

# ACCAC Central 4-01-2005

Men

Place	Event	School	Performance
	<b>3000 Steeplechase</b>		
1	Juan Robles	CAC	9:44
2	Peter Ring	CAC	10:17.6
3	Calvin Phiff	Mesa	10:19.6
4	Ray Rodriguez	CAC	10:36.0
	<b>4 X100 M</b>		
1	Central Arizona College	CAC	41.9
2	Phoenix College	PC	42.5
	<b>1500</b>		
1	Daniel Ryan	CAC	4:14
2	Jon Harmon	CAC	4:14
3	Kendall Simon	CAC	4:17
4	Joseph Senuchemla	CAC	4:20
5	Brent Wood	Mesa	4:21
6	Danny Soles	CAC	4:23
7	Aleer Duot	CAC	4:26
8	Brennik Maxwell	Mesa	4:31
9	Bill Moran	GW	4:51
10	Jesus Munoz	GW	4:51
	<b>100</b>		
1	Shannon Waynewood	Mesa	10.3
2	Amel Alexander	CAC	10.3
3	Aaron Gibson	PC	10.5
4	Gary Metcalf	CAC	10.5
5	Kyle Johnson	Mesa	10.9
6	Mike Smith	PC	11.0
7	Jimmy Johnson	PC	11.2
8	Scott Foley	CAC	11.3
9	Phillip Swoope	Mesa	11.4
	<b>Pole Vault</b>		
1	Logan Carton	Mesa	14'6"
2	Mike Madrid	CAC	13'6"
3	Nick Addamson	Mesa	10'0"
	<b>400 M</b>		
1	Bruce Turner	CAC	50.4
2	Micah Nations	CAC	50.6
3	Akim Lewis	CAC	50.8
4	Josh Aruayo	Mesa	51.1
5	Anthony Aguilar	GW	52.1
6	Izzy Jones	CAC	52.3
7	Richard Kelly	Mesa	53.1
8	Rene Flores	GW	54.0
9	Anthony Rivas	GW	54.3

Men

	Shot Put		
1	Daniel	CAC	12.97
2	Chris	CAC	11
	<b>Javelin</b>		
1	Tony	CAC	51.71
2	Cliff	Mesa	49.91
3	Chris	Mesa	46.88
4	Micheal	CAC	33.91
	<b>High Jump</b>		
1	G. Peters	CAC	6'8"
2	Quinn Barfield	Mesa	6'8"
3	Nick Adamson	Mesa	6'4"
4	Mohamed Bojang	GW	6'4"
5	Michael Madrid	CAC	6'2"
6	Babatunde Babalola	CAC	6'2"
7	Zach McKendrick	Mesa	6'2"
	<b>Triple Jump</b>		
1	B. Quarlez	CAC	14.84
2	T. Suber	CAC	14.76
3	M. Washington	CAC	14.24
	<b>Discus</b>		
1	Daniel Vanek	CAC	59.18
2	Jens	CAC	55.2
3	Scott	11	49.77
4	Tyrell	Mesa	36.13
	<b>800 M</b>		
1	Kendall Simm	CAC	1:55
2	Andrew Dawson	CAC	1:56
3	Peter Ring	CAC	2:00
4	Brent Wood	Mesa	2:02
5	David Ryan	CAC	2:04
6	Jon Harmon	CAC	2:06
7	Noah Ferazi	CAC	2:07
8	Peter Brooks	CAC	2:08
9	Aleer Duot	CAC	2:08
10	Calvin Fife	Mesa	2:11
	<b>110 H</b>		
1	Mike Madrid	CAC	15.7
2	David Marrow	Mesa	15.9



# ACCAC Dual vs PC, GW, and MCC

Central Arizona College April 1 2005 Women

Central Arizona College April 1 2005 Women

Hammer			
1	Michelle	Mesa	52.52
2	Mikki	CAC	49.12
3	Anna	CAC	47.88
4	Jade	CAC	32.3
5			
6			
400 H			
1	Tanicka Ward	CAC	1:05
2	Roshawnda Brown	PC	1:06
Long Jump			
1	S. Francis	CAC	5.45
2	B.Brown	Mesa	5.4
3	E.Judd	Mesa	5.25
4	K.Hermsen	CAC	4.26
5			
200 M			
1	Angelque Smith	CAC	23.3
2	April Brough	CAC	24.3
3	Courtney Schooley	Mesa	25.0
4	Crystal Morris	Mesa	25.8
5	Becky Brown	Mesa	26.1
6	Barbara Goe	PC	26.6
7	Trasur	Mesa	28.5
High Jump			
1	Shawa Bailey	CAC	5'2"
2	Becky Brown	Mesa	5'0"
3	Keri Hermson	CAC	4'10"
4	Erica Judd	Mesa	4'10"
4x100 Relay			
1	Mesa	49.5	
2	Phx	51.6	
3			
4			
5			
6			
800			
1	Danielle Abraham	CAC	2:18
2	Magaly Burciaga	PC	2:22
3	Vanessa Hernandez	CAC	2:23
4	Irene Gepotle	CAC	2:38
5	Yvette Cerda	CAC	2:49
6	Roxanne James	CAC	2:53
7	Sara Johnson	Mesa	2:59
	Laci Strandling	Mesa	3:02

Discus			
1	Michell	Mesa	41.25
2	Miki	CAC	40.52
3			
5000 M			
1	Nanny Bor	CAC	18:46
2	Iva Sahweya	CAC	20.25
3	Cassie Redder	PC	21:00
4	Jennifer Young	PC	21:40
5	Jaki Schorer	PC	21:48
6	Erica Welsh	Mesa	22:54
400m			
1	April Brough	CAC	57.1
2	Salisha Maryshow	CAC	59.1
3	Courtney Schooley	Mesa	60.0
4	Treasure Mandley	Mesa	69.1
3000SC			
1	Jackie Shore	Phx	13:01
2	Lacy Stanzen	Mesa	13:59
3			
Pole Vault			
1			
2			
3			
4			
1500			
1	Nanny Bor	CAC	5:08
2	Vanessa Hernandez	CAC	5:09
3	Irene Gestolo	CAC	5:12
4	Iva Sohneyohu	CAC	5:21
5	Katie Farknew	Mesa	5:22
6	Roxanne James	CAC	5:36
7	Liz Sehor	CAC	5:48
Triple			
1	J. Shark	PC	10.33
2	S. Bailey	CAC	8.25
3			
4			
5			
6			



**Team Scores**

Women

Central Arizona	97.5	Mesa	61.5
Central Arizona	107	Phoenix	35
Mesa	93	Gateway	2
Phoenix	51	Gateway	2

Men

Central Arizona	127	Mesa	57
Central Arizona	136	Phoenix	22
Mesa	109	Gateway	12
Phoenix	44	Gateway	24