

Arizona Relays Official Results

Central Arizona College March 15, 2003 Men

Pole Vault			
1	Blake Powell	MCC	15'6"
2	Hank Rogers	PV	15'6"
3	Sean Pierce	PV	15'
4	Mike Mays	MCC	14'6"
5	Ryan Ehler	MCC	13'6"
6	Justin Jerrol	GCC	12'6"
7	Eric Hull	PV	12'
Discus			
1	Chima Uqwa	Unatt	60.78
2	Sheldon Battle	MCC	50.73
3	Shamir Thomas	CAC	50.37
4	Jason Morgan	CAC	50.23
5	Adam Kuehl	Unatt	48.97
6	Alleyne Lett	CAC	48.69
7	Eric Mathias	CAC	47.28
8	Scott Myers	CAC	47.22
9	Chris Duncan	Unatt	45.16
10	Jordan Merchant	GCC	42.86
11	Andrew Smith	Unatt	42.18
12	Matt Adams	GCC	41.99
13	DJ Mnahgel	GCC	41.81
14	John Napolatan	Unatt	41.56
15	Dave Hurt	GCC	41.23
16	Matt Jewell	GCC	41.00
17	Ryan Vossker	Pima	25.88
18	Doug Thomas	GCC	24.69
High Jump			
1	Jason Holly	Pima	1.98
2	Aaron Robinson	PV	1.93
3	Chris Martin	Unatt	1.93
4	Marty Williams	SCC	1.93
5	Rayan Weatherspoon	CAC	1.88
6	Steve Dombrowski	Pima	1.88
7	Thomas Stults	PV	1.83
Long Jump			
1	L Cotton	CAC	6.88
2	K. Francis	CAC	6.83
3	M. Banks	CAC	6.62
4	M. Martin	GCC	6.52
5	Jason Holly	Pima	6.42
6	R. Ehler	MCC	6.09
7	J. Wegge	GCC	6.06
8	R. Cotman	GCC	6.03
9	N. Coleman	CAC	5.79
10	M. Visnansky	GCC	5.77
11	Josh Allen	Pima	5.51

Central Arizona College March 15, 2003 Men

5000			
1	Matt Kerr	Unatt	15:51.1
2	Blaine Goklish	CAC	15:57.4
3	Justin Borenson	Unatt	16:02.0
4	Bryan Marota	CAC	16:08.2
5	Nathan Ostler	MCC	16:20.8
6	Daniel Symons	GCC	16:33.4
7	Fredrick Jones	GCC	17:10.5
8	Alonzo Guzman	PC	17:11.4
9	Richard Fowler	PC	17:33.6
4 X 800m Relay			
1	Central Arizona College		07:42.5
2	Paradise Valley CC		07:59.5
3	Pima CC		08:00.7
4	Scottsdale CC		08:10.8
5	Phoenix College		09:24.9
4 X 100m Relay			
1	Central Arizona College		40.6
2	Glendale CC		42.4
3	Pima		42.5
4	Paradise Valley		42.8
5	Mesa CC		42.7
6	Phoenix College		43.4
7	Phoenix College B		43.4
8	Glendale CC B		47.6
3000m Steeplechase			
1	Jany Deng	PV	10:05.7
2	Jamison Rohner	PV	10:14.3
3	Walker Alleyne	GW	10:21.2
4	Kevin Sarracino	PC	10:21.3
5	Salvador Patino	PV	10:59.5
6	Justin Boreson	Unatt	11:01.9
7	Jorge Moreno	GW	11:04
8	Pescador	GW	11:24.8
9	Devin Laird	Pima	12:07.6
110m High Hurdles			
1	Asami Kimihiro	Japan	13.9
2	Alleyne Lett	CAC	14.2
3	Hiroyuki SaTo	Japan	14.3
4	James Thompson	Unatt	15.1
5	Mike Hubbard	GCC	15.2
6	Sam McClung	Pima	15.8
7	Jacob Cherney	GCC	15.8
8	Erick Anderson	Pima	19

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Men

Hammer			
1	Mattias Johns	CAC	62.25
2	Moore	Unatt	58.25
3	Cherry	Unatt	57.63
4	Adam Hamilton	Unatt	55.89
5	J. Best	CAC	55.05
6	Sharpe	Unatt	54.6
7	Napoliten	Unatt	54.07
8	Atkinson	Unatt	51.84
9	Olson	MCC	51.66
10	Battle	MCC	47.68
11	J. Merchant	GCC	42.8
12	Andrew Smith	Unatt	41.82
13	Chris Duncan	Unatt	41.68
14	Ryan Endsly	GCC	41.49
15	Voslar	Pima	30.71
Shot Put			
1	Chima Ugwa	Unatt	19.45
2	Sheldon Battle	MCC	17.74
3	Scott Myers	CAC	16.79
4	Shamir Thomas	CAC	15.92
5	Jason Morgan	CAC	15.88
6	Scott Sharp	UofA	15.53
7	Pettawan Maulies	CAC	15.3
8	Tommy Chapman	SCC	14.95
9	DJ Michael	GCC	14.19
10	Andrew Smith	Unatt	14.07
11	Josh Austin	SCC	13.51
12	Ryan Endsly	GCC	13.14
13	Shane McClung	Pima	10.95
14	Ryan Vossler	Pima	9.72
Triple Jump			
1	Banks	CAC	14.02
2	C. Martin	Aztec	13.75
3	T. Tolman	GCC	13.28
4	Weatherspoon	CAC	13.05
5	J. Allen	Pima	12.75
6	M. Visnansky	GCC	12.51
7	Fox	PV	12.49
8	Coleman	CAC	11.71
Distance Medley			
1	Central Arizona College		10:04.2
2	Paradise Valley		10:42.0
3	Central Arizona College B		10:50.3
4	Pima CC		11:09.4
5	Gateway CC		11:16.4
6	Scottsdale CC		11:28.1
7	Phoenix College		11:28.5

Central Arizona College March 15, 2003

Men

Sprint Medley			
1	Phoenix College		03:29.6
2	Mesa CC		03:32.2
3	Central Arizona College		03:34.3
4	Phoenix College B		03:34.6
5	Glendale CC		03:37.1
6	Paradise Valley CC		03:39.8
7	Pima CC		03:42.3
8	Scottsdale CC		03:45.5
9	Glendale CC B		04:00.9
400m Intermediate Hurdles			
1	Shane Charles	CAC	52.87
2	Terrence Johnson	Unatt	54.41
3	Kyle Jackson	CAC	54.46
4	James Thompson	Unatt	56.72
5	Robert Johnson	MCC	57.9
6	Chris Moulinette	Pima	58.5
7	Nate Lundstrom	Pima	59.66
8	Lio Christensen	MCC	01:02.6
9	Andrew Olivas	GCC	01:02.7
10	Jancarlo Hernandez	PV	01:03.7
Javelin			
1	Keron	CAC	66.47
2	Matt Adams	GCC	60.92
3	Mattias	CAC	55.24
4	Tommy Chapman	SCC	52.25
5	Marty Williams	SCC	52.17
6	Alleyne	CAC	49.09
7	James Thompson	Unatt	46.68
8	Korey Durfey	SCC	46.65
9	Josh Austin	SCC	46.16
10	Steven Dombrowski	Pima	42.28
11	Matt Brown	SCC	41.26
12	Matt Jewell	GCC	40.71
13	Shane McLung	Pima	39.4
14	Austin Judd	MCC	39.2
15	David Hurt	GCC	35.93
16	Eric Anderson	Pima	32.77
17	Doug Thomas	GCC	32.67
4 X 400m Relay			
1	Central Arizona College		03:17.3
2	Mesa CC		03:21.8
3	Pima		03:22.2
4	Central Arizona College B		03:22.5
5	Paradise Valley		03:33.4
6	Mesa CC B		03:37.7
7	Glendale CC		03:40.6
8	Scottsdale CC		03:42.2
9	Mesa CC C		03:44.3

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Central Arizona College March 15, 2003 Women

Long Jump			
1	P. Sylvester	CAC	5.19
2	Pam Hunzeker	MCC	4.92
Hammer			
1	Vigil	CAC	48.55
2	Troth	CAC	47.57
3	Chavez	Unatt	41.34
4	Marsh	Unatt	38.11
5	Calligan	GCC	37.23
6	McGettigan	MCC	35.78
7	Shisslak	Unatt	32.05
8	Hulstrom	Pima	31.69
9	Mchugh	Pima	26.52
10	Metzger	GCC	21.07
Shot Put			
1	Toni Kee	CAC	12.61
2	Sara Vigil	CAC	11.97
3	Jaimee Troth	CAC	11.67
4	Andrea Morrow	CAC	11.41
5	Erica Salas	SCC	11.29
6	Stacy Jacobs	GCC	10.42
7	Sara Shisslak	Unatt	10.25
8	Maria Mcgettigan	MCC	9.84
9	Pam Hunzeker	MCC	9.34
10	Shanaa Robinson	MCC	8.77
11	Jaimie Metzger	GCC	8.24
12	Stephanie Hislop	SCC	7.99
13	Jennifer Hulstrom	Pima	7.83
High Jump			
1	Patricia Sylvista	CAC	1.62
2	Lauren Hamblin	MCC	1.57
2	Pam Humzeker	MCC	1.57
3	Sam Wilson	Pima	1.42
3	Georgi Brown	SCC	1.42
4	Sharma Robertson	MCC	1.37
5	Edith Villalobos	Pima	1.37
Discus			
1	Sara Vigil	CAC	38.58
2	Natalie Marsh	Unatt	37.32
3	Sara Shisslak	Unatt	37.14
4	Toni Kee	CAC	36.08
5	Alex Chavez	Unatt	36
6	Jaimee T	CAC	34.72
7	Maria McGettrgan	MCC	34.18
8	Taralyn Galligan	GCC	33.42
9	Sylvia Phillips	GCC	31.72
10	Jaime Metzger	GCC	27.64
11	Jennifer Hulstrom	Pima	24.54
12	Stephanie Hislop	SCC	22.18

Central Arizona College March 15, 2003 Women

5000 Meters			
1	Melissa Lynn	Unatt	18:28.3
2	Erica Passmore	PC	19:07.1
3	Becky Dippold	GCC	20:54.3
4	Janet Manternuch	PC	21:04.5
5	Daniela Sanchez	GCC	21:28.6
4X800m Relay			
1	Paradise Valley		10:00.9
2	Mesa		10:13.2
3	Quest		10:17.6
4	Pima		10:29.8
4 X 100m Relay			
1	Mesa CC		50.5
2	Pima A		50.8
3	Pima B		54.4
3000m Steeplechase			
1	Krysta Young	PV	11:25.6
2	Rebecca Wiseman	CAC	11:37.9
3	Jeanine Nesvik	PV	12:36.1
4	Sarah Laughlin	SCC	12:37.8
5	Cindy Conover	CAC	12:56.3
100m Hurdles			
1	Nadja Bell	CAC	15.4
2	Alex Sims	MCC	16.3
3	Szilvia Vandracssek	GCC	17.2
4	Edith Villalobos	Pima	18.9
Sprint Medley			
1	Central Arizona		01:46.6
2	Paradise Valley		01:49.4
3	Pima		01:51.7
4	Mesa		01:58.8
5	Phoenix College		02:01.0
6	Glendale		02:03.3
7	Scottsdale		02:14.3
400m Intermediate Hurdles			
1	Jackirann Morain	CAC	61.3
2	Nadja Bell	CAC	65.5
3	Alex Sims	MCC	72.5
Distance Medley			
1	Central Arizona College		12:40.8
2	Paradise Valley CC		13:06.3
3	Quest		13:15.9
4	Mesa CC		13:42.2
5	Pima CC		14:43.7

Arizona Relays Official Results

Central Arizona College March 15, 2003

Women

Javelin			
1	Andrea Marrow	CAC	40.45
2	Toni Kee	CAC	37.67
3	Tamara Rovey	MCC	37.35
4	Georgianne Brown	SCC	28.99
5	Jaime Metzger	GCC	28.75
6	Shanna Robertson	MCC	27.3
7	Sylvia Phillips	GCC	26.5
8	Hannah McHugh	Pima	25.43
9	Jennifer Hulstrom	Pima	18.35
Pole Vault			
1	Katie Coles	Sky	12'0"
2	Angela Tavlaredes	MCC	12'0"
3	Erin Anderson	PV	12'0"
4	Kendi Judd	MCC	11'6"
5	Kristi Passey	PV	11'0"
6	Caren Mah	MCC	10'6"
7	Hannah McHugh	Pima	9'6"
8	Kristen Schow	MCC	9'0"
9	Momo Mazzola	Pima	8'6"
Triple Jump			
1	Y. Perez	Aztec T	13.33
2	P. Sylvester	CAC	11.66
3	R. Johnson	MCC	10.48
4X400 m Relay			
1	Central Arizona College		03:49.8
2	Pima CC		04:06.2
3	Mesa CC		04:17.2
4	Glendale CC		04:28.7

Decathlon Day 1

Name	100 meters		
	time	points	total
Matt Martin, GCC	10.8	852	852
Thomas Stults, PV	11.5	703	703
Ryan Ehler, Mesa	11.1	786	786

Long Jump

	distance	points	total
	Matt Martin, GCC	6.77	760
Thomas Stults, PV	6.16	621	1324
Ryan Ehler, Mesa	5.97	580	1366

Shot Put

	distance	points	total
	Ryan Ehler, Mesa	11.64	585
Thomas Stults, PV	10.56	519	1843
Matt Martin, GCC	10.13	493	2105

High Jump

	height	points	total
	Ryan Ehler, Mesa	1.83	653
Thomas Stults, PV	1.8	627	2470
Matt Martin, GCC	1.74	577	2682

400 meters

	time	points	total
	Matt Martin, GCC	51.6	736
Thomas Stults, PV	52.6	693	3163
Ryan Ehler, Mesa	55.7	565	3169

Decathlon Day 2

Name	110 meter High Hurdles		
	time	points	total
Thomas Stults, PV	16.5	652	3815
Matt Martin, GCC	18.1	492	3910
Ryan Ehler, Mesa	18.8	429	3598

Discus

	distance	points	total
	Ryan Ehler, Mesa	34.75	559
Matt Martin, GCC	29.03	445	4355
Thomas Stults, PV	26.08	388	4203

Pole Vault

	height	points	total
	Ryan Ehler, Mesa	4.15	659
Thomas Stults, PV	2.74	296	4499
Matt Martin, GCC	0	0	4355

Javelin

	distance	points	total
	Matt Martin, GCC	39.13	430
Thomas Stults, PV	38.81	425	4924
Ryan Ehler, Mesa	38.17	416	5232

1500 meters

	time	points	total
	Matt Martin, GCC	5:00.9	559
Thomas Stults, PV	5:06.3	524	5448
Ryan Ehler, Mesa	5:15.7	474	5706

Decathlon Final

	total
Ryan Ehler, Mesa	5706
Thomas Stults, PV	5448
Matt Martin, GCC	5344

Heptathlon Day 1

Name	100 meter high hurdles		
	time	points	total
Corinne Kuklovsky, I	14.7	850	850
Pam Hunzeker, Mes	15.8	709	709
Shanna Robertson, I	16.4	638	638
Rachael Johnson, M	18.6	405	405

High Jump

	High Jump		
	distance	points	total
Corinne Kuklovsky, I	1.59	724	1574
Pam Hunzeker, Mes	1.53	655	1364
Shanna Robertson, I	1.5	621	1259
Rachael Johnson, M	1.47	588	993

Shot Put

	Shot Put		
	height	points	total
Pam Hunzeker, Mes	9.58	502	1866
Rachael Johnson, M	9.01	465	1458
Shanna Robertson, I	8.56	436	1695
Corinne Kuklovsky, I	7.47	365	1939

200 meter

	200 meter		
	time	points	total
Corinne Kuklovsky, I	27	692	2631
Pam Hunzeker, Mes	27.1	684	2550
Rachael Johnson, M	27.5	651	2109
Shanna Robertson, I	27.8	643	2338

Heptathlon Day 2

Name	Long Jump		
	distance	points	total
Corinne Kuklovsky, I	5.13	595	3226
Pam Hunzeker, Mes	4.86	522	3072
Shanna Robertson, I	4.73	487	2825
Rachael Johnson, M	4.73	487	2596

Javelin

	Javelin		
	distance	points	total
Shanna Robertson, I	29.06	459	3284
Rachael Johnson, M	28.88	455	3051
Pam Hunzeker, Mes	26.58	412	3484
Corinne Kuklovsky, I	DNS		3226

800 meter

	800 meter		
	height	points	total
Shanna Robertson, I	2:33.3	652	3936
Rachael Johnson, M	2:37.0	608	3659
Pam Hunzeker, Mes	2:42.1	549	4033
Corinne Kuklovsky, I	DNS		3226

Heptathlon Final total

Pam Hunzeker, Mes	4033
Shanna Robertson, I	3936
Rachael Johnson, M	3659
Corinne Kuklovsky, I	3226

Pentathlon Scoring Chart WOMEN March 13, 2003, Central Arizona College

Sara Vigil CAC	Hammer	Discus	Shot	Javelin	Weight	1st
Distance	47.12	35.21	12.13	25.09	15.63	
Score	694	355	462	156	809	
Total						2476

Jaimme Troth CAC	Hammer	Discus	Shot	Javelin	Weight	2nd
Distance	31.64	32.75	12.77	22.36	14,09	
Score	376	311	501	109	700	
Total						1997

Toni Kee CAC	Hammer	Discus	Shot	Javelin	Weight	3rd
Distance	29.15	37.54	12.70	31.02	6.66	
Score	324	398	496	258	187	
Total					1663	1663

Andrea Morrow CAC	Hammer	Discus	Shot	Javelin	Weight	4th
Distance	25.73	30.71	11.44	39.91		
Score	254	274	420	411		
Total						1359

Pentathlon Scoring Chart MEN March 13, 2003, Central Arizona College

Shamir Thomas CAC	Hammer	Discus	Shot	Javelin	Weight	1st
Distance	31.62	48.74	15.75	46.83	8.58	
Score	226	629	661	399	198	
Total						2113

Jason Morgan CAC	Hammer	Discus	Shot	Javelin	Weight	2nd
Distance	24.82	45.51	15.82	35.26	12.50	
Score	118	569	666	232	414	
Total						1999

Eric Mathias CAC	Hammer	Discus	Shot	Javelin	Weight	3 rd
Distance	36.55	51.71	13.33	30.46	10.02	
Score	304	684	518	163	277	
Total						1946