

Arizona Relays Official Results

Central Arizona College March 12, 2005 Men

High Jump			
1	Peters	CAC	6'8"
2	Adamson	MCC	6'6"
3	Mohammad	Gateway	6'4"
4	Babalola	CAC	6'4"
Discus			
1	Daniel	CAC	57.5
2	Jens	CAC	51.7
3	Nathan	MCC	48.9
4	Walt	CAC	48.29
5	Scott	MCC	45.28
6	Jared	PV	45.08
7	Sterling	PV	44.94
8	Bryan	PV	41.09
9	Chaz	SCC	39.84
10	Mike	SCC	39.42
11	Bryan	SCC	37.06
12	Tyrell	MCC	35.94
13	Carlos	GCC	35.26
14	Joe	SLU	33.53
Pole Vault			
1	Keehn	SKY	4.73
1	Rodenbaugh	PV	4.73
3	Davis	MCC	4.73
4	Cassuto	PV	4.58
5	Carton	MCC	4.58
6	McBride	PV	4.43
7	McClure	PV	4.43
8	Madrid	CAC	4.28
9	Campbell	GCC	3.98
10	Cambron	GCC	3.83
Hammer			
1	Mike	CAC	59.00
2	Kujo	CAC	52.42
3	Rowdy	CAC	50.88
4	Rosefield	MCC	50.62
5	Jonovich	MCC	43.1
6	Horton	MCC	39.56
7	Delaura	SLU	33.64
8	White	PV	26.62
9	Sonders	PV	20.72
4 X 800 Relay			
1	CAC	CAC	7:55.73
2	SLU	SLU	8:10.50
3	Gateway	Gateway	8:11.25
4	SCC	SCC	8:19.56
5	GCC	GCC	9:16.56

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Long Jump			
1	Strayhand	PC	6.83
2	Payne	CAC	6.8
3	Brandon	CAC	6.74
4	Keyes	GCC	6.61
5	Washington	CAC	6.47
6	Buckingham	SLU	6.41
7	Perzanoski	SLU	6.41
8	Bensel	PV	6.26
9	Metcalf	CAC	6.14
10	Newbill	GCC	6.02
11	Bojang	Gateway	5.96
12	Toliver	Unat	5.95
13	O'Donnell	SLU	5.91
14	Srimanoharan	SCC	5.87
Shot Put			
1	Daniel	CAC	17.98
2	Sterling	PV	15.81
3	Walter	CAC	15.07
4	Brian	PV	14.84
5	Nathan	MCC	14.5
6	Joe	SLU	13.57
7	Michael	SLU	13.57
8	Jered	PV	12.78
9	Hall	SCC	11.57
10000			
1	Joesph	CAC	31:01.0
2	Harmon	CAC	32:45.27
3	Robles	GCC	32:47.1
4	Robles	CAC	33:10.3
5	Belmon	CSW	33:27.7
6	Emon	GW	35:15.6
7	Emglidge	SLU	
8	Munoz	GW	36:01.3
9	Gaudette	SLU	36:25.0
10	Rodriquez	PC	
11	Caglio	PC	
4 x 100 Relay			
1	GCC	GCC	41.57
2	MCC	MCC	41.86
3	CAC	CAC	42.00
4	PC	PC	41.91
5	SLU-A	SLU	43.83
6	SLU-B	SLU	44.59
400 meter			
1	Oneal	CAC	48.69
2	Turner	CAC	49.64
3	Toliver	SCC	50.19
4	Lewis	CAC	51.44

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3000 SC			
1	Meyer	Unat	9:56.0
2	Alvarez	SLU	9:56.9
3	Jones	GCC	10:14.0
4	Maxwell	Mcc	10:17.4
5	Lozeau	SLU	11:13.8
6	McGoldrick	SLU	11:14.5
110 HH			
1	Hooks		14.52
2	Gay		14.62
3	Perzanoski	SLU	15.5
4	Johnson	Unatt	15.84
5	Kempton	GCC	16.0
6	Newbill	GCC	16.44
7	Morrow	MCC	17.37
Triple Jump			
1	Quarles	CAC	13.91
2	Peters	CAC	13.88
3	Phelps	PV	13.76
4	Washington	CAC	13.74
5	Adamson	MCC	12.22
6	McKendrick	MCC	11.71
7	Srimanoharen	SCC	11.41
Javelin			
1	Tony	CAC	50.31
2	Walter	CAC	49.49
3	Weston	MCC	48.9
4	Black	Unat	48.26
5	Manning	MCC	45.87
6	Bennett	SCC	45.5
7	Hall	SCC	43.54
8	Adamson	MCC	43.06
9	Chapman	SCC	42.76
10	Michael	SCC	41.24
11	Mike	SLU	39.64
12	Carlos	GCC	36.91
13	Zane		36.56
Sprint Medley			
1		GCC	3:07.16
2		PHX	3:32.87
3		MCC	3:34.0
4		CAC	3:45.0
5		PV	3:47.91
6		SCC	3:52.9
7		PHX	3:52.95
8		MCC	3:53.07
9		SLU	4:05.37

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400 m IH			
1	Gay	CAC	54.66
2	Johnson	PHX	56.43
3	Martin	CSW	57.25
4	Hooks	CAC	57.3
5	Morrow	MCC	58.3
6	Kelley	CAC	60.3
7	Carriquillo	PC	61.66
8	Bell	MCC	63.43
Distance Medley			
1		CAC	10:45.97
2		CSW	10:57.22
3		Gateway	10:58.1
4		SCC	11:25.57
5		SLU	11:36
6		SLU	12:02
1600 Relay			
1		CAC	3:17.77
2		GCC	3:23.8
3		SLU	3:26.46
4		PHX	3:29.4
5		PV	3:30.07
6		CSW	3:41.94
7		SCC	3:49.00
8		MCC	3:55.09

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Women

Throws Hammer			
1	Michelle Amete	Mesa	51.72
2	Mikki	CAC	50.28
3	Anna	CAC	48.02
4	Tara Galligan	GCC	40.92
5	Kim Lunna	SLU	38.24
6	Jessie Frank	SLU	34.12
7	Emily Aumand	SLU	32.98
8	Jessa Davis	SLU	27.62
9	Chelsea Sauve	SLU	25.78
10	Patricia Malley	SLU	21.22
Long Jump			
1	Greta Elliot	SLU	5.11
2	Tamika Ward	CAC	5.03
3	Becky Brown	MCC	4.93
4	Summer Lacey	GCC	4.8
5	Erin Woodward	SLU	4.73
6	Kara Simpson	SLU	4.63
7	Erica Judd	MCC	4.61
8	April Spearance	SLU	4.2
9	Logan Kich	SLU	4.16
10	Keri Hermsen	CAC	4.1
11	Yahuna Eaton	MCC	3.8
12	Megan Reeve	SLU	3.71
13	Kara Stoughtan	SCC	3.01
High Jump			
1	Erica Judd	Mesa	4'10"
2	April Spearance	SLU	4'10"
3	Becky Brown	Mesa	4'8"
4x100 Relay			
1		CAC	46.01
2		Mesa	49.15
3		PV	49.8
4		SLU	50.88
5		GCC	51.06
6		SLU	56.07
4x800 Relay			
1		SCC	9.57.16
2		CAC	10.21.00
3		SL	10.33.31
4		GCC	10.48.83
5		UNATT	10.55.87
6		Gateway	11.25.91
10000			
1	Naumi	CAC	40.54.75
2	Irene Jeptolo	CAC	40.59.5
3	Heather Thomas	SLU	41.24.2
4	Melissa Grotzpecker	SLU	42.56.4
5	Field	Glendale	43.11.3

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Women

Discus			
1	Michelle	Mesa	38.24
2	Kaeri	CAC	38.05
3	Micki	CAC	37.4
4	Emily	SLU	32.75
5	Megan	SCC	31.31
6	Shanna	UNATT	29.1
7	Kim	SLU	28.38
8	Tarylyn	GCC	26.19
9	Jessa	SLU	25.51
10	Alli	SLU	24.98
11	Chelsea	SLU	23.72
12	Erin	SLU	23.46
13	Marylan	GCC	20.38
14	Ashley	GCC	19.04
400m			
1	Courtney Schooley	MCC	57.58
2	Salisha Maryshow	CAC	59.25
3000SC			
1	Cassie Redder	PC	12.55
2	Sara Johnson	Mesa	12.56
3	Jaki Sehurer	PC	13.36
Pole Vault			
1	Kelly Trinkle	PV	3.25
2	Amy Duffin	PV	3.1
3	Camieau	GC	2.95
4	Tina Tudor	GC	2.2
100mHH			
1	Becky Brown	MCC	14.94
2	Roshawnda Brown	PC	15.09
3	Maia Moyer	SLU	16.7
4	Princess Amukamara	GCC	17.9
5	Ericka Judd	MCC	17.93
6	Summer Lacey	SLU	18.54
7	Liz Boyd	SLU	22.12
Triple			
1	Ashlie West	PVCC	10.6
2	Summer Lacey	GCC	10.02
3	Kelle Lederman	GCC	9.84
4	Keri Hermsen	CAC	9.83
5	Logan Rich	SLU	9.17
6	Maia Moyer	SLU	8.85
400M Low Hurdles			
1	Roshawda Brown	PC	1.10.62
2	Tanicka Ward	CAC	1.13.4
3	Candice Lewis	UNA	1.16
4	Princess AmuKamara	GCC	1.19

Name	100 meters			Long Jump			Shot Put			High Jump			400 meters		
	time	points	total	distance	points	total	distance	points	total	height	points	total	time	points	total
Luke Harrington (PV)	11.7	663	663	6.26	644	1307	11.36	568	1875	1.83	653	2528	51.9	766	3294
Lewis Howes	11.6	683	683	6.24	639	1322	9.72	469	1791	1.86	679	2470	52.6	722	3192
Matt Brown	11.8	643	643	5.81	546	1189	8	366	1555	1.56	434	1989	52.1	724	2713
Mike Madrid (CAC)	11.7	663	663	5.98	582	1245	8.55	399	1644	1.92	731	2375	50.2	814	3189

Name	110m Hurdles			Discus			Pole Vault			Javelin			1500 meters		
	time	points	total	distance	points	total	height	points	total	distance	points	total	time	points	total
Luke Harrington (PV)	17.6	540	3834	35.41	572	4406	4.45	746	5152	46.34	535	5687	05:05.9	526	6213
Lewis Howes	16.7	631	3823	34.05	545	4368	3.85	576	4944	54.15	650	5594	05:10.5	501	6095
Matt Brown	20.5	293	3006	26.53	397	3403	4.15	659	4062	42.5	478	4540	05:12.3	491	5031
Mike Madrid (CAC)	16.2	684	3873	27.46	415	4288	4.05	631	4919	41.8	468	5387	04:58.8	567	5954

Name	100m Hurdles			High Jump			Shot Put			200 meter		
	time	points	total	height	points	total	distance	points	total	time	points	total
Georgiana (Scottsdale)	22.6	110	110	1.44	555	665	8.8	451	1116	29.2	553	1669
Britney (PV)	16.3	649	649	1.72	879	1528	8.58	437	1965	27.3	709	2674
Keri (CAC)	18.6	405	405	1.47	588	993	8.47	430	1423	31.2	413	1836

