (38.066)
3:00.243 (40.522)			
12 Arvayo, Dillion	FR Pima CC	3:02.65	639
30.662 (30.662)	1:05.402 (34.740)	1:42.976 (37.575)	2:23.893 (40.917)
3:02.650 (38.758)			
13 Kozjakovs, Olegs	FR Vincennes	3:02.81	637
34.498 (34.498)	1:09.784 (35.286)	1:47.342 (37.559)	2:27.700 (40.358)
3:02.808 (35.109)			
14 Joseph, Hemon	SO Cloud County	3:04.04	625
31.548 (31.548)	1:06.718 (35.170)	1:45.777 (39.060)	2:27.332 (41.556)
3:04.031 (36.699)			
15 Smith, Ricardo	SO Cloud County	3:29.04	408
30.829 (30.829)	1:07.582 (36.753)	1:52.519 (44.938)	2:44.168 (51.649)
3:29.032 (44.865)			
-- Lammertink, Milo	FR Central Arizona	DNS	

Women - Team Rankings - 20 Events Scored

1) New Mexico JC	116	2) Cloud County	84.50
3) South Plains	83.50	4) Barton County	83
5) Iowa Western CC	48	6) Iowa Central CC	43
7) Fort Scott CC	30	7) Colby CC	30
9) Mesa CC	28	10) Hinds CC	27
11) Cowley College	25.50	12) Meridian CC	23
13) Vincennes	16	14) Western Texas	15
15) Hutchinson CC	11.50	16) Southern Idaho	11
16) Salt Lake	11	16) Indian Hills CC	11
19) Monroe College	10	20) Pima CC	8
20) Paradise Valley	8	22) Essex CC	7.50
23) Butler CC	7	24) Southeastern CC	6
25) Sauk Valley CC	5.50	26) Central Arizona	4
26) Neosho County	4	28) Glendale CC	3.50
29) Southwestern CC	3	29) Cuyahoga CC	3

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023**Washburn University****Results - Saturday****....Event 40 Heptathlon: #7 Men 1000 Meter Run Heptathlon**

29) Garden City CC	3	32) Hagerstown CC	2.50
33) Hawkeye CC	1		

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Men - Team Rankings - 20 Events Scored

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1) South Plains	107	1) New Mexico JC	107
3) Iowa Western CC	61	4) Iowa Central CC	58
5) Barton County	48.50	6) Cloud County	40
7) Colby CC	39	7) Indian Hills CC	39
9) Butler CC	31	10) Monroe College	29
11) Fort Scott CC	24	12) Paradise Valley	22
12) Hinds CC	22	14) Coffeyville	20
14) Western Texas	20	16) Bryant & Stratton (VA)	13
17) Vincennes	12	18) Mesa CC	11
18) Cowley College	11	18) Pima CC	11
21) Hutchinson CC	10	22) Bryant & Stratton (WI)	8
23) Southern Idaho	7	24) Glendale CC	6
25) Meridian CC	5	25) Sauk Valley CC	5
25) Central Arizona	5	28) Hawkeye CC	3
29) North Iowa CC	2.50	30) Muskegon CC	1
30) DuPage	1	30) NW Kansas	1

2023 NJCAA Indoor Championships - 3/3/2023 to 3/4/2023**Washburn University
Results - Indoor Pentathlon****Women Indoor Pentathlon**

	Points	60H	HJ	SP	LJ	800
1 Couto, Ana Barton County FR Team Points: 10	3945	8.67 (980)	1.60m 5-03 (736)	13.21m 43-04.25 (741)	5.67m 18-07.25 (750)	2:26.46 (738)
2 Mercera, Vanessa Cloud County SO Team Points: 8	3817	9.09 (891)	1.72m 5-07.75 (879)	10.64m 34-11 (571)	5.39m 17-08.25 (668)	2:21.15 (808)
3 Sealy, Antonia Iowa Western CC SO Team Points: 6	3769	8.55 (1006)	1.54m 5-00.5 (666)	11.99m 39-04 (660)	5.84m 19-02 (801)	2:34.61 (636)
4 Alexander, Jelese Essex CC SO Team Points: 5	3443	9.32 (844)	1.60m 5-03 (736)	10.18m 33-04.75 (541)	5.33m 17-06 (651)	2:31.78 (671)
5 Boahemaa, Patience Central Arizona FR Team Points: 4	3409	9.24 (860)	1.45m 4-09 (566)	11.66m 38-03.25 (639)	5.51m 18-01 (703)	2:34.18 (641)
6 Trice, Jacklyn Pima CC SO Team Points: 3	3328	9.53 (802)	1.42m 4-07.75 (534)	10.03m 32-11 (531)	5.82m 19-01.25 (795)	2:32.18 (666)
7 Prentiss, Kayleigh Barton County FR Team Points: 2	3298	9.01 (908)	1.66m 5-05.25 (806)	9.37m 30-09 (488)	5.19m 17-00.5 (612)	2:48.04 (484)
8 Jackson, Jade Iowa Central CC SO Team Points: 1	3198	9.10 (889)	1.57m 5-01.75 (701)	9.14m 30-00 (473)	5.17m 16-11.5 (606)	2:43.94 (529)
9 Condon, Paige Iowa Central CC FR	3054	9.98 (716)	1.48m 4-10.25 (599)	9.28m 30-05.5 (482)	4.91m 16-01.5 (535)	2:27.66 (722)
10 Smith, LaShae' Cowley College SO	2909	9.53 (802)	1.60m 5-03 (736)	8.28m 27-02 (417)	4.91m 16-01.5 (535)	2:54.44 (419)
11 Simpson, Amber South Plains FR	2768	9.64 (781)	1.51m 4-11.5 (632)	8.08m 26-06.25 (405)	4.58m 15-00.5 (448)	2:46.40 (502)
12 Hoppe, Carlie Hawkeye CC SO	2651	10.41 (637)	1.39m 4-06.75 (502)	12.01m 39-05 (662)	4.30m 14-01.25 (379)	2:49.27 (471)
13 Johnson, Psalm Pima CC SO	2497	9.74 (761)	1.45m 4-09 (566)	6.72m 22-00.75 (317)	5.01m 16-05.25 (562)	3:08.39 (291)

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Results - Indoor Pentathlon

...Women Indoor Pentathlon

14	Ross, Maliyah	10.40	1.42m	FOUL	5.11m	2:34.19
	Mesa CC		4-07.75		16-09.25	
	FR	2403	(639)	(534)	(0)	(589)
						(641)

15	Paul, Arianna	10.00	NH	5.63m	5.15m	2:44.36
	Iowa Central CC			18-05.75	16-10.75	
	FR	2085	(712)	(0)	(248)	(601)
						(524)

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Results - Heptathlon

Men Heptathlon

	Points	60	LJ	SP	HJ Day1	60H	PV	1000
1 Scott, Aries Iowa Central CC SO Team Points: 10	5175	7.32 (772)	7.17m (854)	10.73m (530)	1.96m (767)	8.43 (877)	3.78m (557)	2:45.02 (818)
2 Appiah-Konadu, Nelv South Plains SO Team Points: 8	5086	6.86 (933)	6.42m (679)	11.78m (593)	1.90m (714)	8.39 (886)	3.38m (451)	2:43.91 (830)
3 Moses, Anson Cloud County SO Team Points: 6	5002	7.36 (759)	6.50m (697)	12.33m (626)	1.87m (687)	8.51 (858)	3.98m (612)	2:50.23 (763)
4 Kozjakovs, Olegs Vincennes FR Team Points: 5	4845	7.55 (697)	6.42m (679)	14.06m (732)	1.81m (636)	9.03 (739)	4.38m (725)	3:02.81 (637)
5 Crosby, Harry South Plains FR Team Points: 4	4758	7.17 (823)	6.96m (804)	9.34m (446)	1.81m (636)	8.78 (795)	3.38m (451)	2:46.45 (803)
6 Smith, Ricardo Cloud County SO Team Points: 3	4650	7.29 (782)	6.42m (679)	11.60m (582)	1.87m (687)	8.33 (900)	3.98m (612)	3:29.04 (408)
7 Joseph, Hemon Cloud County SO Team Points: 2	4632	7.00 (882)	6.77m (760)	12.45m (634)	1.66m (512)	8.79 (793)	3.28m (426)	3:04.04 (625)
8 Mentz, Felipe Cowley College SO Team Points: 1	4531	7.50 (713)	6.19m (628)	10.78m (533)	1.81m (636)	9.37 (666)	3.88m (584)	2:49.47 (771)
9 Kennedy, Myki Iowa Central CC FR	4504	7.14 (833)	6.46m (688)	10.87m (538)	1.81m (636)	9.23 (696)	2.78m (305)	2:46.00 (808)
10 Ventura, Camron Iowa Central CC SO	4472	7.30 (779)	6.22m (635)	10.85m (537)	1.78m (610)	8.68 (818)	3.28m (426)	2:59.74 (667)
11 Bauer, Garrah Cowley College FR	4353	7.35 (762)	6.17m (624)	10.28m (502)	1.90m (714)	9.04 (737)	2.98m (352)	3:00.25 (662)
12 Gosselin, Theodore Mesa CC SO	4353	7.49 (716)	6.28m (648)	10.52m (517)	1.84m (661)	9.36 (668)	2.88m (328)	2:45.35 (815)
13 Arvayo, Dillion Pima CC FR	4093	7.37 (755)	6.11m (610)	6.70m (290)	1.81m (636)	9.53 (633)	3.68m (530)	3:02.65 (639)
14 Acedo, Jacob Pima CC FR	3988	7.48 (719)	6.29m (650)	9.48m (454)	1.63m (488)	10.12 (519)	3.28m (426)	2:53.24 (732)

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Results - Heptathlon

...Men Heptathlon

15	Mulero, Pedro	7.57	5.32m	10.42m	1.72m	9.79	2.98m	2:44.57
	Neosho County		17-05.5	34-02.25	5-07.75		9-09.25	
	FR	3962	(690)	(445)	(511)	(560)	2206	(581) (352) (823)

DNF	Lammertink, Milo	7.47	5.52m	8.26m	1.72m	9.34	DNS	DNS
	Central Arizona		18-01.5	27-01.25	5-07.75			
	FR	(723)	(485)	(382)	(560)	(673)	(0)	(0)
